Preventing Problems by Strengthening Supportive Environments

Creating a Sense of Community

Dimensions of a Sense of Community

Shared Values

Commitment

A feeling of belonging

Caring

Interdependence

Regular Contact

All provided in a context that maximizes feelings of
• Competence
• Self-determination (real options and choices)
• Positive interpersonal connections at school and at home
and minimizes threats to such feelings