

ENEWS -- A Monthly Forum for Sharing and Interchange

Source: UCLA SCHOOL MENTAL HEALTH PROJECT/
CENTER FOR MENTAL HEALTH IN SCHOOLS

January, 1998 -- (Vol. 2 , #4)

WHAT IS ENEWS? (for those who don't know)

This forum is another link for those concerned with enhancing policies, programs, and practices related to addressing barriers to student learning and promoting mental health in schools. It augments the other ways our Center shares information and facilitates interchange and networking.

FEEL FREE TO FORWARD THIS TO ANYONE.

WHAT'S HERE THIS MONTH

****Emerging Issue:**

^^^The Impact of Changes in a Federal Law on Students

****Comments/Requests/Questions from our ENEWS subscribers:**

^^The Collaborative for the Advancement of Social
and Emotional Learning

****News from around the country (new projects, recent publications, reports, resources)**

^^^Recent Publications

- New Newsletter from the Children Aid Society
- Teaching Tolerance
- Medicine & Public Health: The Power of Collaboration
- Financing Schools
- Behavioral Interventions
- Collaboration Framework - Addressing Community Capacity

^^^Upcoming conferences, initiatives, workshops

^^^Helpful Website and listserv resources

^^^Job Opportunities

****News From Our Center and Sister Center**

To post messages to ENEWS, E-mail them to: smhp@ucla.edu
If you were sent ENEWS indirectly, you can be added to our list
at no charge by sending an E-mail request to:

maiser@bulletin.psych.ucla.edu

leave the subject line blank, and in the body of the message type:
subscribe mentalhealth

To remove your name from the mailing list type:
unsubscribe mentalhealth

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"The road to success is always under construction."

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****EMERGING ISSUE****

>>>The impact of changes in a federal law on students

>From the Los Angeles Times (1/4/98): "Bolstered by recent changes in a federal law [IDEA], an increasing number of students in regular classes are trying to avoid expulsion by declaring that the system has failed them. School officials, however, say that the rules for assigning students to special education programs are being overused and misapplied."

A quote from a hearing officer states: "The new federal law appears to grant students not yet eligible for special education much greater protection (than State laws). So now we have two bodies of law (and this)... makes the matter much more complicated."

(If you are interested in the new regulations, you can read all 300+ pages at <http://www.lllrp.com/Education/newed5.htm>)

How is this issue playing out in your locale? Any lessons learned to share?

Let us hear from you. We will include responses in the next ENEWS and/or on

our Website.

E-mail: smhp@ucla.edu

Phone: (310) 825-3634

Write: Center for Mental Health in Schools

Department of Psychology, UCLA

Los Angeles, CA 90095-1563

COMMENTS/REQUESTS/QUESTIONS FROM ENEWS SUBSCRIBERS:

In response to last month's "Emerging Issue -- Controversies Re. School Districts Contracting Out Services," Mike Furlong from the Graduate School of Education at the University of California, Santa Barbara sent in the following comments:

I have more horror stories to tell about contracting out for psychological services than you care to hear... Our children deserve comprehensive coordinated programs, not the piecemeal effort borne of contracting. Schools also deserve to have individuals who have professional training in working within school systems. School-based mental health services that merely transport psychological services from the community clinic to a school-based clinic are not the answer. Many districts are now using funds to hire unlicensed or credentialed personnel to carry out many of the guidance and psychological service functions of schools. These programs often lack continuity in personnel and focus. We need many sources of support for children, but there needs to be a school-based coordination of services that provides the glue that holds the program together. Contracting has its place, but I can tell you that it is usually not used wisely and there is absolutely no oversight of these contractual arrangements. You may also be aware that in California AB3029 was passed a number of years ago that requires that school district hire credentialed school psychologists to provide on-going psychological services. If a credentialed school psychologist is unavailable, districts can contract with a Licensed Educational Psychologist, while they document their continuing efforts to locate a permanent employee. If there is a chance or place for further discussion about this matter, please let me know.

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Lucia Berman-Rossi notes:

"In Boston it seems most schools contract out for services. It is rare for social workers to be paid by the school system. This speaks to the lack of importance placed on social work services in the schools. It is hard for social workers to fully do their jobs and become assimilated into the school if they are only being paid for 'direct service'. This doesn't give them the opportunity to show schools what they really could do had they been a real part of the school -- attending staff meetings and student related meetings."

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Other information on this issue comes from Australia via the Extra Edge Program Newsletter ("Starlink"). In an article describing a new collaborative initiative between the Dept. of Education and the Youth Services Branch of the Dept. of Human Services, it is noted that a major feature involves service purchase for filling "gaps in service availability as identified by the school and community." It will be instructive to follow how this initiative plays out. For more information, contact Sue James in Victoria at (03) 9637-2474; email:soup@onaustralia.com.au

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WANTED: Examples of Public Involvement in Public Education. The Annenberg Institute for School Reform (AISR) is seeking information about groups that are engaging local educators, parents, business leaders, and other community members as advocates in improving public schools. The aim is to connect those who are doing the work of public engagement to useful resources that can strengthen the capacity of schools and their communities to improve public education. For more information and an application form, contact: The Annenberg Institute for School Reform at Brown University, Box 1985, Providence, RI 02912, phone:(401)863-1714, web: <http://www.aisr.brown.edu/html/new.html>.

>>>>Wanted: nominations for quality school based programs that emphasize social and emotional learning skills for review. The Collaborative for the Advancement of Social and Emotional Learning (CASEL) is currently conducting a review of school-based programs that emphasize social and emotional learning skills (e.g., awareness of emotions, management of feelings, social problem solving, communication skills, interpersonal social skills, prosocial attitudes and values).They are open to a wide range of

programs including prevention programs (e.g., substance abuse, violence, conflict resolution, high risk sexual behavior, injury prevention), social competence promotion, comprehensive health education, character education, and career education. If you know of a quality program, please forward the name of the program and contact information to sbose@uic.edu. The findings of this review will be disseminated nationally in a published guide, so educators can make an informed choice when selecting programs for their schools.

For more information about this project and CASEL, visit their web page at: <http://www.cfapress.org/casel/casel.html> or write: CASEL, Department of Psychology (M/C 285), The University of Illinois at Chicago, 1007 West Harrison St. Chicago, IL 60607-7137, Phone: 312-413-1008, Fax: 312-355-0559

>>>>Ongoing REQUEST: The Mental Health Section of the National Assembly on School-Based Health Care (NASBHC) is asking for any materials or model program descriptions -- specifically relevant to school-based mental health and psychosocial efforts -- that deal with the topics of

- >>>>>>Financing (pros & cons of ways programs are funded)
- >>>>>>Quality Assurance/Evaluation (upgrading programs, demonstrating results)
- >>>>>>Program/Service Integration (how mental health activity is integrated with related efforts at the school and in the community)

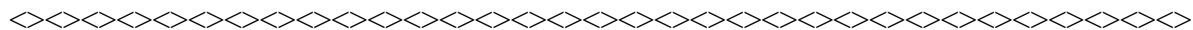
Such information will be collated for use as part of workshops to be held in conjunction with the NASBHC's 1998 Conference (see our website for the date and location).

Send any information directly to our Center and we will forward it.

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COMMENT from Gordon Wrobel (Minnesota)

"As long as individual agencies and systems continue to call for collaboration without a solid policy path, we will continue to have fragmented services."



NEWS FROM AROUND THE COUNTRY

^^^^Do You Know About??^^^^

As part of their series of fact sheets, the American Psychological Association has just circulated one on "Eating Disorders: Psychotherapy's Role in Effective Treatment." Others in this series deal with anxiety disorders, depression, traumatic stress, and so forth. These fact sheets are designed for distribution to clients and their families and may be acquired by contacting the Practice Directorate at 750 First St., NE, Washington, DC 20002-4242. Phone: (202) 336-5800.

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As a public service, the National Association of School Psychologists has a National Mental Health and Education Center for Children and Families. The Center prepares publications on matters such as behavioral interventions and has established a website. Contact: Victoria Stanhope (301) 657-0270, Ext. 223. Website: www.naspsweb.org/center.html

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ERIC Digests -- These short reports are geared to school-related practices -- including counseling -- and provide overviews and references. The pool of digests is continuously growing. For example, 41 research syntheses were added in December -- including digests on crisis intervention, schools as communities, education reform, collaboration, bullying, and higher education classroom-community links.

See ERIC website: http://www.ed.gov/databases/ERIC_Digests/index/

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A Scott Adams' Law or organizations:

"You will appear to be a visionary planner
if you decentralize everything which is centralized
and centralize everything which is decentralized."

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^^^^^^RECENT PUBLICATIONS^^^^^^

>>>New Newsletter<<<

The Children Aid Society Immigration and Welfare Reform Project is now publishing "Advocacy Notes." The intent is to help staff and clients "navigate our reformed social service and immigration system." The first issue provides an update on Welfare Reform activity. Contact: The Children's Aid Society, (212) 358-8930.

>>>Teaching Tolerance: Raising Open-Minded, Empathetic Children<<<

S. Bullard (1996). New York: Doubleday. This book examines the roots of intolerance and how we can model tolerance for children. It also includes easily adaptable family activities, an annotated directory of organizations that promote tolerance, a scholarly bibliography, and a list of family publications.

>>>Medicine & Public Health: The Power of Collaboration <<<

By Roz Lasker and the Committee on Medicine and Public Health (1997). The New York Academy of Medicine, 1216 Fifth Ave., NY, NY 10029-5293. This 3-part work covers (1) The Collaborative Imperative, (2) Models of Medicine and Public Health Collaboration, and (3) Conclusion and Next Steps. For those with access, the monograph also is available on the Internet:
<http://www.nyam.org/pubhlth>.

>>>Financing Schools<<<

This latest issue of The Future of Children (Vol. 7, Winter, 1997) contains major articles on school funding concerns. Free copies of the Journal and/or Executive Summaries are available from the Circulation Dept., Center for the Future of Children, 300 Second St., Los Altos, CA 94022 or by online access:
<http://www.futureofchildren.org>.

>>>Behavioral Interventions: Creating a Safe Environment in Our Schools<<<

This is a special publication with several articles, references, and a resource guide published by the Nat. Mental health and Education Center of the National Association of School Psychologists. For a copy contact Victoria Stanhope at vstanhope@naspweb.org

>>>Collaboration Framework - Addressing Community Capacity<<<

Prepared by the Cooperative Extension System's children, youth and family information service, this paper discusses a framework model for developing community collaboration and outlines outcomes, process, and contextual factors for success. Access on line: <http://www.cyfernet.org/nnco/framework.html>

^^^^^^UPCOMING CONFERENCES, INITIATIVES, WORKSHOPS^^^^^^

American Society for Adolescent Psychiatry "Managing Skills,
Pills and Family Ills: Confronting the Challenges of Caring
for Adolescents in the 21st Century"

March 5-8 -- Le Meridien Hotel, San Diego at Coronado.
Contact: (888) 877-4311 FAX: (619) 565-9954

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1998 National Research Conference "A System of Care for
Children's Mental Health: Expanding the Research Base"

March 8-11, 1998, Hyatt Regency West Shore, Tampa, FL
Contact: Krista Kutash, Research and Training Center for
Children Mental Health, University of South Florida.
Phone: (831) 974-4661. <http://lumpy.fmhi.usf.edu>.

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School Social Work Association of American 1998 National
Conference: Linking School Social Work Services to
Academic Achievement 2001 and Beyond

April 5-7, 1998, Austin, Texas
Contact: School Social Work Association of America (SSWAA)
P.O.Box 2072, Northlake, IL 60164 Phone: (847)289-4642
Email: SSWAA@aol.com

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For more conference announcements, please refer to our
Website at: <http://smhp.psych.ucla.edu>

^^^^^^CALL FOR PROPOSALS AND PAPERS^^^^^^

The 21st Century Community Learning Centers Program

As part of President Clinton's child care initiative, this
program will be expanded by \$800 million over 5 years and
provide after-school care for half million children. The
USDOE in conjunction with the Nat. Community Education Assoc.

& the Nat. Center for Community Education is offering a series of 1 day regional workshops for people who may apply for grants related to this program. Workshops will be held in Boston & Atlanta on Feb 2, New York & Dallas on Feb 4., Los Angeles & Chicago on Feb. 9th, Seattle & Flint on Feb. 11, Denver on Feb. 13. For details and registration (due 1/26) see:
<http://www.ed.gov/offices/OERI/21stCCLC/chart2.html>

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The Corp. for National Service has announced 1998 funding for the new AmeriCorps*VISTA program grants for volunteers to coordinate America Reads Challenge Federal Work-Study programs. Contact: AmeriCorps*VISTA, Corp. for National & Community Service, 1201 New York Ave., NW, Washington, DC 20525 (202)606-5000, ext.249,TDD(202)565-2799 or TTY(800)877-8339.

Seymour Sarason tells the following:

When Claude Pepper (the late congressman) arrived in heaven, he asked God: "Will the U.S.A. ever have national health insurance?"
God pondered the question and finally said:
"Yes, but not in my lifetime."

^^^^^HELPFUL WEBSITE and LISTSERV RESOURCES^^^^^

The following website has been brought to our attention:

>>>Building Coalitions<<<

<http://www.ag.ohio-state.edu/~ohioline/lines/kids.html>

The Ohio Center for Action on Coalitions has a series of "fact sheets" about building coalitions. It is very accessible, and could offer useful starting points or discussion papers for any groups looking at establishing collaborative approaches. At this site, browse other documents on line.

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You can also link to other mental health related

sites from our Website -- at our new address
<http://smhp.psych.ucla.edu>

(If you haven't visited our site lately, click on "What's New"
-- we add new materials every couple of weeks).

If you have favorite sites you think others would find
useful, let us know.

SOMEONE SHARED THE FOLLOWING AD:

Help wanted: Telepath. You know where to apply.

^^^^^^JOB ANNOUNCEMENTS^^^^^^

>>>Postdoctoral Research Fellow<<<

Johns Hopkins University, Center for Research on Students
Placed At Risk (CRESPAR) -- available to individuals with
a degree in early childhood education, developmental
psychology, educational psychology, sociology of education,
education, or related fields. Contact: Barbara Wasik, Johns
Hopkins Univ., CSOA, 3003 N. Charles St., Baltimore, MD 21218
(posted 1/98)

>>>Director: Policy and Advocacy in the Schools<<<

The American Psychological Association is seeking someone
with a doctorate in psychology, a minimum of 5 years program
adm. and management experience, and expertise in psychology
and education with respect to services, training, and research
issues. Send vita with cover letter and salary history to APA,
Attn: Human Resources (9305), 750 First St., NE, Washington,
DC 20036 (Closing date 2/6/98).

>>>Mental Health Professionals <<<

Shasta County Community Health in California has positions
for a Clinical Services Supervisor and a Youth Services worker
(open to LCSW/MFCC/Ph.D.). Contact: SCMh (916) 225-5925.

>>>Professor of Education & Social Policy, Northwestern University<<<

The School of Education and Social Policy and Institute for

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An optimist is simply a pessimist with no job experience.
Pessimism increases steadily over a career until the tenth year and then remains constant.
Just hired: "Great idea! Let's start right away!"
Five years experience: "We tried that idea five years ago. It didn't work then and it won't work now."
Ten years experience: "We're all going to die ... die or go to jail ...
It's the end of life as we know it ..."

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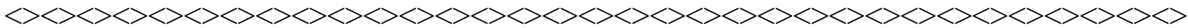
>>>>From the Center's Clearinghouse ...

In our ongoing efforts to update and enhance the usefulness of our resources, we have revised our introductory packet on Evaluation and Accountability. It now contains: (1) Two clearinghouse briefs on evaluation, accountability, and quality control as directly related to mental health in schools, (2) an overview of a few basic resources (references, guidebooks/models, agencies, websites, and individuals providing technical assistance), (3) an evaluation flowchart, and (4) two reports from the Center for School Mental Health Assistance based on their critical issue planning sessions on quality assurance and documenting effectiveness of school mental

designed to promote the expansion and improvement of mental health services for school-aged children and youth. Director: Mark Weist, Ph.D. Co-Director: Bernice Rosenthal, M.P.H. Program Coordinator: Marcia Glass-Siegel, MSS, LCSW-C.

Like our center, CSMHA is supported by Maternal and Child Health Bureau, Office of Adolescent Health, HRSA, U.S. Dept. of Health and Human Services.

CSMHA will hold its 3rd National Conference on Advancing School Mental Health on Sept. 25 & 26, 1998 in Virginia Beach. Anyone seeking to present at the conference should submit their proposal to the center by February 6, 1998 by mail, FAX, or e-mail.



IS THERE ANYTHING YOU'D LIKE US TO INCLUDE IN THE NEXT ISSUE?

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THIS IS THE END OF THIS ISSUE OF ENEWS

Below is a brief description of our Center.

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WHO ARE WE?

Under the auspices of the School Mental Health Project in the Department of Psychology at UCLA, we operate the Center for Mental Health in Schools. The Project and Center are co-directed by Howard Adelman and Linda Taylor and coordinated by Perry Nelson and Judy Onghai.

Our group at UCLA approaches mental health and psychosocial concerns from the broad perspective of addressing barriers to learning and promoting healthy development. Specific attention is given policies and strategies that can counter fragmentation and enhance collaboration between school and community programs.

We are involved in model development and implementation, training and technical assistance, and policy analysis. Our activities include gathering

and disseminating information, materials development, direct assistance, and facilitating networking and exchanges of ideas.

For more information, contact

UCLA School Mental Health Project/
Center for Mental Health in Schools
Voice: (310) 825-3634
Fax: (310) 206-5895
email: smhp@ucla.edu
Web page: <http://smhp.psych.ucla.edu>

Or write: School Mental Health Project/Center for Mental Health in Schools
Dept. of Psychology, UCLA , Box 951563, Los Angeles, CA 90095-1563.

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