

**WHAT WE SAY HERE STAYS HERE
(Unless you give me permission to share it)**

There are some exceptions to this rule:

If you:

- ➔ Tell me you are being abused, physically and/or sexually,
- ➔ Tell me you are going to hurt yourself, or...
- ➔ Tell me you are going to hurt someone else.

In these cases, I must contact someone to help.