Bibliography

Resources

Best Practice Models
Bibliography

Resources from the Center for Mental Health in The Schools

The Center for Mental Health in Schools at UCLA has compiled a large amount of information in a series of technical assistance packets, tutorials and guidebooks to help integrate mental health services in schools and assist in reducing barriers to student learning. Below is a list of materials from the Center that we have used in our attempts to facilitate change in the schools. This is only a partial list. If you would like to view these materials or access more information about specific concerns/issues, please go to the Center website: http://smhp.psych.ucla.edu.

*Addressing Barriers to Learning: New Directions for Mental Health in Schools*, (1997). Continuing education module developed by the Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box 951563, Los Angeles, CA 90095.

*Classroom Changes to Enhance and Re-Engage Students in learning*, (2002). Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box. 951563, Los Angeles, CA 90095.

*Community Outreach: School-Community Resources to Address Barriers to Student Learning*, (2002). Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box. 951563, Los Angeles, CA 90095.

*The Consultation Cadre: Colleagues Helping Colleagues*, (2003). Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box. 951563, Los Angeles, CA 90095.

*Creating the Infrastructure for an Enabling (Learning Support) Component to Address Barriers to Student Learning*, (2002). Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box. 951563, Los Angeles, CA 90095.

*Crisis Assistance and Prevention: Reducing Barriers to Learning*, (2002). Continuing education module developed by the Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box. 951563, Los Angeles, CA 90095.

*Enhancing Classroom Approaches for Addressing Barriers to learning: Classroom Focused Enabling*, (2001). Continuing education module developed by the Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box 951563, Los Angeles, CA 90095.

*Guidebook on Getting From Here to There: A Guidebook for the Enabling Component*, (1999). Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box. 951563, Los Angeles, CA 90095.

*Guidebook on What Schools Can Do to Welcome and Meet the Needs of All Students and Families*, (1998). Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box. 951563, Los Angeles, CA 90095.
Home Involvement in Schooling, (2002). Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box. 951563, Los Angeles, CA 90095.

Introductory Packet on: Cultural Concerns in Addressing Barriers to Learning, (2001). Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box. 951563, Los Angeles, CA 90095.

Introductory Packet on: Assessing to Address Barriers to Learning, (2003). Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box. 951563, Los Angeles, CA 90095.

An Introductory Packet on: Dropout Prevention, (2000). Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box. 951563, Los Angeles, CA 90095.

Introductory Packet on: Confidentiality and Informed Consent, (2002). Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box. 951563, Los Angeles, CA 90095.

Introductory Packet on: Evaluation and Accountability: Getting Credit for All You Do! (2000). Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box. 951563, Los Angeles, CA 90095.

Introductory Packet on: Financial Strategies to Aid in Addressing Barriers to Learning, (2000). Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box. 951563, Los Angeles, CA 90095.

Introductory Packet on: Learning Problems and Learning Disabilities, (2002). Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box. 951563, Los Angeles, CA 90095.

Introductory Packet on: Least Intervention Needed: Toward Appropriate Inclusion of Students with Special Needs, (1998). Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box. 951563, Los Angeles, CA 90095.

Resource Aid Packet on Addressing Barriers to Learning: A Set of Surveys to Map What a School Has and What it Needs, (2001). Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box. 951563, Los Angeles, CA 90095.

Resource Aid Packet on Catalogue of Internet Sites Relevant to Mental Health in Schools, (2001). Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box. 951563, Los Angeles, CA 90095.

Resource Aid Packet on Our Clearinghouse Catalogue, (2003). Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box. 951563, Los Angeles, CA 90095.
School-Based Crisis Intervention (Quick Training Aids), (2002). Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box. 951563, Los Angeles, CA 90095.

Student and Family Assistance programs and Services to Address Barriers to Student Learning, (2002). Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box. 951563, Los Angeles, CA 90095.

Suicide Prevention (Quick Training Aids), (2002). Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box. 951563, Los Angeles, CA 90095.

Support for Transitions to Address Barriers to Student Learning, (2002). Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box. 951563, Los Angeles, CA 90095.

Violence Prevention, (2002). Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box. 951563, Los Angeles, CA 90095.

Working Collaboratively: From School-Based Teams to School-Community-Higher Education Connections, (2003). Center for Mental Health in Schools at UCLA. UCLA Center for Mental Health in Schools, Department of Psychology, P.O Box. 951563, Los Angeles, CA 90095.
Resources: Groups

Social Skills


Grief and Loss


Feelings


Other Group Activities


Resources: Other


A Manual for Mental Health Professionals in Schools


Resources: School-Wide Models

As Saint Paul Public Schools began to address barriers to learning through school-wide efforts the following evidence-based practice programs were implemented.

Model Programs

FAST – Families and Schools Together – Lynn McDonald (1987) | FAST National Training and Evaluation Center; | 2801 International Lane, Suite 105; Madison, Wisconsin 53704-4500 | Phone: (608) 663-2382 | Fax: (608) 663-2336 | Email: mrmcdona@facstaff.wisc.edu | Web: www.wcer.wisc.edu/fast/

FAST is a prevention/early intervention program that is school-based. FAST is a family strengthening program that emphasizes partnership among families, schools and communities. The program uses a family therapy and multifamily group approach.

Second Step is a classroom curriculum that is facilitated by the classroom teacher throughout the school year. Lessons are focused on empathy training, impulse control and anger management.

ART – Aggression Replacement Training: A Comprehensive Intervention for Aggressive Youth, Arnold P. Goldstein, Barry Glick, John C. Gibbs (1998) | Research Press | P.O. Box 9177, Champaign, IL 61826 | Phone: 1-800-519-2707 | Fax: 217-352-1221 | Email: rp@researchpress.com | Web: www.researchpress.com

ART is a group intervention for youth with aggressive behaviors who do not do well in traditional therapies. ART serves adolescents between the ages of 13 to 18. This program uses skill-streaming to teach pro-social interpersonal skills through modeling and repetition.

Primary Project – Children’s Institute, Inc. | 274 N. Goodman Street, Suite D103; Rochester, New York 14607 | Phone: (877) 888-7647 (toll-free) | Web: www.childrensinsitute.net

Primary Project is a prevention program developed for kindergarten through third grade students who are at risk for developing school adjustment problems. This program is one of five exemplary research-based prevention programs in the United States for enhancing children’s mental health.

Other Programs

These programs were either implemented or considered for implementation at Saint Paul Public Schools as part of the Safe Schools/Health Students Grant.


Restitution Model – Diane Chelsom Gossen (1996). Chelsom Consultants Limited | 134 110th Street, Saskatoon, SK S7N 1S2 Canada | Phone: 1-800-450-4352 | Fax: 306-955-8834 | Email: restitution@sk.sympatico.ca.

Resources for Information On Evidence-Based School Mental Health Practices

SAMHSA: www.modelprograms.samhsa.gov/

Center for the Study and Prevention of Violence: www.colorado.edu/cspv/blueprints/promising/