School Practitioner Community of Practice
(A network for sharing & exchange)
December 19, 2018

Topic for discussion

>**Who is using the winter break to encourage community service learning?**

Links to a few other relevant resources & other topics of concern

Note: Go to http://smhp.psych.ucla **for links to other Center resources including**
>Upcoming initiatives, conferences & workshops
>Calls for grant proposals, presentations, and papers
>Training and job opportunities
>Upcoming webcasts & other professional development opportunities

This resource is from the
Center for MH in Schools & Student/Learning Supports, UCLA

Given shrinking education budgets, we have been asked to increase our outreach to make our free resources more available (e.g., for planning, professional development, etc.).

So please feel free to share with anyone you think might benefit (e.g., forward our resources to individuals and share on listservs and websites).

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For those who have been forwarded this and want to receive resources directly, send an email to **Ltaylor@ucla.edu**

For previous postings of community of practice discussions, see
http://smhp.psych.ucla.edu/practitioner.htm

Topic for Discussion –

>Who is using the winter break to encourage community service learning?

The winter holiday is a long one for some students and families. It seems like a good opportunity to encourage and support the value of giving by helping students find a community service they can undertake and perhaps continue throughout the school year. Every community has a range of options for community service (check with local youth groups, churches, chambers of commerce, etc.) and provide the information to students and parents. *Such involvements are another natural opportunity to promote social-emotional development.* See

>*Service Learning in Schools* – http://smhp.psych.ucla.edu/pdfdocs/service.pdf

From the following resources, we know that some schools pursue this:

>Excerpt from *Student Support Volunteer Opportunities*
http://www.fulfillment.org/student-support-volunteer-opportunities-youth

Many schools now require students to perform a certain number of volunteer hours as a condition of graduation. Below is a list of organizations and/or events where kids may be able to earn community service credit. Many nonprofit organizations have need, sometimes daily, for competent office help, usually filing, photocopying, answering phones, etc. You may wish to call some of the organizations mentioned below and find out what type of volunteer opportunities they have. ...

>Excerpt from *Creating Effective Civic Engagement Policy for Adolescents*
https://journals.sagepub.com/doi/pdf/10.1177/0743558413502532

For high school community service programs to have a positive impact on subsequent civic engagement, students must volunteer in a sustained manner and must evaluate their volunteering experiences positively... With respect to the general sense of responsibility, students drew links between volunteering and "healthy" societies ...

[student quotes]

>*I've been to places where the neighborhood and everyone did volunteer and do stuff, and it's just a better feeling. Everyone is closer and everyone kind of watches out for each other. And then I've lived in neighborhoods where everyone lives really separate. You don't even know your neighbors.*
>*If you do live there and if you are taking things from the community you should also give back, so I think that in a way it's a responsibility to people to look out for other people and improve the community and make sure that everyone who is living in the community is seeing the benefits...*

>Excerpt from *Best places for high schoolers to do community service*
https://blog.collegevine.com/best-places-for-high-schoolers-to-do-community-service/

Even though community service isn't required for your college apps, it's still an important part of your personal growth—and can help you get into college by demonstrating that you care about others and take initiative to do something to better the world. Find something that complements your passions, interests, and career aspirations. Think about problems you want to solve and places that are important to you...

>Excerpt from *Examples of community service projects*
https://blog.prepscholar.com/129-examples-of-community-service-projects

Community service is work done by a person or group of people that benefits others. It is often done near the area where you live, so your own community reaps the benefits of your work. You do not get paid to perform community service, but volunteer your time. Community service can help many different groups of people: children, senior citizens, people with disabilities, even animals and the environment. Community service is often organized through a local group, such as a place of worship, school, or non-profit organization, or you can start your own community service projects...

Links to a few other relevant resources & other topics of concern

Youth Service America website – https://ysa.org/

Videos from *Beyond the Borders: The Future of Service-Learning*.
>Global Citizenship and the Democractic Practice of Service-Learning
   https://www.youtube.com/watch?v=PCIz1Y0lqWA&list=PL29937F0E1677177C&index=1
>Educating Globally Competent Citizens Through International Service-Learning
   https://www.youtube.com/watch?v=zuvI3yTF8f0&list=PL29937F0E1677177C&index=2
>Uniting Online Education with Service-Learning
   https://www.youtube.com/watch?v=yXir0prOUbU&index=4&list=PL29937F0E1677177C

The Responsible Change Project: Building a Justice-oriented Middle School Curriculum Through Critical Service-learning https://www.tandfonline.com/doi/full/10.1080/00940771.2018.1509560

Webs of Support: An Integrative Framework of Relationships, Social Networks, and Social Support for Positive Youth Development https://link.springer.com/article/10.1007/s40894-017-0076-x

Motivation and Engagement in Student Assignments: The Role of Choice and Relevancy
   https://s3-us-east-2.amazonaws.com/edtrustmain/wp-content/uploads/2018/10/31173508/Motivation_Engagement_FINAL_LR.pdf

Facilitating a Successful Transition to Secondary School: (How) Does it Work? A Systematic Literature Review https://link.springer.com/article/10.1007/s40894-017-0063-2

Help-Seeking Measures and Their Use in Adolescents: A Systematic Review
   https://link.springer.com/article/10.1007/s40894-017-0078-8

Suicidal Thoughts and Behavior in Children and Adolescents: An Ecological Model of Resilience
   https://link.springer.com/article/10.1007/s40894-017-0066-z

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For information about the

National Initiative for Transforming Student and Learning Supports
go to http://smhp.psych.ucla.edu/newinitiative.html

Equity of opportunity is fundamental to enabling civil rights; transforming student and learning supports is fundamental to enabling equity of opportunity, promoting whole child development, and enhancing school climate.

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**THE MORE FOLKS SHARE, THE MORE USEFUL AND
INTERESTING THIS RESOURCE BECOMES!
For new sign-ups – email Ltaylor@ucla.edu
Also send resources ideas, requests, comments, and experiences for sharing.
We post a broad range of issues and responses to the *Net Exchange*
on our website at http://smhp.psych.ucla.edu/newnetexchange.htm
and on *Facebook* (access from the Center's home page http://smhp.psych.ucla.edu/)**