About Online Mental Health Assistance for Students:
Discussing the Pros and Cons from a School Perspective

In an October, 2024 edition of the Center's Community of Practice Practitioner, we noted:

> Personal computer technology has become a multifaceted intervention tool. Advanced technology offers resources for improving almost every facet of efforts to address barriers to learning and promote healthy development. Technology is expanding, exponentially.
>   One rapidly growing arena is "telehealth" (e.g., using online or phone interactions to teach, consult, and provide health information and care). And as AI takes hold, the possibilities for telehealth seem endless. But serious concerns have to be addressed.

As examples of what schools are doing, we included reference to several items.

We then outreached to elicit experiences and views from the field and received many responses. We have included a sample along with additional information in a Center *Information Resource* – see

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https://smhp.psych.ucla.edu/pdfdocs/onlinetx.pdf