

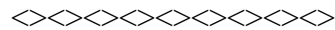
ENEWS: A Monthly Forum for Sharing and Interchange

Source: UCLA SCHOOL MENTAL HEALTH PROJECT/
CENTER FOR MENTAL HEALTH IN SCHOOLS

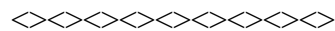
March, 2002 (Vol. 6 #6)

WHAT IS ENEWS: (For those who don't know)

This forum is another link for those concerned with enhancing policies, programs and practices related to addressing barriers to student learning and promoting mental health in schools. It augments the other ways our Center shares information and facilitates interchange/networking.



Feel Free to Forward This to Anyone



WHAT'S HERE THIS MONTH

****Emerging Issue**

>Setback for Mental Health in Schools?

****News from around the country**

****Recent Publications Relevant to**

>Children's Mental and Physical Health

>Family, Community & Schools

>Policy & Statistics

****Upcoming Initiatives, Conferences, Workshops**

****Calls for Grant Proposals/Papers**

****Other Helpful Resources**

****Requests/Information/Comments/Questions from the Field**

****Training & Job Opportunities**

(Including fellowships and scholarships)

****News from the two National Centers focusing on MH in Schools**

To post messages to ENEWS, E-mail them to smhp@ucla.edu

If you were sent ENEWS indirectly, you can be added to our list at no charge by sending an E-mail request to Listserv@listserv.ucla.edu. Leave the subject line blank and in the body of the message type Subscribe mentalhealth-L.

To remove your name from the mailing list, type Unsubscribe mentalhealth-L

****EMERGING ISSUE**

>>>>>>Setback for Mental Health in Schools?

From all indications, the shift in the economy is producing a setback for efforts to enhance mental health in schools. As school boards seek ways to balance their budgets, the tendency is to layoff support service professionals. Advocates for enhancing mental health in schools need to move quickly and proactively to make the case about the essential role such professionals can play in ensuring that "no child is left behind." In doing so, it will be necessary to avoid the weak argument of simply pointing to what such professionals do currently. Making the case probably will require proposing expanded roles and functions that address barriers to student learning in ways that effectively re-engage youngsters in learning at school and thus result in them performing better on achievement tests.

What's your view? Post your response directly on our website's Net Exchange page for others to read and respond. Go to <http://smhp.psych.ucla.edu>

Or you can send your response by email to: smhp@ucla.edu

Phone: 310/825-3634

Write: Center for Mental Health in Schools,

Department of Psychology, UCLA, Los Angeles, CA 90095-1563

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"Education isn't one more investment to be justified;
it's the foundation of a democracy."

Alfie Kohn

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****NEWS FROM AROUND THE COUNTRY**

>>Study Reports Reduced Substance Abuse among High Risk Youth

Study of federally funded substance abuse prevention programs for high risk youth found reduced rates of alcohol, tobacco, and marijuana use. See National Cross Site Evaluation of the High Risk Youth Demonstration Program
<http://www.samhsa.gov>

>>U. S. Department of Education Releases Draft of Strategic Plan for 2002-2007

The plan is built on six goals: creating a culture of achievement, improving achievement, developing safe schools and strong character, transforming education into an evidence-based field, enhancing the quality of and access to postsecondary and adult education, and establishing management excellent.
<http://www.ed.gov>.

>>Changes in Title I

The largest single federal investment in education now provides \$10.3 billion annually (up \$1.6 billion over last year). For overview and recent legislative changes see <http://www.financeproject.org>

>>School Desegregation Setbacks

Study reports that 18 metropolitan areas which had achieved school desegregation success while under court order suffered rollbacks following the 1991 Supreme Court ruling that made it easier for schools to rescind desegregation orders. <http://www.albany.edu/mumford/census>

>>Kentucky High School Reports Zero Dropout Rate

Zero dropout rate for three years at a Kentucky high school is being attributed to a program providing highly individualized attention to ensure each student attends and passes each class. Cincinnati Enquirer 1/24/02

>>Schools within a School seen as Reducing Misbehavior and Enhancing Achievement

Evaluation of "schools within a school" across Chicago found high schoolers achieve more and are less likely to misbehave; teachers and administrators felt more effective and were more inclined to stay in the profession. Therefore, the Chicago Public School system has decided to break five high schools into smaller institutions (500 students or less) that would occupy the same building but operate independently. Each school will have its own teaching staff. Chicago Tribune, 1/23/02.

>>Study Reports No Relationship Between Achievement and K-3 Class Size Reduction

Despite the findings and the face of a teacher shortage and budget constraints, California school districts continue to push for smaller classes in kindergarten through third grade. <http://www.classize.org>

Check the "What's New" page on our website's for a weekly news story (<http://smhp.psych.ucla.edu>)

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No more prizes for predicting rain.

Prizes only for building the ark.

Lewis V. Gerstner, Jr.

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****RECENT PUBLICATIONS**

>>CHILDREN'S MENTAL AND PHYSICAL HEALTH

"Examination of Affective, Cognitive, and Behavioral Factors and Suicide-Related Outcomes in Children and Young Adolescents, M. Nock & A. Kazdin. Journal of Clinical Child and Adolescent Psychology, March 2002.

"Evaluating Systems of Care" (2002) Special Issue of Children's Services: Social

Policy, Research, and Practice, Vol 5, no. 1.

The following are all accessible on the internet.

"Bright Futures in Practice: Mental Health" (2002)

<http://www.brightfutures.org/mentalhealth>

"Mental and Physical Health: Barriers to and Strategies for Improved Integration" (2002) <http://www.hsrnet.com>

"Not Just Another Single Issue: Teen Pregnancy Prevention" (2002)

<http://www.teenpregnancy.org>

"Report of a Surgeon General's Working Meeting on the Integration of Mental Health Services and Primary Health Care" (2002) <http://www.surgeongeneral.gov>

"Educating Children with Autism" (2002) <http://www.nap.edu>

"Mood Disorders: Treatment Patterns in an HMO" (2002)

<http://www.rtc.pdx.edu>

"Weight Related Concerns and Behaviors Among Overweight and Nonoverweight Adolescents (2002) D. Neumark-Sztainer, et al. Archives of Pediatric Adolescent Medicine <http://archpedi.ama-assn.org>

>>FAMILY, COMMUNITY & SCHOOLS

"Class Size: School Size" (2002) Special Issue of the Association for Supervision and Curriculum Developing, Educational Leadership.

"Contemporary Psychology Perspectives on School Completion" (2002) Special Issue, School Psychology Quarterly.

The following are all accessible on the internet.

"Minority Students in Special and Gifted Education" (2002)

<http://www.nap.edu>

"Dropout rates vary among immigrant groups" (2002)

<http://www.washington.edu>

"Lack of appropriate research leads to gaps in knowledge about children in immigrant families" (2002). <http://www.researchforum.org>

"Best Practices in Afterschool Care (2002) <http://www.rand.org>

"Future of Children: Children and Welfare Reform (2002)

<http://www.futureofchildren.org>

"Childhood Development and Family Housing: A Report on Recommendations of the Task Force on Community Preventive Services (2002) and Community Interventions to Promote Healthy Social Environments: Early Childhood Development and Family Housing (2002) <http://www.cdc.gov>

"Across the Boundaries: Connecting Work, Family and Community in Low-Income America" (2002) Radcliffe Public Policy Institute. <http://www.radcliffe.edu>

"Using Title I to Support Out-of-school Time and Community School Initiatives" (2002) <http://www.financeproject.org>

"Title I: GAO Report" (2002) <http://www.gao.gov>

"Fact Sheet on Afterschool Programs" (2002) Feb. 6 newsletter <http://www.childrensaidsociety.org>

"Expanding Afterschool Opportunities" Action kits for municipal leaders. Reid@nlc.org

"Use of continuous improvement and evaluation in before and after school programs. <http://www.coled.umn.edu>

"After school collations: When it works What works A literature Review" (2001) <http://www.nassembly.org>

"School Reform Proposals: The Research Evidence" (2002) A. Molnar, Ed. <http://www.asu.edu/educ/eps1/news.htm>

"Learning in Deed: Making a Difference Through Service-Learning (2002) <http://www.servicelearningcommission.org/report.html>

"Grandparenting: Enriching Lives" (2002) <http://www.enrichinglives.org>

"Adventures in Parenting: How responding, preventing, monitoring, mentoring, and modeling can help you be a successful parent" (2002) <http://www.nichd.nih.gov>

>>POLICY, FINANCE & STATISTICS

"Policy Implications for Implementing Evidence Based Practices" (2001) Psychiatric Services, Vol 52, No. 12.

The following are all accessible on the internet.

"State Funding Systems for At risk Students" (2002) <http://www.ecs.org>

"Revised Prevalence Estimates of Mental Disorders in the United States. (2002) <http://archpsyc.ama-assn.org>

"Policy Brief on Mental Health"
<http://www.cyfc.umn.edu/policy/issues/health.html>

"School Dropouts: Education Could Play a Stronger Role" GAO report
<http://www.gao.gov>

"Legislative Investments in School-Age Children and Youth. (2002)
<http://www.financeproject.org>

"Dropout Rates in the United States" (2002) <http://nces.ed.gov>

"Preschool for All: Investing in a productive and just society" (2002)
<http://www.ced.org>

"Income Boost Linked to Learning" (2002) <http://www.gse.harvard.edu>

"Issue Guide on Gay Rights" (2002) <http://www.publicagenda.org>

"Rethinking U.S. Child Care Policy" (2001) by D. Blau at <http://www.nap.edu>

"Child Care Funding and Policy Issues" (2002) J. Kaplan at
<http://www.welfareinfo.org>

"Bringing it together: State driven community early childhood initiatives. (2002)
<http://www.childrensdefense.org>

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"We must use our knowledge, our research and our clinical skill to help turn personal tragedy into triumph and to turn our predicament into human achievement. It is both our opportunity and our responsibility."

Russ Newman

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****UPCOMING INITIATIVES, CONFERENCES, WORKSHOPS**

>>>System of Care for Children's Mental Health: Expanding the Research Base.
March 3-6, Tampa. <http://rtckids.fmhi.usf.edu>

>>>Child Welfare League of America, March 6-9, Washington, DC
<http://www.cwla.org>

>>>National Middle School Association, March 7-9, <http://www.nmsa.org>

>>Leave No Child Behind: Improving Under-performing Urban Schools, March 14-16, Albany, NY Hlawson@albany.edu

>>American Counseling Association, March 23-25, New Orleans.
<http://www.counseling.org>

>>Poverty and the University, April 11-12, Chicago <http://www.luc.edu>

>>Family Support America, April 22-25, Chicago.
<http://www.familysupportamerica.org>

>>Effectiveness and Dissemination in Prevention Research, May 30-June 1, Seattle. <http://www.preventionresearch.org>

>>National School-Based Health Care Conference, June 20-22, Denver.
<http://www.nasbhc.org>

>>Coalition for Community Schools, June 23-25, Washington, DC.
<http://www.communityschools.org>

>>National Association of School Nurses, June 30-July 3, Lake Buena Vista, FL
<http://www.nasn.org>

>> Developing Local Systems of Care for Children and Adolescents with Emotional Disturbances and their Families, July 1-14, Washington, DC.
<Http://gucdc.georgetown.edu/institutes.html>

>>2002 Pathways to Teen Pregnancy Prevention and Intervention Conference, July 25-26, Madison, WI. For further information, contact the Adolescent Pregnancy Prevention and Pregnancy Services Board at 608-267-2080.

FOR MORE CONFERENCE ANNOUNCEMENT, REFER TO OUR WEBSITE
AT: <http://smhp.psych.ucla.edu> (Go to "contents" then click on Upcoming Conferences)

If you want your conference listed, send the information to smhp@ucla.edu

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"Progress is impossible without change;
and those who cannot change their minds
cannot change anything."

George Bernard Shaw

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^ ^ ^ ^ CALLS FOR GRANT PROPOSALS/PAPERS ^ ^ ^ ^

*Office of Juvenile Justice and Delinquency Prevention:

<http://www.ojjdp.ncjrs.org>

Juvenile Mentoring Program. Deadline March 25.

Drug Free Communities Support Program. Deadline April 24

*Dept of Health & Human Services, CDC

<http://www.cdc.gov/od/pgo/funding/grantmain.htm>

Community-Based Participatory Prevention Research . Deadline March 20.

Specifically, seeks to support multi-disciplinary, multi-level, participatory research that will enhance the capacity of communities and population groups to address health promotion and the prevention of disease, disability and injury. Contact: Cheryl Coble at 770/488-2740

Substance Abuse Mental Health Services Administration: <http://www.samhsa.gov>

Comprehensive Youth Transition Programs SM 02 003 Deadline April 11.

Comprehensive Community Mental Health Services Program for Children and their Families (SM 02 002) Deadline April 26.

Community Action Grant Program (PA 00-003) Deadline May 10.

NOTE: IF YOU WANT TO SURF THE INTERNET FOR FUNDS, go to <http://smhp.psych.ucla.edu>. Click on Quick Find, scroll down Center Responses to Financing and Funding.

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"Surfing the Internet is like spending an entire day at a magazine rack"  
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+ + + + OTHER HELPFUL RESOURCES + + + +

>>>>Mental Health/Substance Abuse/Health

##Parents. The Anti-Drug
<http://www.theantidrug.com>

##Video Intervention/Prevention Assessment
<http://www.viaproject.org>

##Strengthening Service Delivery at
<http://www.promisingpractices.net/delivery.asp>

##Developmental Studies Center at
<http://www.devstu.org>

##Special Kids; materials to help children with special needs at
<http://www.nekolabooks.com>

>>>>Parents, Schools, and Community

##Domestic Violence and Children with Special Health Care Needs Links at
<http://www.ncemch.org>

##Strengthening and Promoting the Formation of Health Families at
<http://www.mathematica-mpr.com>

##The Forum for Youth Investment at
<http://www.forumforyouthinvestment.org>

##Supporting Families & Children
<http://gucdc.georgetown.edu/crises.html>

##HHS Center for Faith Based & Community Initiatives at
<http://www.hhs.gov/faith>

##Child Indicator at
<http://www.childtrends.org>

##PTA Spanish Resources at
<http://www.pta.org/parentinvolvement/spanish/index.asp>

##Engaging Families in Academic Improvement at
<http://gseweb.harvard.edu>

##Linkages to Learning at
<http://www.emontgomery.org/linkages/index.html>

##U.S. Department of Education Publications for Parents at
<http://www.ed.gov/pubs/parents>

FOR EASY ACCESS TO A WIDE RANGE OF RELEVANT WEBSITES SEE
OUR GATEWAYS TO A WORLD OF RESOURCES.
<http://smhp.psych.ucla.edu>.

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An optimist thinks this is the best possible world.

A pessimist fears that this is true.

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****REQUESTS/INFORMATION/COMMENTS/QUESTIONS FROM THE FIELD**

>>In response to last month's emerging issues on the reauthorization of IDEA:
"I sense that it all has to do with the greenbacks and since the cash isn't flowing
TO the government then it needs to be changes. The question is how bad will (it)
destroy the initial principles of IDEA and how many more layoffs are we look
at?"

>>Colette Kimball indicates that the article we referenced last month "Helping those who hurt themselves" is online at The Prevention Researcher at <http://www.TPRonline.org> under the Recent Publications on Children's Mental and Physical Health section.

>>George Watkins wants you to know about new violence/drug prevention videos for schools at <http://www.prponline.net>.

SEND REQUESTS/RESPONSES by phone, fax, email, or on the Center's website "Net Exchange."

"What gets inspected gets expected"
Roger Weissberg

^^ ^^ TRAINING AND JOB OPPORTUNITIES ^^ ^^ ^^
(including fellowships and scholarships)

<Project Manager for school health programs>

American Association of School Administrators' Children's Initiatives.
Experience as professional in schools, educ. associations, health agencies. Contact nburton@aasa.org

< Project Director> and <Postdoctoral>

Training in Prevention Research with Children, Arizona State University
Psychology Department. POB 876005, Tempe, AZ 85287-6005.

*Project director coordinates and oversees programs, data collection, etc. for a 5 year NIMH grant focused on preventive interventions for Mexican-American adolescents. M.A. or Ph.D. Contact: Nancy Gonzales (Deadline April 1).

*Postdoctoral is NIMH funded focused on research with ethnic minority children, poverty, divorce, children of alcoholics, bereavement. Contact Laurie Chassin, (Deadline May 15.)

<Postdoctoral>

Columbia University, Center for Science, Policy, and Outcomes, in Washington, DC. One year research scholar. Focuses on application of science to environment, technology, quality of life, governance. <http://www.cspo.org/whoweare/jobs.html>

<Faculty>

School Psychology program at National-Louis University. Contact Diane Salmon at 800-443-5522.

<Postdoctoral>

Consultation Center of the Department of Psychiatry, Yale University School of Medicine. Focus on program and service system evaluation. Two areas of responsibility are: (a) work with evaluation team on violence in the home and (b) community-based

evaluations for at-risk populations. Contact Joy Kaufman at joy.kaufman@yale.edu.

<Postdoctoral>

Center for School Mental Health Assistance, University of Maryland School Mental Health Program. Focus on school-based mental health. Two year involvement is encouraged. School, Counseling, and Clinical Psychologists are encouraged to apply. Contact Jennifer Lowie at jlowie@psych.umaryland.edu.

FOR MORE INFORMATION ON EMPLOYMENT, GO TO <http://smhp.psych.ucla.edu>, click on Contents, scroll down to Jobs. Following the listing of current openings, you will see links to HRSA, SAMHSA, and other relevant job posting sites.

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****NEWS FROM THE TWO NATIONAL CENTERS FOCUSING ON MH IN SCHOOLS**

^ ^ ^ Updates from our Center at UCLA

>>NEW: Center Report "New Directions for School & Community Initiatives to Address Barriers to Learning: Two Examples of Concept Papers to Inform and Guide Policy Makers" This report was developed in response to a spate of requests for help in developing a brief, new directions "white paper" that could be given to school board members, district superintendents, and other policy shapers. The intent is to provide a resource that can be used as a foundation as different groups develop a concise presentation to(a) highlight the need and vision for developing a comprehensive, multifaceted, and integrated approach to addressing barriers to learning and promoting healthy development and also (b) stress the type of major systemic changes that are involved.

>>Additional Training Resources Now Online and in Hard Copy
As part of the Center's new initiative to enhance inservice efforts at schools related to mental health and psychosocial concerns, you can access

***QUICK TRAINING AIDS:**

- >Bullying Prevention
- >School-Based Crisis Intervention
- >Suicide Prevention
- >Violence Prevention

Each provides a brief set of resources for inservice or staff development: talking points, overview, fact sheets, tools, and related resource contacts.

***TRAINING TUTORIALS:** Online self-directed or group learning opportunities. Among those now online and in hard copy.

- >Crisis Assistance and Prevention: Reducing Barriers to Learning
- >Home Involvement in Schooling

- >Student and family Assistance Programs & Services to Address Barriers to Learning
- >Support for Transitions to Address Barriers to Learning

Go to <http://smhp.psych.ucla.edu> and click on What's New.

Let us know what you think about this new resource.

>>Winter, 2002, newsletter, Addressing Barriers to Learning

This issue will be mailed in early March and will be online as well.

The lead article is Re-Engaging Students in Learning at School.

Brief news items about School Support Staff Restructuring model; IDEA

Reauthorization. Contributions from Scott Poland on Crisis Debriefing; Gary

Melton on Principles for School-Based Services. Ideas into Practice features a

Crisis Screening Interview. New Fact Sheet: What is a Resource Coordinating

Team?

If you don't already receive the quarterly newsletter and would like the hardcopy edition, contact us to be added to the mailing list.

>>Outreach Initiative.

We have launched a major Outreach Initiative to schools across the country using email to let them know about our resources, technical assistance, and training. Let us know of any schools you think we should contact.

>>New Technical Assistance Packet on Mapping and Managing Resources

Early in March a resource packet entitled: "Resource Mapping and Management

to Address Barriers to Learning: An intervention for Systemic Change" will be

available online and in hard copy. This technical assistance packet has sections on

the theory and rationale of resource/asset mapping, tools, and models.

****Let us know what you need, new resources can be developed and best practices identified.

Contact us at:

SCHOOL MENTAL HEALTH PROJECT/

CENTER FOR MENTAL HEALTH IN SCHOOLS

UCLA Department of Psychology

Los Angeles, CA 90095-1563

Phone (310) 825-3634 Fax (310) 206-5895

Email: smhp@ucla.edu

Website: <http://smhp.psych.ucla.edu>

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To post messages to ENEWS, Email them to smhp@ucla.edu

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**UPDATE from our Sister Center, Center for School Mental Health Assistance at the University of Maryland at Baltimore, Mark Weist, Director

<http://csmha.umaryland.edu>

National Conference on Advancing School Mental Health Programs, September 18-21, Philadelphia.

September 18: Institute "Developing Effective School-Based Responses to Crisis/Trauma/Disaster."

September 19: Pre-conference sessions

September 20 - 21 Conference and Exhibits

For more information contact:

Center for School Mental Health Assistance

University of Maryland at Baltimore

Department of Psychiatry

680W. Lexington St., 10th fl.

Baltimore, MD 21201

Phone (888) 706-0980 Email: csmha@umpsy.umaryland.edu

Website: <http://csmha.umaryland.edu>

THIS IS THE END OF THIS ISSUE OF ENEWS

Below is a brief description of our Center at UCLA

Who are we?

Under the auspices of the School Mental Health Project in the Department of Psychology at UCLA we established a Center for Mental Health in Schools in 1995. The Project and Center are co-directed by Howard Adelman and Linda Taylor.

Our group at UCLA approaches mental health concerns from the broad perspective of addressing barriers to learning and promoting healthy development. Specific attention is given to policies and strategies that can (a) counter fragmentation and enhance collaboration between school and community programs, and (b) counter the marginalization of mental health in schools. We are involved in model development and implementation, training and technical assistance, and policy analysis. Our activities include gathering and disseminating information, materials, development, direct assistance, and facilitating networking and exchanges of ideas.

As sister Centers, the Center at UCLA and the one at the University of Maryland provide support (training and technical assistance) for mental health and psychosocial concerns in schools. We focus on interventions that range from

systems for healthy development and problem prevention through treatment for severe problems. We stress the importance of school improvement and systemic change. There is an emphasis on enhancing collaborative activity that braids together school and community resources. The Centers connect with major initiatives of foundations, associations, governmental, and school and mental health departments. We work to enhance network building from program expansion and systemic change and do catalytic training to stimulate interest in such activity. We demonstrate the catalytic use of technical assistance, internet, publications, resource materials, and regional and national meetings to stimulate interest in program and systemic change. Evaluations indicate the Centers have had considerable impact in strengthening the network of professionals advancing the field of mental health in schools and in changing policies and practices.

For more information about the Center or about ENEWS, contact Center Coordinator Perry Nelson or Center Co-Directors Howard Adelman and Linda Taylor at: UCLA School Mental Health Project/Center for Mental Health in Schools Phone (310) 825-3634 Fax (310) 206-5895 Email: smhp@ucla.edu Website: <http://smhp.psych.ucla.edu> Write: UCLA School Mental Health Project/Center for Mental Health in Schools Box 951563 Los Angeles, CA 90095-1563