

Summary of Curriculum for Community-Based Child and Adolescent Case Management Training

Norma Radol Raiff (December, 1992). Developed under contract with the South Carolina Department of Mental Health for the Southern Human Resources Development Consortium for Mental Health, 2414 Bull Street, P.O. Box 485, Columbia, South Carolina 29202.

The curriculum was developed to help states and local programs to prepare specialized community-based case managers to work with seriously emotionally disturbed children and adolescents.

Includes Units on the following topics:

- ✧ **Why is children's case management different from adult case management? Public, clinical, and parent perspectives.** This unit introduces participants to the philosophy of "a system of care." Objectives include describing the state or program's eligibility criteria and identifying five differences between child and adult mental health case management
- ✧ **Families as allies: Empowerment perspectives.** This unit helps participants identify and reinforce skills and attitudes associated with successful family collaboration. Sensitivity to the cultural diversity of families and techniques for a more responsive practice will be discussed. Objectives include describing why collaboration is essential, identifying barriers, and discussing family empowerment strategies.
- ✧ **Consultative case management: Team building and beyond.** In this unit participants learn the philosophy of case management as consultation with parents and other team members. Objectives include defining what consultation means, identifying the dynamics and process of team meetings, and describing how case managers can be consultants with others.
- ✧ **Monitoring and quality assurance: Standards of documentation.** This unit describes the process of setting goals for a service plan, and monitoring based on quality assurance and quality improvement standards. Objectives include describing an assessment process that recognizes both strengths and needs, developing a working service plan, defining standards of documentation, and suggesting steps for improving practice.
- ✧ **Resource acquisition.** In this unit, participants learn about collaborative structures which are vehicles for resource acquisition and the development of individualized services. Objectives include describing the local (State) "system of care," describing the resources and procedures for accessing these resources.
- ✧ **Putting it together: A guided role play.** This unit gives participants an opportunity to apply case management skills in three different practice situations: referral, strengths interviewing, and negotiation. Objectives include understanding and working with common issues in child team settings, proficiency in initiating contact with a parent/child, and proficiency in negotiating systems in partnership with a parent/child.
- ✧ **Advocacy for children with serious emotional disturbance/behavioral disorders.** This additional unit provides an overview of the role of advocacy in child case management.
- ✧ **Appendices with optional assessments and masters for overheads.**