ENEWS -- A Monthly Forum for Sharing and Interchange

Source: UCLA SCHOOL MENTAL HEALTH PROJECT/
                   CENTER FOR MENTAL HEALTH IN SCHOOLS

March, 1999   --   (Vol 3, # 6)

WHAT IS ENEWS? (for those who don't know)

This forum is another link for those concerned with enhancing policies,
programs, and practices related to addressing barriers to student learning
and promoting mental health in schools. It augments the other ways our Center
shares information and facilitates interchange/networking.

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         FEEL FREE TO FORWARD THIS TO ANYONE.
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WHAT'S HERE THIS MONTH

        **Emerging Issue

                ^^^Cleansing of Student Rolls

        **News from around the Country

                ^^^Recent Publications Relevant to
                        *Mental Health & Substance Abuse
                        *Schoolwide Programs

                ^^^Upcoming Initiatives, Conferences, Workshops

                ^^^Call for Proposals and Papers

                ^^^Helpful Resources

                ^^^Job Announcements

                ^^^Internships & Postdoctoral Training

        **Comments/Requests/Questions from the Field

        **News From Our Center and Our Sister Center

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To post messages to ENEWS, E-mail them to: smhp@ucla.edu
If you were sent ENEWS indirectly, you can be added to our list
at no charge by sending an E-mail request to:

listserv@listserv.ucla.edu

(Please note new E-mail address to subscribe.)

leave the subject line blank, and in the body of the message type:

subscribe mentalhealth-l (by the way, that last character is "l" as in larry, not the # 1)

To remove your name from the mailing list type:

unsubscribe mentalhealth-l

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EMERGING ISSUE

>>>>>>Cleansing of Student Rolls <<<<<<<<

It is fairly widely acknowledged that many students who are labeled "dropouts" are actually "pushouts."

Increasing pressures for school improvements seem to be having the negative consequence of creating policies and practices that, in effect, cleanse the rolls of troubled and troubling students and anyone else who may "compromise" the progress of other students and keep achievement score averages from rising.

Examples are seen in zero tolerance policies, the end of social promotion, and the backlash to "special" education and to equity of opportunity. The issue seems to be whether or not we can save public education and still maintain the commitment to universal education.

What is your perspective on all this? Let us hear from you and we will include responses in the next issue of ENEWS and/or on our website.

E-mail: smhp@ucla.edu
Phone: (310) 825-3634
Write: Center for Mental Health in Schools,
        Department of Psychology, UCLA
        Los Angeles, CA 90095-1563

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If you continue to do what you've always done,
you'll get what you've always got!.
Anonymous
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NEWS FROM AROUND THE COUNTRY

>>**Preview of New "Enhancing Resilience" Program**<<
Center for Mental Health Services (Substance Abuse and Mental Health Services Administration) has developed a brief description of the Enhancing Resilience (ER) Initiative which is designed to

"improve mental health services for children with emotional and behavioral disorders who are at risk of violent behavior." Emphasizes a focus not only on those who manifest problems, but on prevention through involving communities, families, and schools, in joint partnerships to promote the development of healthy behaviors, competence, and resiliency. Contact: Bernard S. Arons, Center for Mental Health Services, The Parklawn Bldg., 5600 Fishers Lane, Rm 15-105, Rockville, MD 20857; Ph: 301/ 443-0001.

>>**Coalition for Cohesive Policy in Addressing Barriers to Student Learning**<<
A meeting of the Coalition's Steering Committee will take place in two sections of the country in April. One meeting will be in D.C. on April 5th; the other will be in Los Angeles on April 12th. The meeting will be a time (a) to decide on a key overlapping area of concern for Coalition participants to pursue over the next year and (b) to develop a strategic plan for having a meaningful impact. (Information from each session will be cross-shared with a process to arrive at a consensus plan.) At this point, some coalition members have recommended taking steps to help local school boards understand the value of establishing a standing committee focused specifically on the broad and unifying topic of addressing barriers to learning. Anyone interested in learning more about the Coalition in general or attending one of the two meetings in particular can contact Howard Adelman at 310/825-1225.

>>**Technical Assistance Workshops for FY 99 Safe & Drug-Free Schools Programs**<<
Announcement stresses aim of supporting comprehensive community-wide strategies and promoting healthy childhood development where students can grow and thrive without resorting to violence or other destructive behaviors. Initiative will help districts recruit, hire, and train drug and violence prevention coordinators in middle schools. Workshops dates and locations will be announced at http://www.ed.gov/inits/FY99/sdfsapp.html or http://www.ed.gov/offices/OESE/SDFS

>>**IDEA Regulations**<<
Now that the regs are finally out, they can be readily accessed at the GPO site
http://ocfo.ed.gov/fedreg/finrule.htm   or
http://www.access.gpo.gov/su_docs/fedreg/a990312c.html
Also DOE's site provides details and access -- http://ed.gov/offices/OSERS/IDEA/regs.html

>>**IDEA Telecasts**<<
Two national satellite telecasts are being offered to help parents and practitioners in states, districts, and schools tackle key issues surrounding effective implementation of the Individuals with Disabilities Education Act (IDEA), the federal law reauthorized in 1997 to help America serve more than 6 million children with disabilities. For satellite coordinates and other information on the "Guidance on the Implementation of IDEA 1997" broadcasts, visit http://www.fape.org/teleconference.htm. The teleconference will also be broadcast live via the Internet at: http://www.broadcast.com. For ongoing information about OSEP & IDEA'97. See: http://www.ed.gov/offices/OSERS/OSEP http://www.ed.gov/offices/OSERS/IDEA/index.html

>>**Safe Schools, Healthy Students -- a Joint Mental Health in Schools Initiative**<<
This joint initiative of the U.S. Departments of Health & Human Services and Justice will support programs that address educational, social, emotional, behavioral, and health needs of youth with a view to reducing violence. Funding is available for approximately 50 school districts in partnership with community agencies, parents, and students (at $1-3 million annually for up to three years) for activities such as mentoring, conflict resolution, multi-systemic therapy, and social skills building. For more info, see http://www.ed.gov/inits/FY99/sdfshapp.html
or contact: Ethel Jackson, Safe and Drug-Free Schools Program, Office of Elementary and Secondary Education (OESE), 202/260-3954 ethel_jacksonl@ed.gov (by the way, the character after "jackson" is an "l' as in larry, not the # 1).

^^^^^^^RECENT PUBLICATIONS^^^^^^

***Mental Health & Substance Abuse<=<=<=<

>>**Handbook of Prevention and Treatment with Children and Adolescents** (1997).
Edited by R.T. Ammerman & M. Hersen. Published by Wiley.
Empirically grounded chapters cover major issues related to mental health needs within a sociocultural context.

>>**Is Youth Substance Abuse Up? Down? Neither?: Monitoring the Future Study**
Presents the results of the "Monitoring the Future Study," a national survey on substance abuse among high school seniors.   Entire document available at http://www.isr.umich.edu/src/mtf.
Contact the National Institute on Drug Abuse for free summary: 30l/443-1124.

>>**Predicting and Preventing Children's Substance Abuse: Substance Abuse in Children**
By Belcher & Shinitzky. Archives of Pediatrics & Adolescent Medicine (Vol. 152, October, 1998). Reviews the research literature on substance abuse in children and youth, and explores the factors that make some children more likely to abuse certain drugs. Available free at www.ama.assn.org/peds or from Dr. Belcher at the Kennedy Krieger Institute, 707 N. Broadway, Baltimore, MD 21205.

*** Schoolwide Programs<=<=<=<

>>**Implementing Schoolwide Programs: An Idea Book on Planning**
Presents methods and resources for planning "schoolwide programs" and for measuring their success. Focuses on the fact that schoolwide programs have the flexibility to combine federal, state, and local education funds. Features schools with a record of improving student performance. Book excerpts available at: http://www.ed.gov/pubs/Idea_Planning.

>>**After-School Care in Brief**
Created by The National Assembly on School-Based Health Care, this "briefing book" contains presentations on school-age care by experienced professionals from the perspective of community-based youth serving organizations. Contact: NASBHC, 1319 F St., NW #601, Washington, DC 2004; Ph: 202/347-2080; Fax: 202/393-4517; http://www.nassembly.org

>>**An Educators' Guide to Schoolwide Reform**
American Institutes for Research. Prepared for educators and others to use when investigating different approaches to school reform, this guide reviews the research on 24 "whole school," "comprehensive," or "schoolwide" approaches. Assesses strengths and weaknesses in terms of effects on student achievement, school support received, and first-year adoption costs. Contact: ERS Member Services Information Center, 2000 Clarendon Blvd, Arlington, VA 22201; Ph: 800/791-9308; Fax: 800/791-9309.

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     "...Americans are a peculiar people... If, in a local community,
     a citizen becomes aware of a human need that is not met, he
     thereupon discusses the situation with his neighbors. Suddenly
     a committee comes into existence.  The committee thereupon
     begins to operate on behalf of the need, and a new community
     function is established. It is like watching a miracle."
                                        de Tocqueville (1840).
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^^^^^^^UPCOMING INITIATIVES, CONFERENCES, WORKSHOPS^^^^^^^

>>**Partnerships for Preventing Violence -- Satellite Training Series**
Sponsored by Harvard School of Public Health, Education Development Center, Prevention Institute, Inc. On April 16th at 80 facilitated sites, participants will discuss and critically analyze

concepts related to using school-community partnerships to reduce school/community violence. Contact: 877/778-4774   Website -- www.walcoff.com/partnerships.

>>**20th National Institute on Legal Issues of Educating Individuals with Disabilities**
April 25-28, 1999 in San Francisco, CA. Institute workshops will explore challenging aspects of educating individuals with disabilities and are intended for both experienced professionals and lay personnel. Contact: LRP Publications Conference Division, 1555 King St. Suite 200, Alexandria, VA 22314; Ph: 703/684-0510 or 800/727-1227; Fax: 703/739-0489; E-mail: lrpconf@lrp.com.

FOR MORE CONFERENCE ANNOUNCEMENTS, REFER TO OUR WEBSITE AT http://smhp.psych.ucla.edu (Go to "Contents" then click on "Upcoming Events of Interest".)

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^^^^^^CALL FOR PROPOSALS AND PAPERS^^^^^^

>>**Invitation to Develop Manual**
Interprofessional Collaboration Advisory Board at the California State University, Fresno, invites participation in the development of a manual of classroom exercises that can be used to develop interprofessional collaboration skills. Contact: Betty Garcia, Ph: 559/278-2550 or 559/287-2629. http://www.csufresno.edu/interprof/trainidea.html. Deadline: April 9, 1999.

>>**Call for Proposals on Dropout Prevention**
The 11th Annual National Dropout Prevention Network Conference (December 5-8, 1999 in Austin, TX) seeks proposals for presentations on a variety of topics related to dropout prevention including: bilingual and multicultural issues, technology, alternative education programs, parent involvement, juvenile justice issues, and family/social issues. Contact: 1999 National Dropout Prevention Center, Clemson University, 209 Martin St., Clemson, SC 29634; Ph: 864/656-2599. Deadline: April 15, 1999.

>>**Afterschool Matters: Dialogues in Philosophy, Practice and Evaluation**
This new journal, dedicated to promoting professionalism, scholarship, and consciousness in the field of afterschool education, is seeking articles from a variety of disciplines that address the work of afterschool educators and the needs of the youth they serve.   Contact: Children and the Classics, 153 Waverly Place, 10th Floor, New York, NY 10014; Ph: 212/627-6643; E-mail: Childrenclassics@erols.com. Deadline for the second issue: June 1, 1999.

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No more prizes for predicting rain.
            Prizes only for building arks!
                        Lewis V. Gerstner, Jr.
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^^^^^^HELPFUL RESOURCES^^^^^^

>>**APA-Related Conferences**<<   http://www.apa.org/conf.html
Provides information on upcoming scientific and education conferences and workshops, and news on APA's 107th Annual Convention, to be held Aug. 20-24 in Boston.

>>**The Child Survivor of Traumatic Stress**<<
http://www.ummed.edu/pub/k/kfletche/kidsurv.html
This website contains an electronic newsletter for professionals who work with traumatized children. Topics cover specialized treatments and scales for assessing post-traumatic responses.

>> **Search Institute**<< http://www.search-institute.org
Presents research and resources on many areas affecting youth, such as families, schools and youth-serving organizations. It also describes institute training opportunities, and contains a quarterly magazine on youth development.

>>**Web Resources for Social Workers**<< http://www.nyu.edu/socialwork/wwwrsw
Site was designed to facilitate social workers' access to the world wide web. Includes an "internet detective tutorial" and categorizes relevant organizations and websites.

>>**Northwest Regional Educational Laboratory Comprehensive Center**<<
http://www.nwrac.org/index.html
This comprehensive center's site has undergone a major revision.

>>**The National Clearinghouse for Bilingual Education**<< http://www.ncbe.gwu.edu
Part of the Department of Education, this Clearinghouse's website focuses on critical issues involved in educating linguistically and culturally diverse students in the U.S. Presents research on state-by-state policies, a weekly updated news bulletin, and an on-line library that includes language and education links.

>>**The Children's Aid Society**<< http://www.childrensaidsociety.org
This website offers a model "Community School," demonstrating how to bring together parents, teachers, youth-serving organizations and community leaders.

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YOU CAN LINK TO OTHER MENTAL HEALTH RELATED SITES FROM OUR WEBSITE

 http://smhp.psych.ucla.edu   (Go to "Contents" then click on "Links to Other WWW Sites".)

   (Haven't visited our site lately? Click on "What's New" -- we add new materials every week.)

   If you have favorite sites you think others would find useful, let us know.

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^^^^^^^JOB ANNOUNCEMENTS^^^^^^^

>>>>**Adolescent Health Position, Dept. of Health and Human Services**<<<<
The Maternal and Child Health Bureau of the Health Resources and Services Administration has created a position in its Office of Adolescent Health for a behavioral health or public health scientist/clinician to provide leadership in program development for the early and pre-adolescent population. Contact: Trina Menden Anglin, Medical Officer and Acting Chief, Office of Adolescent Health; Ph: 301/443-4291; E-mail: TANGLIN@HRSA.GOV;
http://www.hrsa.gov/jobs/99-46.htm

^^^^^^^INTERNSHIPS & POST DOCTORAL TRAINING^^^^^^^

>>>>**School Psychology Internship**<<<<
APA accredited school psychology internship available in Erie, PA at the Sarah Reed Children's Center. Contact: Dr. Eric Schwartz; Ph: 814/838-1954.
>>>> <<<<

>>>>**Interdisciplinary Leadership Education in Adolescent Health**<<<<
University of Rochester program to develop the next generation of leaders in adolescent health. For advanced level applicants in core disciplines of medicine, nursing, psychology, nutrition, and social work. Training begins Sept. 1, 1999. Contact: Richard Kriepe, Project Director & Chief, Division of Adol. Medicine   Ph: 716/275-7844 E-mail: LEAH@urmc.rochester.edu Applications

are due by April 1, 1999.

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        We are learning to take seriously the caution that:
                After being around a few days, visiting experts
                -- like fish -- begin to smell a bit!
                #%#%%#%%#%#%%#%%#%#%%#%%#%%#%#%%
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COMMENTS/REQUESTS/QUESTIONS

>>>>**Response on Zero Tolerance (ENEWS January, 1999 (Vol. 3, No. 4) -- From Christopher Hodgman** (Rochester, New York, C&J_Hodgman@mlsonline.com)

"Can't help but respond to the Zero Tolerance Policy item. One of my patients was expelled from a southern school district when he brought an antique--eighteenth century-- pistol to school for show and tell."

Many responses to ENEWS issues are lengthy and controversial. Below are a few excerpts from recent comments. For the complete text, visit the Interact section of our website.

>> **Responses to Poverty Issue (ENEWS (Vol. 3, No. 5)**.

   ** **Poverty -- from: Mary Tolle** (RN, tolle@qnis.net)

"Whether or not talking about poverty is helpful seems irrelevant to me. It strikes me that once again we are focusing on a problem but not a solution. It is my understanding that what we focus on expands so it would behoove us to focus on solutions. ..." (She goes on to talk about meeting the goal of getting around obstacles -- see Interact on our website.)

  ** **Poverty/Test Score correlations -- from: Jonathan Wren** (wren@UTSW.SWMED.EDU)

"I know it is even more 'politically incorrect' to cite the book The Bell Curve, but that is really what leaps to mind here. ...." (He discusses that book and his own views -- see Interact on our website).

   ** **Poverty or Race? -- from: Steve Voiles** (special education, voileslink@earthlink.net)

"According to the Minneapolis Star Tribune's front page story from May 25, 1996, it is very clear that the higher the enrollment of students from poverty, the lower the test scores for that school; the less affected a given school is by poverty, the higher the scores...." (He contrasts this report with the tendency report scores by race -- see Interact on our website.)

   ** **Poverty -- from: James Breiling** (NIMH, jbreilin@mail.nih.gov)

"Personally, I share Lou Sahagun's view that talking about poverty may have become politically incorrect.... Unfortunately, research findings of high import for effective efforts are not getting the attention they should ...." (Jim goes on to highlight the work of Hart & Risley and to discuss a variety of related matters -- see Interact on our website.)

Jim also responded re. **Violence Prevention (ENEWS January, 1999 (Vol. 3, No. 5) --**

"Phil Leaf asked about violence prevention programs in schools. In looking at these programs, several questions come to mind...." (He explores the definition of violence and research-based interventions -- see Interact on our website.)

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You can respond directly to the above folks via E-mail:
And, so we can let others know about what you share,
please send us a copy too -- smhp@ucla.edu

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NEWS FROM OUR CENTER AND OUR SISTER CENTER

The CENTER for MENTAL HEALTH in SCHOOLS, UCLA:

>>>**New Introductory Packets**

   ** "Social and Interpersonal Problems Related to School Aged Youth"

   ** "Affect and Mood Problems Related to School Aged Youth"

Each of these packets provides a broad understanding of what causes such problems and what society in general and schools in particular need to do to address them. It serves as a starting point for increasing awareness of assessment and treatment. Included are excerpts from a variety of sources, including government fact sheets and the classification scheme developed by the American Pediatric Association. "Symptoms" are discussed in terms of degree of severity and appropriate forms of intervention- ranging from environmental accommodations to behavior management to medication. Because the intent is only to provide a brief overview, also included is a set of references for further reading and a list of agencies that provide information on these problems and relevant interventions. This packet will soon be available on our website for downloading in PDF form.

>>>**New Guidebook**

   ** "School-Community Partnerships: A Guide

This document is designed as an introduction to the topic of school-community partnerships and as a resource aid. The content briefly (a) underscores the "why" of school-community partnerships, (b) highlights their nature and key dimensions, (c) sketches out the state of the art across the country and in one major locality, (d) offers some recommendations for local school and community policy makers, (e) discusses steps for building and maintaining school-community partnerships, and (f) includes some tools for developing such partnerships.

>>>**Watch for our Winter Newsletter** -- it should be showing up by snail mail soon.
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As fast as we can, we are adding our materials for Internet access (in PDF file format for easy downloading). Refer to the resources section of our web site for directions on downloading.

   http://smhp.psych.ucla.edu.

FOR THOSE WITHOUT INTERNET ACCESS, ALL RESOURCES ARE AVAILABLE BY CONTACTING THE CENTER.
Let Us Hear From You: E-mail: smhp@ucla.edu   Ph: 310-825-3634   Fax: 310-206-5895

Write: Center for Mental Health in Schools, Department of Psychology,
     UCLA Box 951563   Los Angeles, CA 90095-1563
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>>>If you are not currently a subscriber to ENEWS, please note our new subscriber address. Because of recent technical problems we have shifted servers for the ENEWS. All previous subscribers were transferred over. New subscribers can receive ENEWS every month automatically at no charge by doing the following:. Send an E-mail request to: listserv@listserv.ucla.edu. Leave the subject line blank, and in the body of the message type: subscribe mentalhealth-l (by the way, that last character is an "l" as in larry, not the number 1). To remove your name from the mailing list type: unsubscribe mentalhealth-l.

To post messages to ENEWS, E-mail them to smhp@ucla.edu.

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^^^NEWS FROM OUR SISTER CENTER
-- The Center for School Mental Health Assistance (CSMHA)
at the University of Maryland at Baltimore

>>Mark Weist, the director of CSMHA, is the Chair of the American School Health Association's (ASHA) new section for Mental and Social Health Professionals. He reports that the section is planning a number of special events for the October 27-31 ASHA conference in Kansas City. For information on joining this section, contact Pam Quinn 330/678-1601.

>>Mark also has been nominated and has agreed to run for the Presidency of the National Assembly for School-Based Health Care. This is the first time that the organization has moved from a designated slate to nominations. In addition, Mark Weist, along with John Schlitt, was guest co-editor of a special issue of the Journal of School Health (Vol. 68, No.10, Dec 1998) entitled "Alliances and School-Based Health Care (SBHC)." Articles include information on School-Based Health Centers and the context of educational reform, collaboration with school nurses, training for school-based health professionals, family involvement in school mental health, community partnerships, managed care issues, and the impact of insurance expansions on SBHCs.

>>Upcoming from CSMHA:

   *Annual Conference (Sept. 16-18, 1999 in Denver, CO). For information call the Center.

   * Call for Regional School Mental Health Programs -- Please submit information about regional school mental health programs to include in CSMHA's revised directory, due for distribution in the Spring of 1999. The format for this submission is on the website (http://csmha.ab.umd.edu) or can be mailed or faxed by calling (888/706-0980).

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 For those who wish to be on their mailing list, please contact:
   CENTER FOR SCHOOL MENTAL HEALTH ASSISTANCE
   University of Maryland at Baltimore , Department of Psychiatry
   680 West Lexington Street, 10th fl., Baltimore, MD 21201; Ph:
   888/706-0980; E-mail: csmha@csmha.ab.umd.edu; http://csmha.ab.umd.edu

The Center for School Mental Health Assistance (CSMHA) at the University
   of Maryland at Baltimore, Department of Psychiatry, is a national training
   and technical assistance center designed to promote the expansion and
   improvement of mental health services for school-aged children and youth.
   The CSMHA is directed by Mark Weist, Ph.D. and Olga Acosta, Ph.D. is
   the Program Coordinator.

Like our center, the CSMHA is supported by the Maternal and Child Health
   Bureau, Office of Adolescent Health, Health Resources and Services
   Administration, U.S. Department of Health and Human Services.

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IS THERE ANYTHING YOU'D LIKE US TO INCLUDE IN THE NEXT ISSUE?
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THIS IS THE END OF THIS ISSUE OF ENEWS
Below is a brief description of our Center.

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WHO ARE WE?

Under the auspices of the School Mental Health Project
in the Department of Psychology at UCLA,
we have established a Center for Mental Health in Schools.
The Project and Center are co-directed by Howard Adelman and Linda Taylor.

Our group at UCLA approaches mental health and psychosocial concerns
from the broad perspective of addressing barriers to learning and promoting
healthy development. Specific attention is given policies and strategies
that can counter fragmentation and enhance collaboration between school
and community programs.

We are involved in model development and implementation, training and
technical assistance, and policy analysis. Our activities include gathering
and disseminating information, materials development, direct assistance,
and facilitating networking and exchanges of ideas.

For more information about the Center or about ENEWS,
contact Perry Nelson, Howard Adelman, or Linda Taylor at

UCLA School Mental Health Project/Center for Mental Health in Schools

Voice: (310) 825-3634
Fax: (310) 206-5895
E-mail: smhp@ucla.edu
Web Site: http://smhp.psych.ucla.edu
Write: School Mental Health Project
            /Center for Mental Health in Schools
            Dept. of Psychology, UCLA ,
            Box 951563, Los Angeles, CA 90095-1563.

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