

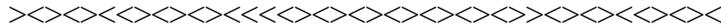
ENEWS -- A Monthly Forum for Sharing and Interchange

Source: UCLA SCHOOL MENTAL HEALTH PROJECT/
CENTER FOR MENTAL HEALTH IN SCHOOLS

January, 2000 -- (Vol 4, # 4)

WHAT IS ENEWS? (for those who don't know)

This forum is another link for those concerned with enhancing policies, programs, and practices related to addressing barriers to student learning and promoting mental health in schools. It augments the other ways our Center shares information and facilitates interchange/networking.



FEEL FREE TO FORWARD THIS TO ANYONE.



WHAT'S HERE THIS MONTH

- **Emerging Issue
 - >Threat Assessment
- **News from around the Country
- **Recent Publications Relevant to
 - >Children's Mental & Physical Health
 - >Delinquency, Violence, and Substance Abuse Prevention
 - >Advocacy, Policy, & Financing
- **Upcoming Initiatives, Conferences, Workshops
- **Calls for Proposals and Papers
- **Helpful Resources
- **Training & Job Opportunities
- **Comments/Requests/Questions from the Field
- **News From Our Center and Our Sister Center

To post messages to ENEWS, E-mail them to: smhp@ucla.edu

>>Safe Schools/Healthy Students Action Center Established<<

The National Association of School Psychologists (NASP), in partnership with the National Mental Health Association, recently established the Safe Schools/Healthy Students Action Center. Its purpose is to provide technical assistance to Safe Schools/Healthy Students grant recipients, School Action grant recipients, and any other school or entity seeking guidance in violence prevention.

Larry Sullivan, Ph.D., formerly NASP's Assistant Executive Director, is the Director of the Action Center. For more

information, Email Larry at: lsullivan@nmha.org

or contact Lesley Carter, at NASP -- Ph: (301) 657-0270;

Fax: (301) 657-0275; Email: Center@naspweb.org;

Web: <http://www.naspweb.org>

>>First draft of National Standards for Culturally and Linguistically

Appropriate Services (CLAS) The Department of Health and

Human Services: Office of Minority Health has developed and

opened this draft to public comment. The report and info on

providing comment are at: <http://www.omhrc.gov/clas> Regional

1-day meetings to discuss standards will be: Jan. 21, 2000- San

Francisco; March 10, 2000- Baltimore; April 5, 2000- Chicago. For

more info on the meetings, contact: Ignatius Bau, Ph: 415/954-9951;

Email: ibau@apiahf.org <http://www.apiahf.org>

>>Healthy People 2010 Initiative<<

The launch of this initiative will take place at the Partnerships for Health in the New Millennium Conference, January 25-28, 2000 in

Washington, DC. Contact: 1-800-869-1551;

<http://www.health.gov/partnerships>

>>NEA Safe Schools Now Network Satellite Broadcasts<<

The National Education Association (NEA) has scheduled the first 4 shows. Program One: "Reasons for Hope," Jan. 20, 2000.

Program Two: "Building a Safe and Responsive School Climate," Feb. 24, 2000. Program Three: "Early Signals of Distress," March

23, 2000. Program Four: "Forging Community Alliances," April

27, 2000. Contact: Email CLuong@nea.org

>>Update on ESEA Reauthorization<<

Although the House did reauthorize over half of the ESEA before adjourning, including \$8 billion for the Title I program, matters

such as technology and the safe, disciplined, and drug free schools program are yet to be addressed. The Senate will vote on the

ESEA bill in late January or early February. The text of the ESEA legislation is at <http://thomas.loc.gov/>

>>Congress Approves \$20 Million for School Counseling<<
\$20 million for the Elementary School Counseling Demonstration Act is in the final omnibus spending package for fiscal year 2000. School counseling professionals are defined for purposes of this legislation as qualified counselors, school psychologists, and social workers. 3-year grant applications from schools will be sought soon. See: <http://www.ed.gov/offices/OESE/SDFS>

>>Funding for Character Education Pilot Projects<<
The Fund for the Improvement of Education (FIE) offers support for pilots that design and implement character education programs as a way to address broader FIE objectives. See: <http://www2.cdc.gov/nccdphp/shpfp/index.asp> Or <http://ocfo.ed.gov/fedreg/grantann/q499/120899a.txt>

>>Community Learning Centers Program<<
DOE offers grants to rural and inner-city public schools to enable them to implement projects benefitting the needs of School-based community learning centers. See: <http://www.usalert.com/htdoc/usoa/doed/any/any/proc/any/fr12209901.htm>

>>Learn and Serve America Grants<<
"Intent to submit" notices are due by January 31, 2000 addressed to: Gina Davis, Corporation for National Service 9th Floor, 1201 New York Ave., NW, Washington, DC 20524. For applications and guidelines, contact: (202) 606-5000, ext. 163.

>>New Substance Abuse Treatment Funds for City, Town, County, & Indian Tribal Govts.<<
SAMHSA announces \$30 million available for grants to expand substance abuse treatment capacity in local communities. See: <http://www.samhsa.gov> Or call 1/800/729-6686

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It's not whether you win or lose --
it's how you place the blame.
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^^^^^^RECENT PUBLICATIONS^^^^^^

*CHILDREN'S MENTAL & PHYSICAL HEALTH<=<=<=<

>>"When School is Out" -- the Fall, 1999 issue of The Future of Children (published by The David and Lucile Packard Foundation) provides a series of articles and an analysis and recommendations

related to what children need in order to thrive in after-school activities. The executive summary and the electronic version of the issue are at <http://www.futureofchildren.org>

>>"An Ongoing Look At Afterschool Programs" (1999). Provides results of a national public opinion poll commissioned by the Mott Foundation and JCPenny to determine the level of support registered voters hold for afterschool programs. Online: http://www.mott.org/special_report/sr_main.htm

>>"The State of Hispanic Girls" (1999), a publication of The National Coalition of Hispanic Health and Human Services Organizations. Proposes recommendations to address the serious risks facing Hispanic girls. Contact: (202) 387-5000; <http://www.cossmho.org>

>>"Developmental and Service Trajectories of Students with Disabilities Recommended for Expulsion from School" (2000) -- in the journal *Exceptional Children* (Vol. 66, No. 2, pp. 257-272). Forty-one children with special education histories and recommended for expulsion are described in terms of their disability, onset of services, and service trajectory.

>>"Trends in Demography of Childhood Poverty and Disability" (2000) -- in the journal *Exceptional Children* (Vol. 66, No. 2, pp. 187-199). Presents childhood disability prevalence trends and their interactions with economic status.

>>"Creating Health Behavior Change: How to Develop Community-Wide Programs for Youth," (1999) by Cheryl L. Perry, Sage Publications. Provides 10 steps to create and implement programs for healthy youth and communities. Contact: (805) 499-0721; <http://www.sagepub.com>

>>"Update: Tips for Implementing CDC School Health Guidelines" -- newsletter by The Academy for Educational Development (AED) (December, 1999, Vol. 1, Issue 1). Provides assistance and support for state and local efforts to implement CDC guidelines on promoting lifelong physical activity and health. Available online: <http://eta.aed.org/>

>>"Rethinking Health Assessment," by Kathleen Middleton, (1999) -- online article published by PBS TeacherSource. Innovations in health assessment. <http://www.pbs.org/teachersource/health.htm>

*DELINQUENCY, VIOLENCE, & SUBSTANCE ABUSE
PREVENTION<=<=<=<

>>From the Office of Juvenile Justice and Delinquency Prevention
(OJJDP) --

Contact: (800) 638-8736; <http://www.ojjdp.ncjrs.org>

*"Reducing Youth Violence: A Comprehensive Approach"
(Version 2, Sept. 1999), a multimedia CD-ROM.

*"Juvenile Justice Bulletin: School and Community
Interventions to Prevent Serious and Violent Offending"
(Oct. 1999). Reviews programs that have shown promising
results in preventing adolescent antisocial behavior.

*"Investing in Girls: A 21st Century Strategy" (Oct. 1999),
by Leslie Acoca, in the Journal of Juvenile Justice and
Delinquency Prevention, Vol. 6, No. 1. Describes efforts to
halt the accelerating entry of girls into the juvenile justice system.

*"Juvenile Justice Bulletin: Violence After School" (Nov.
1999). Overviews the 1999 National Report on Juvenile
Offenders and Victims, which documents the pervasive
problems and the response of the juvenile justice system.

*"Juvenile Justice Bulletin: Families and Schools Together:
Building Relationships" (Nov. 1999). Describes family
intervention programs and resources.

*"Research in Brief: Evaluation of the Children at Risk
Program: Results 1 Year After the End of the Program"
(Nov. 1999). Describes findings from Children at Risk
(CAR), an adolescent drug delinquency program.

*Fact Sheets:

"Initiatives to Improve Child Welfare Outcomes"
(Oct. 1999). Describes initiatives to measure the
effectiveness of child welfare services.

"A Compendium of Programs That Work for
Youth" (Nov. 1999). Describes program principles
leading to positive outcomes for young people.

"Child Welfare National Data Analysis System"

(Nov. 1999). Describes the Child Welfare League of America (CWLA)'s child welfare database: National Data Analysis System (NDAS). NDAS helpline: (202) 942-0333.

>>"Lessons From the Field; Profiling State Alcohol, Tobacco & Other Drug Problems" (1999), Published by Drug Strategies. A free guide on drug use trends, policies and programs, funding streams and agency priorities. Contact: (202) 289-9070; <http://www.drugstrategies.org>

>>"Tough Kids, Cool Counseling: User-Friendly Approaches With Challenging Youth" (1999), Published by the American Counseling Association. Describes how to achieve a positive therapeutic relationship with young clients who are resistant to therapy. Contact: (800) 422-2648, Order #: 72642.

*ADVOCACY, POLICY, & FINANCING<=<=<=<=<

>>"Using Tobacco Settlement Revenues for Children's Services: State Opportunities and Actions," (1999) by The Finance Project and the National Conference of State Legislatures. This report analyzes several decisions states face concerning the disposition of funds. Contact: (202) 628-4200; available online: <http://www.financeproject.org>

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"The brain is a wonderful organ; it starts the minute you get up in the morning and does not stop until you get to the office."

Robert Frost

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^^^UPCOMING INITIATIVES, CONFERENCES, WORKSHOPS^^^

>>Mental Health and the Law Symposium -- January 21-23, 2000; Miami Lakes, FL. "Violence, Aggression and Risk: Clinical and Legal Issues." Contact: (305) 666-0068; Fax: (305) 666-8283; Email: Bfrumkin@aol.com

>>National Network for Youth Symposium -- February 6-9, 2000; Washington, DC. "A Tribute to the Past, A Vision for the Future:

25 Years Working with Youth." Contact: (202) 783-7949; Email: NN4Y@worldnet.att.net

>>America's At-Risk Youth National Forum -- February 6-9, 2000; San Diego, CA. Topics include: border health, mental health, women's health, managed care.
Contact: <http://www.ncsl.org/programs/health/agenda.htm>

>>School Social Work Association of America National Conference -- March 12-14, 2000; Las Vegas, NA. "Launching Pupil Service Teams into the New Millennium."
Contact: (847) 658-8223; <http://www.sswaa.org>.

>>From Pilots to Policy 2000 -- March 23-24, 2000; Universal City, CA. "Schools, Communities and Government Working Together for California's Kids and Families." Sponsored by The Foundation Consortium and LA County Children's Planning Council. Contact: (510) 843-8048; Email: info@jpdcom.com.

>>Council for Exceptional Children Annual Convention and Expo -- April 5-8, 2000; Vancouver, BC. "One World: Building Tomorrow Together."
Contact: (888) CEC-SPED; Fax: (703) 264-9494.

>>Family Resource Coalition of America National Conference -- April 26-29, 2000; Chicago, IL. "Putting Family Support on the Map for the Next Century." Contact: Ph: (312) 338-0900; Email: frca@frca.org; Website: <http://www.frca.org>.

>>Building Family Strengths International Symposium -- May 10-12, 2000; Lincoln, NE. Topics: Policy, Health, Social Welfare, Schools, Therapy & Counseling, etc. Contact (402) 472-2844; Email: acpp1@unl.edu

>National Peer Helpers Association -- June 21-23, 2000 (Institute); June 24-26, 2000 (NPHA Conference); Boston, MA. Contact: John Heeney, (913) 362-0794; Email: jheeney@peerhelping.org; Website: <http://www.peerhelping.org>

>>Higher Education Conference -- June 29-July 1, 2000; Los Angeles, CA. "Higher Education for a New Century: Partnerships, Productivity, Performances." Contact: Patrick Dilley, Conference Chair, (213) 821-1126; Email: pdilley@usc.edu; Web: <http://www.usc.edu/dept/chepa/newcentury/>

FOR MORE CONFERENCE ANNOUNCEMENTS, REFER TO

OUR WEBSITE AT <http://smhp.psych.ucla.edu>
(Go to "Contents" then click on "Upcoming Events of Interest".)

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"The concept of accumulation of risks in pathways that accentuate other risks has led prevention researchers to the concept of 'breaking the chain at its weakest links'... In other words, some of the risks, even though they contribute significantly to onset, may be less malleable than others to intervention. The preventive strategy is to change the risks that are most easily and quickly amenable to intervention. For example it may be easier to prevent a child from being disruptive and isolated from peers by altering his or her classroom environment and increasing academic achievement than it is to change the home environment where there is severe marital discord and substance abuse."

From Mental Health:

A report of the Surgeon General (1999)

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^^^^^CALL FOR PROPOSALS AND PAPERS

>>The Center for Substance Abuse Treatment seeks models of successful treatment of co-occurring disorders to showcase at the "Co-occurring Institute" at State System Development Program (SSDP) Conference V in Orlando, FL, June 21-23, 2000. Deadline: Feb. 1, 2000. Contact: Carol Coley, Ph: (301) 443-6539; Email: ccoley@samhsa.gov

>>The National School Boards Association (NSBA) is requesting presentation proposals for its annual Technology & Learning Conference, October 25-28, 2000, in Denver, CO. Deadline: Feb. 4, 2000. Contact: Brenda Z. Greene, Ph: (703) 838-6756, Email: bgreene@nsba.org; Submit online: <http://www.nsba.org/itte/> and click on Tech/Learning Conference 1999.

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Kohn's Corollary to Murphy's Law:

Two wrongs are only the beginning.

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^^^^^OTHER HELPFUL RESOURCES^^^^^^

*On Violence Prevention And Juvenile Justice<=<=<=<=<

>>Center for the Study and Prevention of Violence (CSPV)<<

<http://www.Colorado.EDU/cspv/cspvinfo/cspv.html>

The CSPV website provides information and assistance to groups committed to understanding and preventing violence, particularly adolescent violence.

>>Casey Foundation: "Juvenile Jailhouse Rocked"<<

<http://www.aecf.org/publications/advocasey/winter99/juv/juv1.htm>

The Casey Foundation website has just added "Juvenile Jailhouse Rocked," a report on the Foundation's Juvenile Detention Alternatives Initiative aimed at reducing unnecessary and inappropriate use of secure detention without compromising public safety.

>>ABA Center on Children and the Law<<

<http://www.abanet.org/child/home.html>

An American Bar Association site with legal resources for lawyers and child advocates.

*On Children With Special Needs<=<=<=<=<

>>Georgetown University Child Development Center (GUCCDC) Web Site<<

<http://www.dml.georgetown.edu/pediatrics/guccdc>

Site's mission is to improve quality of life for children with special needs and their families features pages for "Community Can!," "The Evaluation Initiative," and "National Center for Cultural Competence."

>>LD Online<<

Ask Rick: <http://www.ldonline.org/askrick/>

One of this month's topics is on helping children develop critical social skills.

*On Children's Mental Health And Development<=<=<=<=<

>>"Health Resources Online: A Guide for Mental Health and Addiction Specialists," (1999) by Laurie Sheerer, Integrated Publishing, Inc. Provides a variety of internet resources including juvenile delinquency, and state and federal behavioral health agencies.

Contact: (888) 785-6599; <http://www.healthyresources.com>

>>Prevention and Treatment<<

<http://journals.apa.org/prevention>

Features a new issue of "Prevention and Treatment" with two articles on the prevention of depression and anxiety by Richard H. Price et al. and Martin E.P. Seligman et. al.

>>Strength Based Services International<<

<http://www.empowerkids.org>

Supports the association's mission to help family and child care practitioners learn how to use strength based empowerment principles with children and families.

>>Infants to Adolescents: Research Update<<

<http://www.infantstoteens.com>

User-friendly summaries of the published literature in child and adolescent development.

>>Child.net<<

<http://www.child.net>

Provides a search engine and resources for youth, parents and teachers.

>>Youth and Children's Resource Web<<

<http://www.slip.net/~scmetro/childco.htm>

Offers news, information, resources and referrals for kids and teens.

*On Programs, Policy, & Statistics<=<=<=<

>>NASP Advocacy Action Center<<

<http://www.naspweb.org/advocacy/index.html>

This is the new website address for the NASP Advocacy Action Center, and includes the following letters: "Support Pupil Services in ESEA," "Include School-Based Mental Health in ESEA," "Say NO to "Straight A's," "Cosponsor/Support Children's Mental Health Bills," and "No Cessation of Services for Students."

>>The Coalition for Community Schools: "Community Schools Online"<<

http://www.communityschools.org/Contact_CCS.html

Provides updates on developments in the community schools field & on the Coalition's work.

>>Child Trends: The Child Indicator Newsletter<<

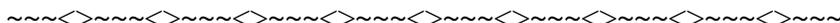
http://www.childtrends.org/w_welcome.cfm

Provides policymakers, researchers, data developers, and others

with up-to-date information on major developments related to child and youth indicators.

>>Project to Improve Achievement in High Poverty Schools<<
http://publications.ccsso.org/ccsso/publication_detail.cfm?PID=251
The December issue of Gaining Ground, the Project's newsletter, describes the challenges in early implementation of state-sponsored after-school initiatives.

>>National Center for Education Statistics (NCES)<<
<http://nces.ed.gov/pubsearch/wnew.asp?1>
Contains statistical reports on early childhood, school safety, and compendiums of statistics on the broad area of American education.



^^^^^^TRAINING & JOB OPPORTUNITIES^^^^^^

>>Developing Leaders to Reduce Substance Abuse applications are being accepted by the Robert W. Johnson Foundation for a 3-year fellowship aimed at people interested in leadership roles in reducing substance abuse. Contact: John Slade, MD, Project Director, Ph: (732) 235-9609.

>>Training Institutes -- June 9-13, 2000; New Orleans, LA. "Developing Local Systems of Care for Children and Adolescents with Emotional Disturbances and their Families: Improving Policy and Practice." Sponsored by National Technical Assistance Center for Children's Mental Health Center for Child and Mental Health Policy in partnership with SAMHSA and CMHS. Contact: (202) 687-5000; Fax: (202) 687-1954.

>>>>Human Services/School-Based Mental Health<<<<
The Commission of Mental Health Services (Safe Schools/Healthy Students Initiatives) is seeking individuals to be part of a team of mental health professionals who are providing comprehensive prevention, early intervention, and treatment services to D.C. public charter school students (K-12). Available positions: program managers, social workers, art/drama therapists, mental health specialists, supervisory social workers, and clinical/school psychologists. Contact: David Sacks, Psy.D.; Ph: (202) 673-2042 or Dana Green; Ph: (202) 373-7053.

>>>>Associate Director of Outcomes and Evaluation<<<<

>>An organization supporting the efforts of a Port Chester, NY high school to begin the transformation into a community school is interested in hearing from others doing similar work. The organization wants to know what others have done with respect to: (1) procedures, policies, and guidelines; (2) memoranda of understanding and interagency agreements; and (3) parental consent forms. They are also setting up site visits and welcome suggestions of places to visit within driving distance of Port Chester, NY.

>>A graduate student, whose dissertation focuses on the impact of school climate on primary and secondary prevention/intervention in a regular education environment, is seeking input on the value of this topic. She is also interested in tools to measure indicators supportive of the ED/BD student in the regular education classroom.

COMMENTS:

>>In response to last month's request from a guidance counselor who is seeking a curriculum that would teach middle school children how to be kind and compassionate, several respondents suggested adding a Character Education curriculum as well as embedding the topic into the regular curriculum. One respondent indicated that materials can be purchased with Title IV, Safe and Drug Free Schools funds since character ed. is seen as a legitimate prevention activity.

>>Commenting on the issue of "learning disabilities backlash," One respondent stated: "I think there is also a growing backlash among educators and support personnel, too! We spend more and more time in paperwork and arguing about eligibility issues, which leave less time for planning and actually instructing students! While Master's level teachers sit in I.E.P. meetings, Bachelor-level assistants provide the instruction. There has got to be a better way!"

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\*\*\*NEWS FROM OUR CENTER AND OUR SISTER CENTER\*\*\*

(Support for the Centers comes in part from the U.S. Department of Health and Human Services, Public Health Service, Health Resources and Services Administration, Maternal and Child Health Bureau, Office of Adolescent Health.)

^^^FROM the CENTER for  
MENTAL HEALTH in SCHOOLS, UCLA:

\*Two regional meetings are scheduled for the Policy Leadership Cadre for Mental Health in Schools -- one in D.C. on February 25th and another in March (date to be arranged) in Los Angeles. If you haven't been contacted and are interested in participating or getting more information, you should contact the Center.

>>>"Using Technology to Address Barriers to Learning" (a New Technical Assistance Sampler) is now available from the Center. Advanced technology offers tools for improving almost every fact of efforts to address barriers to learning and promote healthy development. This sampler highlights categories of technological tools available for a range of intervention activities. Download from our website at no charge or order a hard copy for the cost of copying and handling.

##"Restructuring Student Support Resources and Enhancing their Connection with Community Resources." This is the topic of a draft idea for policy legislation under consideration by the Coalition for Cohesive Policy in Addressing Barriers to Development and Learning. The draft idea and comments generated to date can be reviewed on the Coalition's webpage on the Center's website: <http://smhp.psych.ucla.edu> After reviewing the draft, comments can be added by going to the Net Exchange page on the site or Emailing them to: [smhp@uca.edu](mailto:smhp@uca.edu)

\*"Promoting Youth Development and Addressing Barriers" -- there has been a lot of interest in the feature article in our last newsletter (Vol. 4, No.4). If you didn't receive it, you must not be on our mailing list. Let us know, and we'll add your name and send you a copy. Or, you can download it from our website.

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As fast as we can, we are adding our materials for Internet access (in PDF file format for easy downloading). Refer to the resources section of our web site for directions on downloading.

<http://smhp.psych.ucla.edu>.

FOR THOSE WITHOUT INTERNET ACCESS, ALL  
RESOURCES ARE AVAILABLE BY CONTACTING THE CENTER.

Let Us Hear From You:

E-mail: [smhp@ucla.edu](mailto:smhp@ucla.edu) Ph: 310-825-3634

Fax: 310-206-5895



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## WHO ARE WE?

Under the auspices of the School Mental Health Project in the Department of Psychology at UCLA, we have established a Center for Mental Health in Schools. The Project and Center are co-directed by Howard Adelman and Linda Taylor.

Our group at UCLA approaches mental health and psychosocial concerns from the broad perspective of addressing barriers to learning and promoting healthy development. Specific attention is given policies and strategies that can counter fragmentation and enhance collaboration between school and community programs.

We are involved in model development and implementation, training and technical assistance, and policy analysis. Our activities include gathering and disseminating information, materials development, direct assistance, and facilitating networking and exchanges of ideas.

For more information about the Center or about ENEWS, contact Center Coordinator Perry Nelson or Center Co-Directors Howard Adelman, or Linda Taylor at UCLA School Mental Health Project/Center for Mental Health in Schools

Voice: (310) 825-3634 Fax: (310) 206-5895

E-mail: [smhp@ucla.edu](mailto:smhp@ucla.edu) Web Site: <http://smhp.psych.ucla.edu>

Write: School Mental Health Project/

Center for Mental Health in Schools

Dept. of Psychology, UCLA , Box 951563,

Los Angeles, CA 90095-1563.

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