

---

### ***What issues arise when referring students to outside resources, especially virtual help?***

We notice more and more schools are indicating on their websites a referral resource for mental health assistance that may include appointments with a community therapist, a video chat, email, and/or phone contacts. In particular, we are seeing districts contracting with commercial entities to provide students with access to online therapy.

If you have information or views about this, here are two questions about which we would like to hear from you so we can share with those on this listserv.

- (1) What is your district/school doing or considering doing along these lines?
- (2) What issues have been discussed about doing or not doing this?

We look forward to sharing your comments.

And in case you missed them, here are two recent commentaries from the Center:

> *Let's stop tinkering and really change how schools address mental health*  
<https://smhp.psych.ucla.edu/pdfdocs/10-10-24.pdf>

> *It's not about establishing a MTSS framework; it's about transforming how schools address barriers to learning and teaching*  
<https://smhp.psych.ucla.edu/pdfdocs/10-3-24.pdf>