

## Discussion Session to Explore What has been Learned So Far

One of the best ways to explore what you are learning is to discuss it with others. Although this can be done informally with friends and colleagues, a regular study group can be a wonderful learning experience – if it is properly designed and facilitated.

Below are a few guidelines for study groups involved in pursuing a Training Tutorial.

- (1) Put up a notice about the Training Tutorial, along with a sign up list for those who might be interested participating in a study group as they pursue the tutorial. On the sign-up list, offer several times for a meeting to organize the group.
- (2) Inform interested parties about the where and when of the meeting to organize the group.
- (3) Group decides on the following:
  - (a) meeting time, place, number and length of sessions, amenities, etc.
  - (b) how to handle session facilitation (e.g., starting and stopping on time, keeping the group task-focused and productive)
- (4) All group members should commit to keeping the discussion focused as designated by the tutorial content and related activities. If the discussion stimulates other content, set up a separate opportunity to explore these matters.