

From the national Center for MH in Schools & Student/Learning Supports at UCLA

Have you begun to review the status of your school district's student/learning supports system?

As demands on schools continue to grow -- and budgets remain tight -- **districts can no longer afford to operate student and learning supports on autopilot.** Taking time *now* to examine how well your current system is functioning is not optional; it is essential.

If you have done so recently -- **share what you found** -- your conclusions can help inform everyone's improvement efforts.

If you haven't done a status review -- **now is the time to act.**

A focused self-study can quickly reveal gaps, redundancies, and missed opportunities for better impact.

A Practical Starting Point

As a resource aid, we have updated the following **self-study instrument.** See

> *General Overview of Student & Learning Supports Activity, Processes, and Mechanisms*
<https://smhp.psych.ucla.edu/pdfdocs/systemsurvey.pdf>

Completing this self-study is a concrete first step toward strengthening how your district addresses barriers to learning and teaching.

Additional Resources to Guide Improvement

For districts ready to move beyond review and into improvement, the following concise tools can help:

> *Student/Learning Supports: A Brief Guide for Moving in New Directions* –
https://escholarship.org/uc/item/2gk5c3nr#article_main (or
<https://smhp.psych.ucla.edu/pdfdocs/briefguide.pdf>)

> *Transforming Student and Learning Supports: Starting the Process*
<https://smhp.psych.ucla.edu/pdfdocs/systemchangesteps.pdf>

Don't Put it Off

Continuing to delay systemic attention to student/learning supports only deepens inequities and costs.

This is a long-standing and increasingly urgent concern. For a clear look at common missteps -- and what to do instead -- see:

What to Do and Not to Do about Student/Learning Supports <https://smhp.psych.ucla.edu/pdfdocs/budgetx.pdf>

Act Now -- Small, deliberate steps now can prevent far greater costs later.

- ☞ Personally do (or assign) the self-study.
- ☞ Share your conclusions.
- ☞ Use the findings to guide next actions.

Best wishes and be well,

Howard & Linda