Below we highlight gateways the Center for Mental Health in Schools at UCLA has developed for the field as quick aids for finding resources to increase positive outcomes for all students. The focus is on resources for

- preventing behavioral, emotional, and learning problems
- intervening as soon as problems are identified
- treating chronic and severe problems.

The URL address listed first for each topic takes you to the Center for Mental Health in Schools at UCLA online clearinghouse *Quick Find* which has a menu of over 100 topics. The topics listed below are a sample. For a few of these, one of the items cited in that *Quick Find* is highlighted to illustrate that direct links are provided.

**Resources focused on prevention:**

- **After-School Programs** [http://smhp.psych.ucla.edu/qf/afterschool.htm](http://smhp.psych.ucla.edu/qf/afterschool.htm)

- **Crisis prevention and response** [http://smhp.psych.ucla.edu/qf/p2107_01.htm](http://smhp.psych.ucla.edu/qf/p2107_01.htm)

- **Resilience/protective factors** [http://smhp.psych.ucla.edu/qf/resilience.html](http://smhp.psych.ucla.edu/qf/resilience.html)

- **Social and emotional development and social skills** [http://smhp.psych.ucla.edu/qf/p2101.05.htm](http://smhp.psych.ucla.edu/qf/p2101.05.htm)

**Resources focused on intervening as soon as problems are identified:**

- **Bullying** [http://smhp.psych.ucla.edu/qf/bully.htm](http://smhp.psych.ucla.edu/qf/bully.htm)
  The ABCs of Bullying: Prevention programs that work

- **Dropout prevention** [http://smhp.psych.ucla.edu/qf/dropout.html](http://smhp.psych.ucla.edu/qf/dropout.html)

- **Model programs** [http://smhp.psych.ucla.edu/qf/model.htm](http://smhp.psych.ucla.edu/qf/model.htm)

- **Prevention for students at-risk** [http://smhp.psych.ucla.edu/qf/prevention.html](http://smhp.psych.ucla.edu/qf/prevention.html)

- **Empirically supported interventions** [http://smhp.psych.ucla.edu/qf/ests.htm](http://smhp.psych.ucla.edu/qf/ests.htm)

- **Suicide Prevention** [http://smhp.psych.ucla.edu/qf/p3002_02.htm](http://smhp.psych.ucla.edu/qf/p3002_02.htm)
  Youth Suicide Prevention Programs [http://www.cdc.gov/ncipc/pub-res/youthsui.htm](http://www.cdc.gov/ncipc/pub-res/youthsui.htm)

**Resources focused on chronic and severe problems:**

- **Case/Care management** [http://smhp.psych.ucla.edu/qf/casemanagement.htm](http://smhp.psych.ucla.edu/qf/casemanagement.htm)

- **Systems of Care** [http://smhp.psych.ucla.edu/qf/syscare.htm](http://smhp.psych.ucla.edu/qf/syscare.htm)
As schools and communities work more closely together, resources related to collaboration may also be useful. Here are some gateways to common concerns:

>Confidentiality – http://smhp.psych.ucla.edu/qf/confid.htm
>Mapping existing school and community resources – http://smhp.psych.ucla.edu/qf/p2312_06.htm

Another gateway resource is the Center’s Gateway to a World of Resources for Enhancing MH in Schools. This is a links "map" that provides quick access to relevant resources on the internet. It is also a tool to facilitate various forms of networking and to help analyze strengths, weaknesses, and gaps/inequities in available resources. This gateway can be the starting point for enhancing collaborative partnerships among key groups with overlapping interests related to mental health in schools. The map represents the next generation (beyond lists of links) for guiding users quickly to sites that are most likely to meet their needs.

The five arenas of activity are encompassed:

I. **Comprehensive Focus on Mental Health in Schools**
II. **Concerns Related to Children’s Severe Mental Health Disorders**
III. **Concerns Related to Children's Psychosocial Problems**
IV. **Positive Social/Emotional Development and Prevention of Psychosocial/MH Problems**
V. **Others Focused on Addressing Barriers to Learning and Development**

Within each of these arenas, the following types of resources are mapped.

- **Major Centers/Networks/Initiatives/Projects/Consumer Info Resources**: Major resources for information, services, and/or public education.
- **Associations**: National organizations whose mission focuses on issues related to MH in schools. State and local associations can often be located through the national association website.
- **Government Agencies**: Major federal government resources for information, services, and/or public education.
- **Listservs**: Email discussion groups whose main focus is on matters relevant to MH in schools.
- **E-Journals & Newsletters**: Electronic Journals (or E-Journals) are versions of print journals that are available online or periodicals distributed through the internet.

As always, if you don’t find what you need, contact smhp@ucla.edu