## **ENEWS -- A Monthly Forum for Sharing and Interchange**

Source: UCLA SCHOOL MENTAL HEALTH PROJECT/ CENTER FOR MENTAL HEALTH IN SCHOOLS

January, 1999 -- (Vol 3, #4)

WHAT IS ENEWS? (for those who don't know)

This forum is another link for those concerned with enhancing policies, programs, and practices related to addressing barriers to student learning and promoting mental health in schools. It augments the other ways our Center shares information and facilitates interchange/networking.

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FEEL FREE TO FORWARD THIS TO ANYONE.

## WHAT'S HERE THIS MONTH

\*\*Emerging Issue

^^^Zero Tolerance Raises Concerns Across Nation

\*\*News from around the Country

^^^Recent Publications Relevant to Prevention Physical & Mental Health Concerns

^^^Upcoming Initiatives, Conferences, Workshops

^^^Helpful Resources

^^^Job Opportunities

^^^Internships & Postdoctoral Training

\*\*Comments/Requests/Questions from the Field

\*\*News From Our Center and Sister Center

To post messages to ENEWS, E-mail them to: smhp@ucla.edu If you were sent ENEWS indirectly, you can be added to our list at no charge by sending an E-mail request to: listserv@listserv.ucla.edu

(Please note new E-mail address to subscribe.)

leave the subject line blank, and in the body of the message type:

subscribe mentalhealth-l

To remove your name from the mailing list type:

unsubscribe mentalhealth-l

We are ever hopeful that last month's multiple transmission problem is solved. (But then again, the machine is full of surprises!)

## \*\*\*EMERGING ISSUE\*\*\*

#### >>>>Zero Tolerance Raises Concerns Across Nation<<<<

Many schools have moved to immediate expulsion if a student brings a weapon to school. Recently, the National Coalition of Advocates for Students published the following resolution on zero tolerance policies. An excerpt highlights basic concerns:

"...the current national trend toward zero tolerance policies requires predetermined, harsh and immediate consequences for a growing list of infractions resulting in long-term or permanent exclusion from public school, regardless of the circumstances, and often without due process. ...such policies are more likely to result in increased drop-out rates and long-term negative consequences for children and communities. ...such policies have a disparate impact on children of color, and do not result in safe schools and communities. ...alternatives to such policies could more effectively reduce the incidence of violence and disruption in our schools, including but not limited to:

- \* Creating positive, engaging school environments;
- \* Provision of positive behavioral supports to students;
- \* Appropriate pre-and in -service development for teachers; and
- \* Incorporating social problem-solving skills into the curriculum for all students."

Many readers of ENEWS have insights, experiences, and viewpoints on this topic. Let us hear from you so we can disseminate lessons learned and strategies (in the next issue of ENEWS and/or on our website)

E-mail: smhp@ucla.edu Phone: (310) 825-3634 Write: Center for Mental Health in Schools, Department of Psychology, UCLA Los Angeles, CA 90095-1563

## \*\*\*NEWS FROM AROUND THE COUNTRY\*\*\*

### >>Leadership Development Initiative<<<<

Zero to Three, a National Center for Infants, Toddlers and Families, is launching a new leadership development initiative to recruit and develop the next generation of leaders to support the health of infants, toddlers, and their families. The initiative supports a series of individualized career enrichment experiences and provides a connection to a large network of leaders in the infant/family field. Contact: Liz Closter; Ph: 202/638-1144; E-mail: L.Closter@zerotothree.org; http://www.zerotothree.org/leaders\_intro.html.

## >>Families and Schools Together (FAST) Program<<<<

Families and Schools Together for at-risk youth is a family-therapy based, multi-family group approach to prevent mental health disorders. The goals are to intervene early to help at-risk youth to succeed in the community, at home, and in school and to reduce the likelihood of becoming a juvenile delinquent. The program was featured in Juvenile Justice Bulletin (November, 1998) from the Office of Juvenile Justice and Delinquency Prevention. Contact: Lynn McDonald, FAST Program Founder, Wisconsin Center for Education Research, University of Wisconsin, Madison, 1025 W. Johnson, Madison, WI 53706; Ph: 608/263-6448; Fax: 608/263-6448; E-mail: mrmcdona@facstaff.wisc.edu.

## >>Position Statement on Effective Parenting: Positive Support for Families

The National Association of School Psychologists and the Center for Effective Discipline. The statement supports use of discipline practices that treat children with respect while encouraging self-control and caring for others and outlines parenting practices to prevent development of behavior problems. Contact: National Association for School Psychologists, 4340 East West Highway, Suite 402, Bethesda, MD 20814; Ph: 301/657-0270; E-mail: NASP8455@AOL.COM

## >>>>Teen Birth Rates Drop in All States During the 1990s<<<<

After increasing sharply in the late 1980's, birth rates declined among teenagers from 1991 through 1997, according to a December report from the National Center for Health Statistics. Overall, teen birth rates dropped 16 percent for teens ages 15-17 and 11 percent for teens ages 18-19. Declines were reported for all race and ethnic origin group, with the largest declines found for black teenagers. The most substantial change was noted in the rate of second births to teenagers, with a decline of 21 percent. From "Declines in Teenage Birth Rates, 1991-1997: National and State Patterns."By Ventura, S. J.; Mathews, T.J.; Curtin, S.C. National Statistics Report. 1998, 47 (12). http://www.cdc.gov/nchswww/data/nvs47\_12.pdf.

## >>>>Adolescent Drug Use Leveling Off<<<<<

Illicit drug use among adolescents continues to decline, according to the 1998 "Monitoring the Future" survey on students' use of and attitudes toward drugs, conducted by the University of Michigan's Institute for Social Research. Students were also asked about their attitudes toward those who used drugs, the availability of drugs, and their perceived harm of using an illicit drug. Further information and the survey data tables and reports are available at http://www.isr.umich.edu/src/mtf.

### >>>>Prevention<<<<

## >>Effective Family Strengthening Interventions

By Karol Kumpfer and Rose Alvarado. Juvenile Justice Bulletin (November 1998), issued by the Office of Juvenile Justice and Delinquency Prevention, focuses on effectiveness of family intervention programs and parent training. Contact: Juvenile Justice Clearinghouse, P.O.Box 6000, Rockville, MD 20849; Ph: 800/638-8736; Fax: 301/519-5212; E-mail: askncjrs@ncjrs.org.

#### >>Prevention First: Prevention Forum

Prevention Forum (Vol.19, No. 1, Fall/Winter 1998) includes the following articles:

- \* School-Based Violence: History, Evolution, and Prevention.
- \* A look at School-Based Violence Prevention Programs.
- \* The ABC's of Reducing School Violence.

Contact: Prevention First Incorporated, 2800 Montvale Dr., Springfield, IL 62704; Ph: 800/252-8961; http://www.prevention.org.

## >>Teen Pregnancy: State and Federal Efforts to Implement Prevention Programs and Measure Their Effectiveness

The General Accounting Office examined eight states with established teenage pregnancy prevention programs. Findings include: 1) state strategies, 2) impact of welfare reform, 3) evaluations of states' prevention programs, and 4) teen pregnancy prevention activities the federal government supports. Available at http://www.gao.gov/new.items/he99004.pdf

## >>Some Things Do Make a Difference for Youth: A Compendium of Evaluations of Youth Programs and Practices

By Thomas J. Smith. A collection of summaries of 69 evaluations, studies, and reports covering 49 youth interventions. Provides basic principles of effective youth initiatives which involve: adult support, structure and expectations; creative forms of learning; a combination of guidance and connections to the workplace; support and follow up; youth as resources; and implementation quality. Contact: Samuel Halperin, the American Youth Policy Forum, Suite 719, 1001 Connecticut Ave., NW, Washington, DC 20036; Ph: 202/775-9731; Fax: 202/775-9733.

#### >>The Forgotten Half Revisited: American Youth and Young Families 1988 - 2008 American Youth Policy Forum. Reviews accomplishments of the nation for late-adolescents and young adults over the last decade. Contact: American Youth Policy Forum, 1836 Jefferson Place, NW, Washington, DC 20036.

#### >>>Physical & Mental Health Concerns<<<<

#### >>The Outreach Sourcebook: Rural Health Demonstration Projects, 1994 to 1997 Office of Rural Health Policy. Evaluates the office's Rural Health Services Outreach Grants and findings on rural health care needs, including primary and preventive health care, emergency medical services, hospice care, dental care, substance abuse treatment, mental health counseling and programs. Contact: Office of Rural Health Policy, The Health Resources and Services Administration; Ph: 301/656-3100; Available at http://www.nal.usda.gov/orhp.

### >>Covering Children's Health

Casey Journalism Center. Report on mapping children's health from infancy through adolescence. Topics include the Children's Health Insurance Program; Managed Care: How does it affect children's health care?; Poverty and Children's Health; Giving Hope Without Hype; and Respecting the Privacy of Children. Contact: John Reiss, Director, Policy and Program Affairs Institute for Child Health Policy, 5700 SW 34th Street, Suite 323 Gainesville, FL 32608; Ph: 352/392-5904, ext. 224; Fax: 352/392-8822; E-mail: JGR@ICHP.EDU; http://casey.umd.edu.

## >>>>Special Issue: Schools and Mental Health<<<<

Edited by Robert Roeser. This special issue of Educational Psychologist (Vol. 33, Num. 4, Fall 1998) focuses on schooling and mental health: issues, research, and future directions. Among the articles are:

- \* On Schooling and Mental Health: Introduction to the Special Issue. By Robert W. Roeser
- \* Reframing Mental Health in Schools and Expanding School Reform. By Howard S. Adelman and Linda Taylor
- \* Moral Reasoning About School Violence: Informational Assumptions About Harm Within School Subcontexts. By Ron A. Astor and others.

Contact: American Psychological Association, 750 First St., NE, Washington, DC 20002.

#### ^^^^UPCOMING INITIATIVES, CONFERENCES, WORKSHOPS

# >>The 16th Annual Teachers College Winter Roundtable on Cross-cultural Psychology and Education<<<<

February 19-20, 1999 in New York. The theme of the roundtable is on confronting race and racism in psychology and education. Contact: The Center for Educational Outreach and Innovation, Teachers College, Columbia University, 525 West 120th St., Box 132, New York, NY 10027: Ph: 212/678-3987; Fax: 212/678-8417; http://www.tc.columbia.edu/~academic/roundtable

## >>The 12th National Research Conference on A System of Care for Children's Mental Health: Expanding the Research Base<<<<

February 21- 24,1999 in Clearwater, FL. The conference's mission is to build and support the evolving system of care research and to promote the growth and capacity of the field. Contact: Krista Kutash, Research and Training Center for Children's Mental Health, Florida Mental Health Institute, 13301 Bruce B. Douns Blvd., Tampa, FL 33612; Ph: 813/974-4661; Fax: 813/974-4406.

#### >>The 2nd National Leadership Conference for Grantmakers<<<<

March 24-26, 1999 in Fort Worth, TX. National Funding Collaborative on violence prevention presents building a civil society: preventing violence through community engagement and collaboration. Contact: Community Resource Exchange, 90 Washington St., 27th Fl. New York, NY 10006. Ph: 212/344-0195.

#### >>The 9th National Conference on Children and the Law<<<<

April 8-10, 1999 in Washington, DC. The American Bar Association (ABA) Center on Children and the Law announces the 9th National Conference on Children and the Law, with the theme of "Addressing Tough and New Issues in Children's Legal Advocacy". Contact: Howard Davidson, Conference Coordinator, ABA Center Children and the Law, 740 15th Street, N.W., Washington, DC 20005; Ph: 202/662-1740; E-mail: ctrchildlaw@abanet.org.

FOR MORE CONFERENCE ANNOUNCEMENTS, REFER TO OUR WEBSITE AT

http://smhp.psych.ucla.edu (Go to "Contents" then click on "Upcoming Events of Interest".)  $\| : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . . : | : . : : | : . . : | : . . : | : . : : | : . : : | : . : : | :$ 

## ^^^^CALL FOR PROPOSALS AND PAPERS^^^^^

#### >>>>From Department of Education<<<< (listed by deadline date)

\* Fund for Improvement of Education: Partnerships in Character Education Pilot Projects The purpose of the grant is to improve the quality of education, contribute to the achievement of the National Education Goals, and support pilot projects that design & implement character education programs. For more information, visit

http://www.ed.gov/legislation/FedRegister/announcements/1998-4/121498a.html. Deadline: February 12, 1999.

#### \* Field-Initiated Studies Research Grant

Purpose: To support basic and applied education research projects generated by teachers and practitioners. For more information, visit http://www.ed.gov/offices/OERI/FIS. Deadline: February 19, 1999

#### \* Women's Educational Equity Act Program

Purpose: To promote equity in education for women & girls who suffer from multiple forms of discrimination based on sex & race, ethnic origin, limited English proficiency, disability or age. Visit www.ed.gov/legislation/FedRegister/announcements/1998-4/122298c.html. Deadline: February 19, 1999.

#### \* Special Education--Personnel Preparation To Improve Services and Results for Children With Disabilities

Purpose: To address State-identified needs for qualified personnel in special education, related services, early intervention, and regular education, to work with children with disabilities. Visit http://www.ed.gov/legislation/FedRegister/announcements/1999-1/010499a.html. Deadline: March 1, 1999.

#### \* Technology Innovation Challenge Grants

Purpose: To improve applications of technology to strengthen school reform efforts, improve student achievement, and provide for sustained professional development. Visit http://www.ed.gov/Technology/chalgrnt.html; Ph: 800/872-5327; Fax: 202/208-4042. Deadline: March 12, 1999.

#### >>Call for Presentation Proposals on School-Based Early Care<<<<

The School of the 21st Century hosts the 1999 Annual Conference (July 19-21, 1999 in New Haven, CT) and seeks presentation proposals on school-based early care and family supports that promote optimal growth and development of children ages 0-12. Contact: Jennifer Heath, 21C Program Manager, the Bush Center in Child Development and Social Policy, 310 Prospect St., New Haven, CT 06511; Ph: 203/432-9943; E-mail: jennifer.heath@yale.edu. Deadline: February 5, 1999.

#### >>Call for Papers on Self-Esteem in Early Adolescence<<<<

The Journal of Early Adolescence announces a call for papers on self-esteem in early adolescence (ages 10 to 15). Topics include: conceptualization of self-esteem, stability and change in self-esteem; psychological and contextual influences on self-esteem; and evaluations of self-esteem programs. Contact: David L. DuBois, Special Issue Co-Editor, Department of Psychology, 210

MaAlester Hall, University of Missouri, Columbia, MO 65211; E-mail: psy-david@showme.missouri.edu or bhirsch@nwu.edu. Deadline: March 1,1999

## 

One Senator to another:

"More support for education sounds like a good idea, but we both know what will happen if we let the voting population get too damned bright."

## ^^^^HELPFUL RESOURCES

>>**RENEW: Center for Personal Recovery**<<< http://www.renew.net The purpose of the center is to assists persons who are grieving a loss. Provides crisis management training, workshops, and educational resources for schools in order to build the capacity to prevent, intervene, respond and support recovery from crisis. Contact: Judy Davidson, RENEW Center for Personal Recovery, P.O. Box 125, Berea, KY 40403; Ph: 606/986-7878; E-mail : renew@mis.net

## >>>>The Education Resource Organizations Directory (EROD)<<<<<

http://www.ed.gov/BASISDB/EROD/direct/SF

Provides information and assistance on a broad range of education-related topics. Updated on November, 1998 and currently contains nearly 2,500 national, regional, & state organizations. The state map shows key state & Department-funded organizations.

## >>>>Dept of Ed, FY 1999 Major New Initiatives<<<<

http://www.ed.gov/inits/FY99/index.html

Provides fact sheets, questions & answers, contacts, and other information on nine new department initiatives for 1999: class size reduction, the reading excellence act, safe & drug-free schools, gear-up, technology teacher training, improving teacher quality, bilingual education, professional development, 21st century community learning centers, and learning anytime anywhere partnerships.

## >>>>The U.S. Public Health Service Bicentennial<<<<

http://www.surgeongeneral.gov/phs200

Office of Public Health and Science launched an educational web site that features on-line videos, exhibits, games and a downloadable screen saver, all in connection with the 200th anniversary of the U.S. Public Health Service.

## >>>>The Federal Telemedicine Gateway<<<< http://www.tmgateway.org

Provides the Joint Working Group on Telemedicine Inventory on active, federally funded telemedicine projects; and links to other telemedicine resources, activities, and databases. Numerous articles, documents, and reports can be found from many governmental agencies.

## >>>>The Health Resources and Services Administration (HRSA) State Profiles<<<< http://www.hrsa.dhhs.gov/profiles.htm

Each profile provides a variety of information in graphics and tabular form, including selected demographic data, health status and health care access indicators, health care provider resources, top five causes of death, rates of infectious diseases, HRSA programs, funding, collaborative efforts, and links to other health-related Web sites.

>>>>Strengthening America's Families: Effective Family Programs for Prevention of Delinquency<<<< http://www.strengtheningfamilies.org/index.html Dept of Health Promotion and Education, University of Utah, Training and Technical Assistance

for Family Strengthening Project. The goals are to reduce delinquency and family-based risk factors. Contains overview of the projects, literature review, model programs, and other links. Contact: Dept of Health Promotion and Education, University of Utah, 300 South 1850 East, Rm 215, Salt Lake City, UT 84112.

## YOU CAN LINK TO OTHER MENTAL HEALTH RELATED SITES FROM OUR WEBSITE

http://smhp.psych.ucla.edu (Go to "Contents" then click on "Links to Other WWW Sites".)

(Haven't visited our site lately? Click on "What's New" -- we add new materials every week.)

If you have favorite sites you think others would find useful, let us know.

#### ^^^^JOB ANNOUNCEMENTS^^^^^

## >>>>Project Director of Bright Futures Project<<<<

Georgetown University's National Center for Education in Maternal child Health seeks a project director for the Bright Futures project focusing on health supervision of infants, children and adolescents and partnerships between health professionals, families, and communities. Contact: Carol Inner, Director, Division of Program and Policy Development, National Center for Education in Maternal and Child Health, Georgetown University, 2000 15th Street North, Suite 701, Arlington, VA 22201; Ph: 703/524-7802; Fax: 703/ 524-9335; E-mail: inner@ncemch.org. Open until filled.

### >>>>Health Scientist Administrator/Medical Officer<<<<

The Division of Cancer Control and Population Sciences, National Cancer Institute, is recruiting for a Health Scientist Administrator and a Medical Officer in the Applied Sociocultural Research Branch. Contact: Sherry Mills, Ph: 301/496-8520; Fax: 800/728-5627 (ID # 1905); E-mail: Sherry\_Mills@nih.gov. Deadline: March 1, 1999.

#### >>>>Program Officer in Adolescent/Child Health and Minority Health<<<<

The Alliance Healthcare Foundation has an immediate Opening for a program officer with special expertise in adolescent/child health and minority health. Requires a Master's Degree in public health or other related field, two years work experience in southern California in programs targeting adolescents/children, minority youth and African American Community health. Contact: Mary Lewis, Alliance Healthcare Foundation, 9325 Sky Park Court, Suite 350, San Diego, CA 92123; mlewis@alliancehf.org. Open until filled.

#### >>>>Faculty Position in Clinical Child/Pediatric Psychology<<<<<

The Department of Educational Psychology, Texas A&M University, has a tenure track, Assistant Professor position with clinical child emphasis. Contact: Jan Hughes, Chair of the search Committee, Dept of Educational Psychology, Texas A&M University, College Station, TX 77843. Open until filled.

### >>>>Faculty Position in Clinical Psychology<<<<

The Clinical Psychology Training Program in the Department of Psychology, University of South Dakota, invites applications for a new tenure track assistant professor position to begin Fall, 1999. Contact: Clinical Search and Screening Committee, Department of Psychology, University of South Dakota SDU 105, 414 East Clark St., Vermillion, SD 57069; E-mail: byutrzen@usd.edu. Open until filled.

## ^^^^^INTERNSHIPS & POST DOCTORAL TRAINING^^^^^

#### >>>>Post-Doctoral Fellowships in Clinical Psychology<<<<<

Marshfield Clinic offers 1-2 year clinical fellowships in the pediatric psychology and child/adolescent clinical psychology, including training in clinical work with children and adolescents who have a wide range of behavioral and emotional disorders. Contact: Michael Schulein, Director of the Postdoctoral Psychology Fellowship Marshfield Clinic 1000 North Oak Ave., Marshfield, WI 54449 ; Ph: 800/541-2895; E-mail; schuleim@mfldclin.edu. Deadline: April 15, 1999.

#### >>>>Post-Doctoral Fellowship in Intervention Research<<<<

The Division of Oncology at the Children's Hospital of Philadelphia invites applications for a psychology post-doctoral fellowship in intervention research in pediatric oncology. Contact: Anne E. Kazak, Director, Psychosocial Services, Division of Oncology, The Children's Hospital of Philadelphia, 324 South 34th St., Philadelphia, PA 19104; Fax: 215/ 590-4183; E-mail: kayak@kermit.oncol.chop.edu. Open until filled.

## \*\*\*COMMENTS/REQUESTS/QUESTIONS\*\*\*

Our Center recently responded to the following requests. We thought we would see if any ENEWS readers had favorite references, referrals, or as yet unpublished material we should be adding to our responses.

## >>>>Request Information on Parent Training -- From Paula Laidig<

(855 Eagle Ridge Lane, Stillwater, MN 55082; E-mail: laidig@aol.com)

"I am wondering if you have a bibliography of research-based articles/books regarding parent training. I am preparing a half-day workshop at the NASP convention, and am looking for some supporting evidence for and about parent training."

#### >>>>Request Information -- From Mary Wakeford<<<<<

(Wakeford & Associates, Inc. P.O.Box 3467, Chapel Hill, NC 27515; Ph: 919/967-5553; Fax: 919/969-8515; E-mail: wakeford@netpath.net)

I am a consultant to the NC Healthy Schools project, CDC funded to promote comprehensive school health programs. Two of our top issues at the moment are:

1. Social marketing: That is getting out the word to Carolinians that health is fundamental to good education and that schools are a likely vehicle for promoting child health . Who is good at this? We are talking about a statewide awareness campaign. We want to tell our own story. In our own terms, before an opposition can set the arguments in their terms.

2. Where can we locate hard data on the correlation between health indicators and school achievement? Ideally, we would like the data to be reported at the level of the individual school house. Any information, leads, people, sites?

You can respond directly to the above folks via E-mail: And so we can let others know about what you share, please send us a copy too -- smhp@ucla.edu

## \*\*\*NEWS FROM OUR CENTER AND OUR SISTER CENTER\*\*\*

## The CENTER for MENTAL HEALTH in SCHOOL OF UCLA:

## >>>TWO NEW GUIDEBOOKS ARE AVAILABLE!!!<<

\* "Common Psychosocial Problems of School Aged Youth: Developmental Variations, Problems, Disorders, and Perspectives for Prevention & Treatment"

This guidebook provides frameworks and strategies to guide schools as they encounter common psychosocial problems. It is designed as a desk reference aid. The guide consists of five parts. Part I stresses ways to keep the environment in perspective as a cause of certain types of problems. Part II frames the full range of programs that allow a school and community to address psychosocial problems. Part III covers five of the most common "syndromes" students manifest and schools agonize over: attention problems, conduct and behavior problems; anxiety problems, affect and mood problems, and social and interpersonal problems. Part IV explores ways to increase a school's capacity to prevent and ameliorate problems. Part V provides additional sources of information, including agencies and organizations that can provide further information and support.

\* "New Directions in Enhancing Educational Results:

Policymakers' Guide to Restructuring Student Support Resources to Address Barriers to Learning"

The purpose of this guidebook is to (a) clarify why policy makers should expand the focus of school reform to encompass a reframing and restructuring of education support programs and services and (b) offer some guidance on how to go about doing so. It is divided into two major sections. The first deals with the question: Why restructure support services? In addition to discussing the need, ideas for new directions are outlined. The emphasis is on reframing how schools' think about addressing barriers to learning with a view to systemic reforms aimed at establishing comprehensive, multifaced approaches. The second section discusses how to go about the process of restructuring so that such approaches are developed effectively. The guide also includes several appendices to expand on key matters and a section containing some tools to aid those who undertake the proposed reforms.

>>>New Introductory Packet is Ready<<<

"Attention Problems: Intervention and Resources"

This packet provides a broad understanding of what causes attention problems and what society in general and schools in particular need to do to address such problems. It serves as a starting point for increasing awareness of assessment and treatment of attention problems. Included are excerpts from a variety of sources, including government fact sheets and the classification scheme developed by the American Pediatric Association. "Symptoms" are discussed in terms of degree of severity and appropriate forms of intervention- ranging from environmental accommodations to behavior management to medication. Because the intent is only to provide a brief overview, also included is a set of references for further reading and a list of agencies that provide information on attention problems and interventions.

As fast as we can, we are adding our materials for Internet access (in PDF file format for easy downloading). Refer to the resources section of our web site for directions on downloading. http://smhp.psych.ucla.edu.

## FOR THOSE WITHOUT INTERNET ACCESS, ALL RESOURCES ARE AVAILABLE BY CONTACTING THE CENTER.

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Let Us Hear From You: E-mail: smhp@ucla.edu Ph: 310-825-3634 Fax: 310-206-5895

Write: Center for Mental Health in Schools, Department of Psychology, UCLA Box 951563 Los Angeles, CA 90095-1563

#### ^^^NEWS FROM OUR SISTER CENTER

-- The Center for School Mental Health Assistance (CSMHA) at the University of Maryland at Baltimore

Upcoming from CSMHA:

\*A critical issues meeting on the State Children's Health Insurance Program on January 19th. The meeting notes will be available by contacting the Center approximately one month after the meeting.

\*Annual Conference in Denver, CO, September 16-18. For information call the Center.

For those who wish to be on their mailing list, please contact: CENTER FOR SCHOOL MENTAL HEALTH ASSISTANCE University of Maryland at Baltimore, Department of Psychiatry 680 West Lexington Street, 10th fl., Baltimore, MD 21201; Ph: 888/706-0980; E-mail: csmha@csmha.ab.umd.edu; http://csmha.ab.umd.edu

The Center for School Mental Health Assistance (CSMHA) at the University of Maryland at Baltimore, Department of Psychiatry, is a national training and technical assistance center designed to promote the expansion and improvement of mental health services for school-aged children and youth. The CSMHA is directed by Mark Weist, Ph.D. and Olga Acosta, Ph.D. is the Program Coordinator.

Like our center, the CSMHA is supported by the Maternal and Child Health Bureau, Office of Adolescent Health, Health Resources and Services Administration, U.S. Department of Health and Human Services.

THIS IS THE END OF THIS ISSUE OF ENEWS Below is a brief description of our Center.

#### WHO ARE WE?

Under the auspices of the School Mental Health Project

in the Department of Psychology at UCLA, we have established a Center for Mental Health in Schools. The Project and Center are co-directed by Howard Adelman and Linda Taylor.

Our group at UCLA approaches mental health and psychosocial concerns from the broad perspective of addressing barriers to learning and promoting healthy development. Specific attention is given policies and strategies that can counter fragmentation and enhance collaboration between school and community programs.

We are involved in model development and implementation, training and technical assistance, and policy analysis. Our activities include gathering and disseminating information, materials development, direct assistance, and facilitating networking and exchanges of ideas.

For more information about the Center or about ENEWS, contact Perry Nelson, Howard Adelman, or Linda Taylor at

UCLA School Mental Health Project/Center for Mental Health in Schools

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