

B. Quick Find Contents

3. Resilience/Assets

This Center Response is from our website at <http://smhp.psych.ucla.edu>
To access the online version, visit our website, click "Search & Quick Find" on the left and then scroll down in the list of "Center Responses" to *RESILIENCE/ASSETS*

A Center Response:

The following reflects our most recent response for technical assistance related to RESILIENCE/ASSETS. This list represents a sample of information to get you started and is not meant to be an exhaustive list.

(Note: Clicking on the following links causes a new window to be opened. To return to this window, close the newly opened one).

If you go online and access the Quick Find, you can simply click over to the various sites to access documents, agencies, etc. For your convenience here, the website addresses for various Quick Find entries are listed in a table at the end of this document in order of appearance, cross-referenced by the name of the resource.

Center Developed Resources and Tools

- [A Technical Assistance Sampler on Protective Factors/Resiliency](#)
- From [Addressing Barriers to Learning: New Directions for Mental Health in Schools](#)
 - [The Need to Enhance Healthy Development and Address Barriers to Learning](#)

Relevant Publications on the Internet

- [Beyond Individual Resilience](#)
- [Building Assets for Youth](#)
- [Building Assets: What Parents Can Do](#)
- [Developmental Assets: An Overview](#)
- [Empowering Teens: A Guide to Developing a Community-Based Youth Organization \(2001\) - a CROYA book](#)
- [Enrichment: Building resilience and enhancing quality of life for children and families](#)
- [Fostering Resilience in Children](#)
- [Fostering Resilience in Children- from the Clearinghouse on Elementary and Early Childhood Education](#)
- [Good Kids in Bad Circumstances: A Longitudinal Analysis of Resilient Youth](#)
- [Growing Resilience: Creating Opportunities for Resilience to Thrive](#)
- [Healthy Communities- Healthy Youth](#)
- [An Introduction to Asset Building](#)
- [NCREL Monograph: Developing Resilience In Urban Youth](#)
- ["Resiliency in an at Risk World" NEA Health Information Network](#)
- [Resiliency Research: Implications for Schools and Policy \(PDF document\)](#)
- [Turning it Around for All Youth: From Risk to Resilience](#)
- [Resilience in the Face of Adversity](#)

Selected Materials from our Clearinghouse

- [American Indian-Alaska Native Youth Health](#)
- [Building Communities from the Inside Out: A Path Toward Finding and Mobilizing a Community's Assets](#)
- [CMHS School Violence Prevention Initiative](#)
- [Drug-Free Schools and Communities](#)
- [Fostering Resiliency in Kids: Protective Factors in the Family, School, and Community](#)
- [How to Bring and Asset Orientation to your Work](#)

- [Juvenile Justice Bulletin: Serious and Violent Juvenile Offenders](#)
- [Mapping Community Capacity](#)
- [Promoting Positive and Healthy Behavior in Children](#)
- [Promoting Resilience: Helping Young Children and Parents Affected by Substance Abuse, Domestic Violence, and Depression in the Context of Welfare Reform](#)
- [Protective Factors in Childhood and Adolescence](#)
- [Protective Process in Adolescence: Matching Stressors with Social Resources](#)
- [Resilience: Status of the Research and Research-Based Programs](#)
- [Special Education: Model Mental Health Programs and Educational Reform](#)
- [Urban Youth Under Stress: Empirical Identification of Protective Factors](#)
- [What Works: Promoting Positive Youth Development in Your Community](#)

Related Agencies and Websites

- [Assets Project- Special Education Service Agency](#)
- [Building Up Strengths In Youth \(B.U.S.Y.\)](#)
- [Center for Applied Research and Educational Improvement](#)
- [Center for Educational Research and Development](#)
- [Center for Research on the Education of Students Placed at Risk](#)
- [Connecticut Assets Network on Education, Diversity, and Excellence](#)
- [CYFERNet- Children, Youth, Families Education and Research Network](#)
- [National Network for Family Resiliency](#)
- [National Youth Development Information Center](#)
- [Project Resilience](#)
- [Resiliency in Action](#)
- [ResilienceNet](#)
- [Search Institute](#)
- [Strength Based Services International](#)

Relevant Publications That Can Be Obtained at Your Local Library

- "The contribution of developmental assets to the prediction of thriving outcomes among adolescents." Scales, P.C., Benson, P.L., Leffert, N., & Blyth, D.A. (2000). *Applied Developmental Science, 4*, 27-46.
- *Coping with divorce, single parenting, and remarriage: A risk and resiliency perspective.* Hetherington, E. Mavis (Ed.). (1999). Mahwah, NJ: Erlbaum.
- "The first-born sons of African American teenage mothers: Perspectives on risk and resilience." (1997). By Apfel, Nancy; & Seitz, Victoria. In Suniya S. Luthar & Jacob A. Burack (Eds.), *Developmental psychopathology: Perspectives on adjustment, risk, and disorder.* (pp. 486-506). New York: Cambridge University Press.
- *Fostering Resiliency in Kinds: Protective Factors in the Family, School and Community.* Benard, B. (1991). Portland, OR: Western Regional Center for Drug-Free Schools and Communities.
- "Mobilizing communities to promote developmental assets: A promising strategy for the prevention of high-risk behaviors." By Benson, P.L. (1998). *Family Science Review, 11*, 220-238.
- *Resiliency in families: Vol. 4. The dynamics of resilient families.* McCubbin, Hamilton I.; & Thompson, Elizabeth A. (Eds.). (1999). Thousand Oaks, CA: Sage.
- "The Rochester Child Resilience Project (RCRP): Facts found, lessons learned, future directions divined." Cowen, Emory L.; Work, William C.; & Wyman, Peter A. (1997). In Suniya S. Luthar & Jacob A. Burack (Eds.), *Developmental psychopathology: Perspectives on adjustment, risk, and disorder.* (pp. 527-547). New York: Cambridge University Press.
- "The role of family support programs in building developmental assets among young adolescents: A national survey of services and staff training needs." By Scales, P.C. (1997). *Child Welfare, 76(5)*, 611-635.
- *Stress, coping, and resiliency in children and families.* Hetherington, E. Mavis; & Blechman, Elaine A. (Eds.). (1996). Mahwah, NJ: Erlbaum.

We hope these resources met your needs. If not, feel free to contact us for further assistance. For additional resources related to this topic, use our [search](#) page to find people, organizations, websites and documents. You may also go to our [technical assistance page](#) for more specific technical assistance requests.

If you haven't done so, you may want to contact our sister center, the [Center for School Mental Health Assistance](#) at the University of Maryland at Baltimore.

Shortcut Text	Internet Address
A Technical Assistance Sampler on Protective Factors/Resiliency	http://smhp.psych.ucla.edu/intropak.htm#cultural
Addressing Barriers to Learning: New Directions for Mental Health in Schools	http://smhp.psych.ucla.edu/conted/nurs1b.htm
Beyond Individual Resilience	http://www.air.org/cecp/resources/journals/RTY/individualresilience.htm
Building Assets for Youth	http://www.search-institute.org/archives/bay.htm
Building Assets: What Parents Can Do	http://www.search-institute.org/archives/wpcd.htm
Developmental Assets: An Overview	http://www.search-institute.org/assets/
Empowering Teens: A Guide to Developing a Community-Based Youth Organization (2001) - a CROYA book	http://www.croya.com/
Enrichment: Building resilience and enhancing quality of life for children and families	http://www.rtc.pdx.edu/
Fostering Resilience in Children	http://www.ag.ohio-state.edu/~ohioline/b875/b875_2.html
Fostering Resilience in Children- from the Clearinghouse on Elementary and Early Childhood Education	http://www.ericeece.org/pubs/digests/1995/benard95.html
Good Kids in Bad Circumstances: A Longitudinal Analysis of Resilient Youth	http://www.ncjrs.org/rr/vol2_3/10.html
Growing Resilience: Creating Opportunities for Resilience to Thrive	http://www.air.org/cecp/resources/journals/RTY/resilience.htm
Healthy Communities- Healthy Youth	http://www.search-institute.org/archives/hchy/index.htm
An Introduction to Asset Building	http://www.search-institute.org/assets/introassetbuilding.html
NCREL Monograph: Developing Resilience In Urban Youth	http://eric-web.tc.columbia.edu/digests/dig126.html
"Resiliency in an at Risk World" NEA Health Information Network	http://www.neahin.org/
Resiliency Research: Implications for Schools and Policy (PDF document)	http://www.srpd.org/sprv8n4.pdf
Resilience in the Face of Adversity	http://www.aasa.org/publications/sa/2001_06/patterson.htm
American Indian-Alaska Native Youth Health	http://smhp.psych.ucla.edu/smhp.exe?ACTION=POPUP&ITEM=1600DOC24
Building Communities from the Inside Out: A Path Toward Finding and Mobilizing a Community's Assets	http://smhp.psych.ucla.edu/smhp.exe?ACTION=POPUP&ITEM=1402DOC11
CMHS School Violence Prevention Initiative	http://smhp.psych.ucla.edu/smhp.exe?ACTION=POPUP&ITEM=1405DOC102
Drug-Free Schools and Communities	http://smhp.psych.ucla.edu/smhp.exe?ACTION=POPUP&ITEM=2102DOC40
Fostering Resiliency in Kids: Protective Factors in the Family, School, and Community	http://smhp.psych.ucla.edu/smhp.exe?ACTION=POPUP&ITEM=3010DOC7
How to Bring and Asset Orientation to your Work	http://smhp.psych.ucla.edu/smhp.exe?ACTION=POPUP&ITEM=1405DOC83
Juvenile Justice Bulletin: Serious and Violent Juvenile Offenders	http://smhp.psych.ucla.edu/smhp.exe?ACTION=POPUP&ITEM=3009DOC16
Mapping Community Capacity	http://smhp.psych.ucla.edu/smhp.exe?ACTION=POPUP&ITEM=1202DOC84
Promoting Positive and Healthy Behavior in	http://smhp.psych.ucla.edu/smhp.exe?

Shortcut Text	Internet Address
Children	ACTION=POPUP&ITEM=2102DOC87
Promoting Resilience: Helping Young Children and Parents Affected by Substance Abuse, Domestic Violence, and Depression in the Context of Welfare Reform	http://smhp.psych.ucla.edu/smhp.exe?ACTION=POPUP&ITEM=2304DOC37
Protective Factors in Childhood and Adolescence	http://smhp.psych.ucla.edu/smhp.exe?ACTION=POPUP&ITEM=2102DOC80
Protective Process in Adolescence: Matching Stressors with Social Resources	http://smhp.psych.ucla.edu/smhp.exe?ACTION=POPUP&ITEM=3011DOC7
Resilience: Status of the Research and Research-Based Programs	http://smhp.psych.ucla.edu/smhp.exe?ACTION=POPUP&ITEM=2102DOC3
Special Education: Model Mental Health Programs and Educational Reform	http://smhp.psych.ucla.edu/smhp.exe?ACTION=POPUP&ITEM=1401DOC37
Urban Youth Under Stress: Empirical Identification of Protective Factors	http://smhp.psych.ucla.edu/smhp.exe?ACTION=POPUP&ITEM=1600DOC32
What Works: Promoting Positive Youth Development in Your Community	http://smhp.psych.ucla.edu/smhp.exe?ACTION=POPUP&ITEM=1102DOC58
Assets Project- Special Education Service Agency	http://www.sesa.org/assets
Building Up Strengths In Youth (B.U.S.Y.)	http://www.busyinitiative.com/
Center for Appiled Research and Educational Improvement	http://www.evergreen.edu/ecei/home.htm
Center for Educational Research and Development	http://www.cerd.org/
Center for Research on the Education of Students Placed at Risk	http://scov.csos.jhu.edu/crespar/CReSPaR.html
Connecticut Assets Network on Education, Diversity, and Excellence	http://www.ctassets.org/
CYFERNet- Children, Youth, Families Education and Research Network	http://www.cyfernet.org/
National Network for Family Resiliency	http://www.nnfr.org/
National Youth Development Information Center	http://www.nydic.org/
Project Resilience	http://www.projectresilience.com/
Resiliency in Action	http://www.resiliency.com/
ResilienceNet	http://www.resilnet.uiuc.edu/
Search Institute	http://www.search-institute.org/
Strength Based Services International	http://www.empowerkids.org/
search	http://smhp.psych.ucla.edu/search.htm
technical assistance page	http://smhp.psych.ucla.edu/techreq.htm
Center for School Mental Health Assistance	http://csmha.umaryland.edu/
"The fine Art of Fishing"	http://smhp.psych.ucla.edu/selfhelp.htm