ENEWS -- A Monthly Forum for Sharing and Interchange

Source: UCLA SCHOOL MENTAL HEALTH PROJECT/ CENTER FOR MENTAL HEALTH IN SCHOOLS

March, 1998 -- (Vol. 2, # 6)

WHAT IS ENEWS? (for those who don't know)

This forum is another link for those concerned with enhancing policies, programs, and practices related to addressing barriers to student learning and promoting mental health in schools. It augments the other ways our Center shares information and facilitates interchange and networking.

FEEL FREE TO FORWARD THIS TO ANYONE.

WHAT'S HERE THIS MONTH

**Emerging Issue:

^^^Calls for Managed Care Reforms

- **Responses/Requests/Questions from our ENEWS subscribers:
- **News from around the country (new projects, recent publications, reports, resources)

^^^Recent Publications

- Safe passage: making it through adolescence in a risky society
- Family involvement in children's learning: successful local approaches
- 50 Strategies for substance abuse treatment
- Money and schools: a handbook for practice
- Health is Academic
- Results-Based Budgets Guide
- Welfare Reform and Children
- Applications of Developmental Science
- -Youth 95 -- Multimedia CD Rom

^^^Upcoming conferences, initiatives, workshops

^^^Helpful resources

^^^Job Opportunities

**News From Our Center and Sister Center

^^^ New On-Line Resources

^^^From the Center's Clearinghouse

To post messages to ENEWS, E-mail them to: smhp@ucla.edu If you were sent ENEWS indirectly, you can be added to our list at no charge by sending an E-mail request to:

maiser@bulletin.psych.ucla.edu

leave the subject line blank, and in the body of the message type: subscribe mentalhealth

To remove your name from the mailing list type: unsubscribe mentalhealth

Teachers can tell you who needs help and in what areas
when children are still very young.
It doesn't take a lot of sophisticated expertise.
Yet many kids languish until their problems become exacerbated.
Robert Illback, January 1998.
From *Monitor*. American Psychological Assn.

EMERGING ISSUE

>>>>Calls for Managed Care Reforms

*Analyses of problems and complaints about managed care (mental health and medical care) are prompting heated discussions about "mid-course corrections" and offering warnings to those in the planning stages.

(See the Winter `98 Newsletter of the National Mental Health Consumers' Self-Help Clearinghouse; also see the article entitled "The Doctor is Not In: On the Managed Failure of Managed Health Care" by Ronald Glasser in the March issue of Harper's Magazine).

As more and more states move into mental health managed care, this is the time to work toward policy reforms and guidelines. Please share your insights on WHAT SHOULD BE DONE TO PREVENT MH MANAGED CARE ABUSES?

We will include any responses we receive in the next ENEWS issue and/or on our website.

RESPONSES/REQUESTS/QUESTIONS FROM ENEWS SUBSCRIBERS:

>>>>From Bernard Arons (Director, Center for Mental Health Services, U.S. Department of Health and Human Services)

Readers ...may be interested in being reminded about the Federal agency, The Center for Mental Health Services, and our web page (www.mentalhealth.org).

At the moment, for example, there is a notice about grant funds available for developing comprehensive systems of care for children with serious emotional disturbances and their families. Applications are due soon.

Gary DeCarolis from the same agency notes that readers will also want to tune into the grant programs for a Native American Children's Mental Health Initiative (Circles of Care) and the Family Network Support Program.

>>>>From Lauren Abramson (John Hopkins University): In response to the issue regarding Early-age Screening Programs

After working in various aspects of early intervention/infant mental health/Head Start for the past 15 years, I have the following (probably unpopular) observations regarding screening issues:

We don't really need better screening tools. We need more qualified people who can work with children, families and their communities to address the problem.

Many people who interact with infants and/or toddlers and/or preschoolers are quite sure which ones have difficulties. These astute observers (screeners) are parents, relatives, teachers, day care workers, etc. However, I STILL hear WAY too often about parents who know that something is not right with their child and get the response: "They'll grow out of it," or "He's just being a boy."

Or, the other scenario is that the problem is identified, "officially," but there are too few practitioners with the appropriate training to provide services for infant, toddlers and preschoolers.

Part of the solution is to fund more training programs. I am currently trying to get one started in our Child Psychiatry Division, though I suspect that an interdisciplinary effort will ultimately serve us better.

>>>>From Barbara Friesen (Portland State University):

The web address in your Winter, 1998 newsletter for the monograph on "Medicine and Public health: The Power of Collaboration" is incorrect. It is http://www.nyam.org/pubhlth/

Our thanks to all the above respondents.

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#### Let us hear from you:

E-mail: smhp@ucla.edu Phone: (310) 825-3634

Write: Center for Mental Health in Schools

Department of Psychology, UCLA Los Angeles, CA 90095-1563



#### ***NEWS FROM AROUND THE COUNTRY***

#### ^^^^^RECENT PUBLICATIONS^^^^^

# >>>Safe Passage: Making it Through Adolescence in a Risky Society<<<<

By Joy Dryfoos (1998). Examines hundreds of successful programs that have worked in the real world, including efforts toward creating full-service schools and community schools designed to make the school the hub of a neighborhood -- serving as enrichment centers and safe havens. Emphasizes working aspects of programs trying to cope with sex, drugs, and violence -- all of which has major implications for policy change. Oxford University Press.

# >>>>Family Involvement in Children's Learning: Successful Local Approaches<<<<

Strategies used by 20 local Title I programs to overcome barriers to parent involvement are featured in this book. The full text of this idea book is at http://www.ed.gov/pubs/FamInvolve.

# >>>>50 Strategies for Substance Abuse Treatment<<<<

Describes discrete interventions. Issued by Substance Abuse and Mental Health Services Administration's Center for Substance Abuse Treatment. Designed to provide enough information about each intervention to allow for informed judgement regarding its applicability to specific situations. Hard copy available from the National Clearinghouse for Alcohol and Drug Information, P.O.Box 2345, Rockville, MD 20847-2345. Phone: 1-800-729-6686 TDD: 1-800-487-4889; Web site: http://www.samhsa.gov.

### >>>>Money and Schools: A Handbook for Practitioners<<<<

By D.C. Thompson and R.C. Wood (1998). Delivers practical information on school finance and budgeting. Contact: Eye on Education, 6 Depot Way West, Larchmont, NY 10538; Phone: (914)833-0551; Fax: (914)833-0761.

#### >>>>Health is Academic: A Guide to Coordinated School Health Programs<

Edited by E. Marx & S. Wooley. Discusses the need for and nature of coordinated school health programs and action steps to implement them. Contact: Teachers College Press (1998). Phone: (212) 678-3963; Fax: (212) 678-4149; E-mail: ns232@columbia.edu; Website: http://www.tc.columbia.edu/~tcpress

# >>>>A Guide to Developing and Using Performance Measures in Results-Based Budgeting (1997) <<<<<

Provides examples of program performance measures related to education, health, child welfare, welfare reform, mental health, juvenile justice, and child care licensing. The Finance Project, a nonprofit organization established by a consortium of national foundations, focuses on policy to improve effectiveness, efficiency, and equity of public financing for education, other children's services, and community building and development. Contact: The Finance Project, 1000 Vermont Ave. NW., Suite 600, Washington, DC 20005; Phone: (202) 628-4200; Web site: http://www.financeproject.org

# >>>>New Series on Welfare Reform from a Children's Perspective (1997)<

The first publication in the series, *How Welfare Reform Can Help or Hurt Children*, describes the research base for National Center for Children in Poverty (NCCP)'s framework to assess welfare changes from a children's perspective and points to lessons from current and past welfare-to-work evaluations. The second issue, *Anticipating the Effects of Federal and State welfare Changes on Systems that Serve Children*, explores how federal and state welfare initiatives may impact state and community policies and systems that serve children and families. The third issue, *The New welfare Law and Vulnerable Families: Implications for Child Welfare/Child Protection Systems*, examines the potential impact of P.L. 104193 on vulnerable families already in or at risk of entering the child welfare/child protection system. Contact: Stanley Bernard, Coordinator, Phone: (212) 304-7126.

#### >>>>Applications of Developmental Science<<<<

The February 1998 issue of the <u>American Psychologist</u> contains several articles relevant to addressing barriers to development and learning and fostering mental health. These include: Early intervention and early experience; an overview of the nature, causes, and consequences of abusive family relationships; adolescent pregnancy and parenthood; five perspectives on the association between marital transitions and children's adjustment; and others.

#### >>>>Youth 95<<<<

Multimedia CD-ROM that gives access to four years of national, state, and local Youth Risk Behavior Survey (YRBS) data through an easy-to-use graphical computer program. Youth 95 is designed to help state and local health and education officials use YRBS data to improve school-based and community-based

programs and policies for youth. Available at no cost from: Division of Adolescent and School Health, National Center for Chronic Disease Prevention, Centers for Disease Control and Prevention, 4770 Buford Highway, NE MS-K33, Atlanta, GA 30341-3724; Phone: (770)488-3257.

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Accountability should not simply be a mantra. It is an invaluable facet of effective practice; but its just one facet and only makes sense when the other facets are properly planned and implemented.

(See our Center's Winter 1998 Newsletter on this topic.)

# ^^^^^UPCOMING CONFERENCES, INITIATIVES, WORKSHOPS^^^^^

#### >>>>A National Satellite Teleconference on School Reform<<<<

Teachers and principals from award-winning schools across the country, along with nationally recognized researchers, will discuss strategies that have helped turn schools around -- includes moderated panel discussions on student learning, learning communities and professional development, and engaging the community. Registrants will receive additional information and materials, including "No Excuses," a not-yet-released guide for turning schools around. March 24, 1998 from 3:30 - 5:00 Eastern time. For more information, see http://www.mcrel.org/thelatest/teleconference.html.

# >>>"Public Health in the 21st Century" <<<<

Bringing together behavioral and social scientists and public health professionals in an interactive program. Themes: Risk factors, Interventions, and Evaluations May 7-9, 1998 in Atlanta, GA. Contact: American Psychological Association, 750 First Street, NE; Washington, DC 20002-4242; Phone: (202)336-5817; Fax: (202)336-5693.

#### >>>>What's Right with Kids: Developing Tomorrow's Leaders

This summer leadership institute is conducted by Clemson University's College of Health, Education, and Human Development. Will include topics such as mapping community assets, counseling and mentoring at risk youth, building resiliency, creating recreation programs to promote youth development, integrating technology into youth programs. June 28-July 1, 1998 at Clemson Univ. Contact: National Dropout Prevention Center, Clemson Univ., 205 Martin St., Clemson, SC 29634-0726

#### >>>>1998 CSMHA National Conference<<<<

Center for School Mental Health Assistance (CSMHA) at the University of Maryland at Baltimore, will host the 3rd National Conference on Advancing School Mental Health in September 25 and 26, 1998, in Virginia Beach, VA. CSMHA is also seeking school mental health programs to highlight in general sessions.



# For more conference announcements, see our website at http://smhp.psych.ucla.edu

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^^^^CALL FOR PROPOSALS AND PAPERS^^^^^

## >>>>The Journal for Early Adolescence<<<<

Seeks manuscripts for a special issue on positive social behaviors during early adolescence. Deadline for submissions: May 15, 1998. Contact: Gustavo Carlo, Dept. of Psychology, University of Nebraska at Lincoln, Lincoln, NE 68588-0308; E-mail: gcarlo@unlinfo.unl.edu

#### >>>>Robert Wood Johnson Foundation Grants

## *Investigator Awards in Health Policy Research

The Robert Wood Johnson Foundation offers these awards grants -- ranging from \$100,000 to 250,000. Contact: Barbara Krimgold, Dep. Dir., Association for Health Services research, 1130 Connecticut Ave., N.W., Suite 700, Washington, DC 20036 (202) 223-2477 http://www.ahst.org Deadline -- April 10, 1998

# *Covering Kids: A National Health Access Initiative for Low Income, Uninsured Children

Will support 15 state-local coalitions over a 3 year period. Each coalition is expected to design both a statewide project and 2-3 community-based pilots. Grants range from \$500,000 to \$1 million. Contact: Vicki Grant, Dep. Dir., Southern Institute on Children & Families, 620 Sims Ave. Columbia, SC 29205 (803) 779-2607 Deadline: May 1, 1998.

#### >>> Call for Presenters at the Tenth Annual National Dropout Prevention Network Conf.

Conference will be held in Detroit, October 18-21, 1998. Contact: National Dropout Prevention Center/Network Conf., Clemson Univ., 205 Martin St., Clemson, SC 29634-0726 Deadline: April 15, 1998.

>>>>Did you know?

## ^^^^Reimbursement for Serving Food in After-school Programs^^^^^

The US Department of Agriculture offers reimbursement to schools for serving a snack and a supper during after-school programs. Contact: Karen Howard, Director of Special Nutrition Programs in USDA's Regional Office at (415)705-2229 ext. 401.

### ^^^^HELPFUL RESOURCES^^^^^

### >>>The National School-To-Work Office<<<< http://www.stw.ed.gov

Provides information for developing school-to-work systems; offers resource bulletins, grant information, available research, and a chat room to share lessons learned.

# >>>>Human Development & Family Life Bulletin<<<< http://www.hec.ohio-state.edu/famlife/bulletin/bullface.htm

Newsletter for professionals to exchange information about research and practice concerning children, youth, and families. To receive the Bulletin, send an e-mail to Listserv@agvax2.ag.ohio-state.edu with the words "subscribe HDFL-Bulletin" in the body of the message. You will receive quarterly newsletters. View current or back issues at the Human Development and Family Life Education web site at http://www.hec.ohio-state.edu/famlife/index.htm.

# >>>PREVENTION Alert <<< http://www.samhsa.gov

A one-page fax and Web site service that provides information on the latest developments in substance abuse prevention, including emerging trends, research findings, innovative programs, and new publications, by Substance Abuse and Mental Health Service Administration's Center for Substance Abuse Prevention. Designed to help prevention policy makers, planners, and service providers. Available at Web site or send emails to gensley@samhsa.gov.

# >>>>Office of National Drug Control Policy Website<<<< http://www.whitehousedrugpolicy.gov

An online source for instant access to information essential to the development and implementation of drug policy. Includes promising drug prevention, treatment, and enforcement programs; research findings; tips for parents; emerging drug problems; current data on drug use; and others.

#### >>>American Psychological Association expands web site <<< http://www.apa.org

Beginning Jan. 1, the web site became a comprehensive database that offers a variety of ways to access information. Three main features of the upgrade are: 1) Access to the full texts of APA journal articles from 1995 to the present, 2) An easy-to-read site map, and 3) The concept corridor which conveniently assembles masses of information under several commonly used key words.

### >>>>Cross-Site Index<<</ http://www.ed.gov/Search

A new feature of the U.S. Department of Education's redesigned homepage, "Cross-Site Indexing Project" allows you to search quickly the complete contents of 150 and more Ed-sponsored websites.

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You can also link to other mental health related sites from our website, http://smhp.psych.ucla.edu

(If you haven't visited our site lately, click on "What's New" -- we add new materials every couple of weeks).

If you have favorite sites you think others would find useful, let us know.

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#### ^^^^^JOB ANNOUNCEMENTS^^^^^

## >>>>Assistant Professor in Multicultural, Gender, or Diversity<<<<

The Department of Psychology at the University of Rhode Island invites applications for a tenure-track faculty position starting Fall 1998. Review of applications will begin on March 15, 1998 and will continue until the position is filled. Submit a curriculum vitae, three letters of reference, and representative reprints to: Dr. Patricia J. Morokoff, Search Committee Chair, Log #021321, P.O.Box G, University of Rhode Island, Kingston, RI 02881.

## >>>>Fellowships/Traineeships<

The Univ. of Rochester has been awarded a grant by the federal Maternal Child Bureau to develop the next generation of leaders in adolescent health. An interdisciplinary training team educates trainees in interdisciplinary leadership with an emphasis on effective and efficient ways of improving the health of adolescents in the United States. The team is seeking qualified and advanced-level applicants in the core disciplines of Medicine, Nursing, Nutrition, Psychology, and Social Work. Post-residence, post-doctoral and post-master fellowships in adolescent medicine are one to three years duration. Stipends for salary, travel, and tuition are available. No application deadline has been set and the search is ongoing. For further information, contact: Richard Kreipe, Chief, Division of Adolescent Medicine, Dept. Of Pediatrics, Childrens Hospital at Strong, University of Rochester Medical Center, 601 Elmwood Ave., Box 690, Rochester, NY 14642; Phone: (716)275-7844; Fax: (716)242-9733; E-mail: rkre@db6.cc.rochester.edu

#### >>>Postdoctoral Research Fellow<<<<

John Hopkins Univ., Center for Research on Students Placed At Risk (CRESPAR) seeking individuals with degree in early childhood education, developmental psychology, educational psychology, sociology of education, education, or related fields. Contact: Barbara Wasik, John Hopkins Univ., CSOA, 3003 N. Charles St., Baltimore, MD 21218

Deadline: until filled out.

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Two analysts pass each other in the hall.
One says, "Hello." The other thinks,
"I wonder what he meant by that?"
R. Hilsman

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# ^^^NEWS FROM OUR CENTER^^^^

In early March, we convened representatives of the steering committee that will formulate plans for the work of the Coalition for Cohesive Policy in Addressing Barriers to Learning. Over 70 organizations have already indicated a desire to be part of the coalition and others are still signing on. A report from the committee will be circulated next month. If you are interested in being part of the coalition, please contact us.

#### ^^^AVAILABLE FROM THE CENTER'S CLEARINGHOUSE^^^

A new technical assistance sampler entitled: *Thinking about and Accessing Policy related to Addressing Barriers to Learning*. Provides basic references, resources for facts relevant to showing policy need, examples of models demonstrating policy initiatives, lists policy-oriented agencies, resources centers, websites, etc.

#### For those on the Internet:

- >>New Search Engine -- Our clearinghouse database has been added to our website -- with a search engine to facilitate finding specific resources.
- >>Downloading our Materials -- In a couple of weeks we will transfer materials that are frequently requested into a format for easy downloading (PDF files). Over time, we will gradually convert all our resources into this format. (The format uses the Acrobat reader which is easily download through the Internet.)

Let Us Hear From You: E-mail: smhp@ucla.edu

Phone: (310) 825-3634 / Fax: (310) 206-5895

Write: Center for Mental Health in Schools Department of Psychology, UCLA

Box 951563

Los Angeles, CA 90095-1563

# NEWS FROM OUR SISTER CENTER -- The Center for School Mental Health Assistance at the University of Maryland at Baltimore

>>>>School-Based Mental Health Resources<<<

School-based mental health program resource packets are available from the Center for School Mental Health Assistance. These resource packets contain information to help school administrators and education professionals, health and mental health care providers, parents, and community groups understand the issues, the rationale, and the components of placing mental health services in the school setting. Topics addressed include: program development and operation, mental health issues commonly confronted in schools, family involvement, crosscultural issues, interdisciplinary collaboration, legal/ethical issues, funding strategies, a bibliography, and listings of organizational resources and state maternal and child health directors. The packets are \$15 each (including postage).

For those who wish to be on our sister center's mailing list, please contact:

CENTER FOR SCHOOL MENTAL HEALTH ASSISTANCE

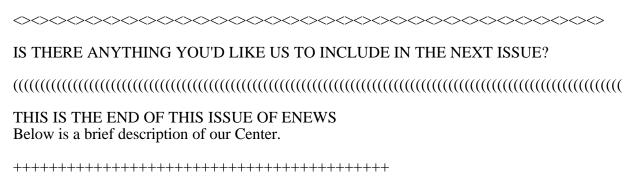
University of Maryland at Baltimore Department of Psychiatry 680 West Lexington Street, 10th flr. Baltimore, Maryland 21201-1570

Phone: (888)706-0980 Fax: (410)706-0984

E-mail: csmha@csmha.ab.umd.edu Website: http://csmha.ab.umd.edu/

The Center for School Mental Health Assistance (CSMHA) at the University of Maryland at Baltimore, Department of Psychiatry, is a national training and technical assistance center designed to promote the expansion and improvement of mental health services for school-aged children and youth. The CSMHA is directed by Mark Weist, Ph.D. and co-directed by Bernice Rosenthal, M.PH.

Like our center, the CSMHA is supported by the Maternal and Child Health Bureau, Office of Adolescent Health, Health Resources and Services Administration, U.S. Department of Health and Human Services.



#### WHO ARE WE?

Under the auspices of the School Mental Health Project in the Department of Psychology at UCLA, we have established a Center for Mental Health in Schools. The Project and Center are co-directed by Howard Adelman and Linda Taylor.

Our group at UCLA approaches mental health and psychosocial concerns from the broad perspective of addressing barriers to learning and promoting healthy development. Specific attention is given policies and strategies that can counter fragmentation and enhance collaboration between school and community programs.

We are involved in model development and implementation, training and technical assistance, and policy analysis. Our activities include gathering and disseminating information, materials development, direct assistance, and facilitating networking and exchanges of ideas.

For more information about the Center or about ENEWS contact Perry Nelson, Judy Onghai, Howard Adelman, or Linda Taylor at

UCLA School Mental Health Project Center for Mental Health in Schools

Voice: (310) 825-3634 Fax: (310) 206-5895 Email: smhp@ucla.edu

Web Site: http://smhp.psych.ucla.edu

Write: School Mental Health Project/Center for Mental Health in Schools

Dept. of Psychology, UCLA, Box 951563, Los Angeles, CA 90095-1563.

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