School Practitioner Community of Practice
(A network for sharing & exchange)
October 16, 2019

Topic for discussion –

>*Intro resources for teacher pathway and preparation programs*

About legislation for mental health education in schools

Links to a few other relevant resources & other topics of concern

Note: **Go to** http://smhp.psych.ucla **for links to other Center resources including**
>Upcoming initiatives, conferences & workshops
>Calls for grant proposals, presentations, and papers
>Training and job opportunities
>Upcoming webcasts & other professional development opportunities

This resource is from the
Center for MH in Schools & Student/Learning Supports, UCLA

Given education budgets, we have been asked to increase our outreach to make our free resources more available (e.g., for planning, professional development, etc.).

So please feel free to share with anyone you think might benefit (e.g., forward our resources to individuals and share on listservs and websites).

****
For those who have been forwarded this and want to receive resources directly, send an email to **Ltaylor@ucla.edu**

For previous postings of community of practice discussions, see
http://smhp.psych.ucla.edu/practitioner.htm

****

Topic for Discussion –

>*Intro resources for teacher pathway and preparation programs*

Request from a colleague: *I'm an outreach coordinator for the Teacher Pathway Program. TPP is a grow your own initiative. ... The majority of our paraeducators are Latino and have been born/raised in the community. Some want to be classroom teachers and others are interested in counseling or other human services professions. I'm hoping you have introductory readings and resources (texts, articles, websites and conferences) our community college students can readily access.*

Center Comments: Over the years, our Center has developed and amassed a range of resources for free and ready access by those concerned with learning more about addressing barriers to learning and teaching and re-engaging disconnected students (including mental health concerns).

To provide free *textbooks* for college courses and continuing education and for anyone who is interested, we recently developed the following two resources:
>*Improving School Improvement*
http://smhp.psych.ucla.edu/improving_school_improvement.html
>*Addressing Barriers to Learning: In the Classroom and Schoolwide*
http://smhp.psych.ucla.edu/improving_school_improvement.html

For a quick appreciation of what else is available, a good place to start is by exploring the Quick

Find menu at http://smhp.psych.ucla.edu/quicksearch.htm. There are over 130 topics with links to many relevant resources from our Center and from others. For example, take a look at

>*Classroom climate* http://smhp.psych.ucla.edu/qf/environments.htm
>*Parent/home involvement in schools* http://smhp.psych.ucla.edu/qf/homework.htm
>*Motivation and engagement* http://smhp.psych.ucla.edu/qf/motiv.htm
>*Mental health and Disorders in children* http://smhp.psych.ucla.edu/qf/emotdist.htm
>*Fact Sheets Related to MH in Schools and Addressing Barriers to Learning*
    http://smhp.psych.ucla.edu/qf/factsheets.htm

The full Center catalogue is at http://smhp.psych.ucla.edu/materials/resources.htm .

Finally, here are a few other brief introductory resources folks have found useful:

>*Student Engagement and Disengagement: An Intrinsic Motivation Perspective and a Mental Health Concern* http:smhp.psych.ucla.edu/pdfdocs/intrinsic.pdf

>*Improving Working Relationships Inside the Classroom*
    http://smhp.psych.ucla.edu/pdfdocs/relations.pdf
>*Learning Supports: Enabling Learning in the Classroom*
    http://smhp.psych.ucla.edu/pdfdocs/rtipract.pdf
>*Welcoming and Involving New Students and Families*
    http://smhp.psych.ucla.edu/pdfdocs/welcome/welcome.pdf

##

Please let us hear from you:
What resources would you recommend to this colleague?
Share your perspective and send any other comments to Ltaylor@ucla.edu

##

About legislation for mental health education in schools

"... Virginia law requires mental health education in the 9th and 10th grades. A proposal for implementing the new law extends the mandate to include kindergarten through the 10th grade and will be presented to the Virginia Board of Education next month, followed by a period for public comment and a final vote of approval slated for January 2020.

The proposed standards are designed to be incorporated into existing standards for social and emotional health... They include age-appropriate instructional practices aimed at reducing stigma and teaching students how to obtain and maintain good mental health, understand mental health disorders, pick up on signs and symptoms of distress, and seek help. At the 4th-grade level, for example, students will learn about healthy self-concepts, compassion and respecting differences, as well as verbal and nonverbal communication skills and how to understand and manage emotions related to loss, grief and stress....

Several states have either approved or have legislation in the works related to mental health education. Some of them are aimed at addressing concerns about additional workloads and teacher training.

A Colorado bill, for example, created a grant program to help with professional development related to crisis and suicide prevention. A new Texas law requires teacher preparation institutions to include mental health instruction in their certification programs, and a Nevada bill created a grant program for districts to contract with social workers or other mental health professionals.

Virginia, however, is one of only three states to mandate mental health education at the K-12 level. The latest to do so is Florida, where the state Board of Education

approved a program in July that dovetails with the Hope for Healing Florida campaign, an initiative of First Lady Casey DeSantis that will create and disseminate materials about mental health and substance abuse issues throughout the state....

New York was the first state to enact a law requiring mental health education in public schools. The state legislature subsequently allocated $1 million in 2018, and the state budget included $500,000 in 2019 to create the School Mental Health Resource and Training Center to support school efforts to comply with the new law, including curriculum-building resources ...."
https://www.educationdive.com/news/more-states-requiring-mental-health-education/561250/

For a look at recent legislation related to education and student supports in schools, see

>*How Well Do State Legislatures Focus on Improving School Efforts to Address Barriers to Learning and Teaching & Re-engage Disconnected Students?*
http://smhp.psych.ucla.edu/pdfdocs/Legisanal.pdf

Links to a few other relevant resources & other topics of concern

Classroom behavior management: It's not just about controlling kids; it's about engaging and re-engaging them in learning – Ch. 5 in http://smhp.psych.ucla.edu/pdfdocs/barriersbook.pdf

Fostering Healthy Mental, Emotional, and Behavioral Development in Children and Youth - https://sites.nationalacademies.org/DBASSE/BCYF/MEB-Health-Promotion/index.htm

2019 Children's Mental Health Report: Social Media, Gaming and Mental Health
https://childmind.org/our-impact/childrens-mental-health-report/2019report/

Coping with anger after a disaster - https://store.samhsa.gov/system/files/pep19-01-01-002.pdf

About school and classroom climate: Opening doors - Ch. 2 in
http://smhp.psych.ucla.edu/pdfdocs/improve.pdf

Shaping summertime experiences: Opportunities to promote healthy development and well-being for children and youth- https://www.nap.edu/resource/25546/Summertime%20Consensus.pdf

Helping young adults from foster care succeed at college -
https://www.pathwaysrtc.pdx.edu/pdf/proj-1-FUTURES-helping-young-adults-from-foster-care.pdf

Mapping & analyzing learning supports -
http://smhp.psych.ucla.edu/summit2002/tool%20mapping%20current%20status.pdf

Who Will Teach the Children? Recruiting, Retaining & Refreshing Highly Effective Educators
https://www.amazon.com/Who-Will-Teach-Children-Recruiting/dp/1733413103

Supporting Relationships Between Children and Their Incarcerated Parents
https://cantasd.acf.hhs.gov/wp-content/uploads/FII-Tip-Sheet-Supporting-Relationships-08.23.19-FINAL.pdf

A Few Upcoming Webinars:

10/22 - Specially Designed Instruction in Co-Teaching

10/23 - Addressing Health Disparities in the LGBTQ+ Community

10/29 - School Resource Officers: Conducting Formal Security & Vulnerability Assessments

10/30 - Moving from Research to Implementation in Social and Emotional Learning

For links to register to the above and for other relevant webinars, see
http://smhp.psych.ucla.edu/webcast.htm

Equity of opportunity is fundamental to enabling civil rights;
transforming student and learning supports is fundamental to
enabling equity of opportunity, promoting whole child development,
and enhancing school climate.

****

For information about the

National Initiative for Transforming Student and Learning Supports
go to http://smhp.psych.ucla.edu/newinitiative.html

Also online are two related free books

Improving School Improvement
http://smhp.psych.ucla.edu/improving_school_improvement.html

Addressing Barriers to Learning: In the Classroom and Schoolwide
http://smhp.psych.ucla.edu/improving_school_improvement.html

****

**THE MORE FOLKS SHARE, THE MORE USEFUL AND
INTERESTING THIS RESOURCE BECOMES!**

For new sign-ups – email Ltaylor@ucla.edu

**Also send resources ideas, requests, comments, and experiences for
sharing.**

**We post a broad range of issues and responses to the Net Exchange
on our website at http://smhp.psych.ucla.edu/newnetexchange.htm
and on Facebook (access from the Center's home page
http://smhp.psych.ucla.edu/)**