

# Preventing Problems by Strengthening Supportive Environments

## Creating a Sense of Community

### Dimensions of a Sense of Community

*Shared Values*

*Commitment*

*A feeling of belonging*

*Caring*

*Interdependence*

*Regular Contact*

All provided in a context that maximizes feelings of

- Competence
- Self-determination (real options and choices)
- Positive interpersonal connections at school and at home

and minimizes threats to such feelings