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****EMERGING ISSUE****

>>>>Specific Programs or Complex Strategies?

No one would argue against the value of research-based interventions. However, as legislators and funding agencies increasingly demand use of empirically supported programs, the issue arises as to whether programs that have met the researchers' criteria are adequate for addressing complex human and social problems in ways that accomplish the most important results. Those who are concerned about demonstrating a program's efficacy and effectiveness tend to deal with complex, multifaceted psychosocial problems from a single program perspective. This leads to cautions from "big picture" thinkers such as Lisbeth Schorr, who has stated that "one truth stands out: the most important results we [schools and communities] are pursuing cannot be achieved by single, narrowly circumscribed interventions."

What's your view about all this? Post your response directly on our website's Net Exchange page for others to read and respond. Go to <http://smhp.psych.ucla.edu> Or you can send your response by email to: smhp@ucla.edu
Phone: 310/825-3634
Write: Center for Mental Health in Schools,
Department of Psychology, UCLA, Los Angeles, CA 90095-1563

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"As for the future, our task is not to foresee, but to enable it."
Antoine de Saint-Exupery
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****NEWS FROM AROUND THE COUNTRY****

>>SMALL BOOSTS IN FAMILY INCOME INCREASE CHILDREN'S SOCIAL SKILLS AND SCHOOL READINESS

See recent study "Change in Family Income-to-Needs Matters More for Children with Less" by researchers at the Harvard Graduate School of Education and Baylor University. In Child Development, November/December, 2001 issue (<http://www.gse.harvard.edu>)

>>HIGH DROPOUT RATES FOR HISPANIC YOUTH

In 2000, 44.2 percent of Hispanic young adults born outside of the U.S. were high school dropouts. Hispanic young adults born within the U.S. were more likely to be dropouts than other young adults. See Dropout Rates in the United States: 2000 at <http://nces.ed.gov>.

>>DECLINE IN YOUTH VIOLENCE

The latest edition of Indicators of School Crime and Safety, 2001 (<http://nces.ed.gov>) indicates that overall school crime rates have declined. However, the degree to which violence, gangs, and drugs are still present calls for a great deal more work.

>>FEDERAL SUPPORT FOR RESEARCH INSTRUMENT TO STUDY IMPACT OF 9/11

The Office of Behavioral and Social Science Research (BSSR) is supporting development and pretesting of a three part research tool. Module 1: Exposure to the attacks, Module 2. Loss of psychosocial resources, Module 3. Mental Health outcomes. (<http://obssr.od.nih.gov/activities/911/attack.htm>.)

>>AID FOR N.Y. CITY STUDENTS WHO LOST FAMILY MEMBERS/ NEIGHBORS

"New York City's Board of Education is providing about \$2,100 per student in federal mental health aid for those who lost neighbors or family members in the attack on the World Trade Center... \$5.5 million in federal aid is being distributed... biggest grants are for districts that have 80 or more students who lost family members or neighbors." November 9, 2001 New York Times.

>>NEW DATA ON CHILDREN'S MH PROBLEMS

"Mental Health, United States 2000" (2001) Substance Abuse and Mental Health Services Administration's Center for Mental Health Services. Reports that approximately 8.2% of children and adolescents ages 5 - 17 have a psychiatric problem and/or a related significant behavioral impairment. More than 12 percent of these students missed one or more school days in the past 2 weeks. About 30 percent were currently seeing a mental health provider or had received therapy in the past year. 29% of children and adolescents in juvenile justice residential placements have serious emotional disturbance. For a copy, call 1-800-789-2647 (<http://www.samhsa.gov>).

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"The purpose of school, after all, is not merely to provide the next generation with the tools they need to make a living, but also to help them discover the personal and collective means that is, the perspectives, strength of character, and values they will need to sustain our civilization."  
Terry Pickeral  
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RECENT PUBLICATIONS

*CHILDREN'S MENTAL & PHYSICAL HEALTH

"Innovative Mental Health Interventions for children: Programs that work. (2001)

S. Pfeiffer & L. Reddy. ([Http://www.haworthpressinc.com](http://www.haworthpressinc.com)).

"Helping America Cope: A guide for parents and children in the aftermath of the September 11th national disaster" (2001). A LaGreca and E. Sevin.
([Http://www.psy.miami.edu](http://www.psy.miami.edu) or <http://www.7-dippity.com>. Or e.lee@miami.edu).

"Coping after terrorism: A guide for healing and recovery" (2001) Justice Department's Office for Victims of Crime. ([Http://www.ojp.usdoj.gov/ovc](http://www.ojp.usdoj.gov/ovc).)

"Promising Practices in Children's Mental Health" Three new volumes (2001):
"Wraparound: stories from the field", "Learning from families: identifying service strategies for success," "Promising practices in early childhood mental health"
(<http://www.air.org/cecp>).

"Journeys from childhood to midlife: Risk, resilience and recovery (2001). E. Werner and R. Smith. ([Http://www.cornellpress.cornell.edu](http://www.cornellpress.cornell.edu)).

"Adolescent Development" (2001) L. Steinberg, A Morris in Annual Review of Psychology.

"Assessment Strategies for School-based Mental Health Counseling" (2001) R. Grier, L Morris, L. Taylor. Journal of School Health, November.

"Best practices in teen pregnancy prevention" (2001) University of California Cooperative Extension. Fxmoncloa@ucdavis.edu.

*DELINQUENCY, VIOLENCE & SUBSTANCE ABUSE PREVENTION

"What you can do to prevent violence" (2001) Bright Futures for Families, U.S. Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau. See National Parent Coalition at <http://www.natlparentcoalition.org>.

"Violence in American Schools" (2001) D. Elliot, B. Hamburg, K. Williams.
([Http://www.cambridge.org](http://www.cambridge.org)).

"Less Cost, More Safety: Guiding Lights for Reform in Juvenile Justice" (2001) American Youth Policy Forum report. ([Http://www.aypf.org](http://www.aypf.org)).

"Data Trends: Research and Training Center on Family Support and Children's Mental Health in Portland, Oregon (<http://www.rtc.pdx.edu>)

#38: Adolescent drug treatment and outcome

#39: Violence: emotional & behavioral impact & prevention

#40: Strengths-based assessment part II: Family measurement & clinical integration

"High-risk behavior in youth" (2001) Joint Center for Poverty Research.

[Http://www.jcpr.org/newsletters/vol5_no5/](http://www.jcpr.org/newsletters/vol5_no5/))

"The effect of education on crime: evidence from prison inmates, arrests, and self-reports (2001). L. Lochner & E. Moretti. National Bureau of Economic Research (<http://papers.nber.org/papers/W8605>).

"Exposure to violence and associated health-risk behaviors among adolescent girls" (2001) A. Berenson, C. Wiemann, & S. McCombs. Archives Pediatric Adolescent Medicine. ([Http://archpedi.ama-assn.org](http://archpedi.ama-assn.org)).

*FAMILY, COMMUNITY & SCHOOLS

"Red flags: Research raises concerns about the impact of welfare reform on child maltreatment (2001) Center for Law and Social Policy (<http://www.clasp.org/pubs/TANF/redflags.pdf>).

"Passages to learning: Schools find ways to help students make transitions" (2001) R. Allen. Education Update. Association for Supervision and Curriculum Development. ([Http://www.ascd.org/frameedupdate.html](http://www.ascd.org/frameedupdate.html)).

"After-school programs aid academic success, provide safe havens for children. (2001) National Association of Elementary School Principals. ([Http://www.naesp.org](http://www.naesp.org).)

"Kindergarten: The overlooked school year" (2001) Foundation for Child Development. ([Http://www.ffcd.org/kindergarten.pdf](http://www.ffcd.org/kindergarten.pdf)).

"Does class size matter?" (2001) A. Gamoran & J. Willms. Scientific American, November. ([Http://www.sciam.com](http://www.sciam.com)).

"Are experiments the only option? A look at dropout prevention programs. (2001) R. Agodini & M. Dynarski. ([Http://www.mathematica-mpr.com](http://www.mathematica-mpr.com)).

"Efforts by Public K-8 schools to involve parents in children's education: Do school and parent reports agree?" And "Paving the Way to Postsecondary Education: K-12 intervention programs for underrepresented youth" (2001). National Center for Education Statistics. ([Http://www.ed.gov/pubs/edpubs.html](http://www.ed.gov/pubs/edpubs.html)).

"Building a successful state community schools strategy" (2001) Community Schools Online (<http://communityschools.org/newsletter20.html>).

"Too old for this, too young for that!: Your survival guide for the middle-school years. (2001) H. Mosatche & K. Unger. ([Http://www.freespirit.com](http://www.freespirit.com)).

*POLICY, FINANCE & STATISTICS

"Health Care Reform Tracking Project: Tracking state managed care reforms as they affect children and adolescents with behavioral health disorders and their families." (2001) B. Stroul, S. Pires, & M. Armstrong. (813/974-4699).

"Tracking the well-being of children and youth using the federal statistical system. (2001). ([Http://www.urban.org](http://www.urban.org))

"Tough love: State accountability policies push student achievement." (2000) Insights on Education Policy, Practice, and Research. South West Educational Development Laboratory. ([Http://www.sedl.org/policy/insights/n11](http://www.sedl.org/policy/insights/n11)).

"State Policy Options to support a P-16 system of public education. (2001). C. Piph. Education Commission of the States. ([Http://www.ecs.org](http://www.ecs.org)).

"Quality Education is a Civil Rights Issue" (2001). R. Moses C. Cobb. Harvard Education Letter. ([Http://www.edletter.org](http://www.edletter.org))

American Academy of Pediatrics November 2001 Policy Statements
(<http://www.aap.org/policy>)

*Media Violence

*The new morbidity revisited: a renewed commitment to the psychosocial aspects of pediatric care.

*The role of the school nurse in providing school health services.

"Challenges and opportunities in after-school programs: Lessons for policymakers and funders" (2001) Public/Private Ventures. ([Http://www.ppv.org](http://www.ppv.org)).

"Caring for Infants and Toddlers: Issues and Ideas. A guide for journalists and policy makers (2001) The Future of Children. The David and Lucille Packard Foundation. ([Http://www.futureofchildren.org](http://www.futureofchildren.org)).

"High school graduation rates in the United States" (2001) J. Greene. Prepared for the Black Alliance for Educational Options by the Manhattan Institute for Policy Research. ([Http://www.manhattan-institute.org](http://www.manhattan-institute.org)).

"Raising Minority Academic Achievement. (2001) American Youth Policy Forum. ([Http://www.aypf.org](http://www.aypf.org))

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"Sustaining the quality of American life for the future must include investment in quality education for every student."

Terry Bergeson

Washington State Superintendent of Public Instruction

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**UPCOMING INITIATIVES, CONFERENCES, WORKSHOPS

Rights, Respect, Responsibility: A new paradigm for healthy adolescent sexuality. December 2-4. Washington, DC. Advocates for Youth. ([Http://www.advocatesforyouth.org](http://www.advocatesforyouth.org)).

Mobilizing for a Safe USA; A leadership conference to reduce violence and injury in America. December 3-5, Atlanta, GA. Centers for Disease Control and Prevention. ([Http://www.cdc.gov](http://www.cdc.gov)).

NIH Symposium on Economic Perspectives on Health Disparities. December 10, Bethesda, MD. ([Http://www.healthdisparities.com](http://www.healthdisparities.com)).

Surgeon General Youth Violence and Public Health Community Forums. December 11 in Los Angeles and December 14 in Philadelphia. ([Http://www.surgeongeneral.gov](http://www.surgeongeneral.gov)).

Improving America's Schools, US Dept. of Ed. December 17-19. San Antonio, TX (<http://www.ncbe.gwu.edu/iasconferences>)

Clinical Institutes for School-based health clinicians. January 28-29 in Washington, DC; February 25-26 in Dallas, March 25-26 in San Francisco, April 8-9 in Boston, and April 29-30 in Chicago. ([Http://www.clinicalmeetings.com](http://www.clinicalmeetings.com))

Healthy Kids Healthy Communities: Integrating Health and Education. CDC 2002 National Leadership Conference to Strengthen HIV/AIDS Education and Coordinated School Health Programs. February 10-13. Washington, DC. ([Http://www.thesociety.org/conf/regform.jsp](http://www.thesociety.org/conf/regform.jsp)).

Leading and Managing Comprehensive School Guidance Programs Conference. February 14-16, Greensboro, NC. ([Http://ericcass.uncg.edu](http://ericcass.uncg.edu))

A System of Care for Children's Mental Health: Expanding the Research Base. March 3-6, Tampa, FL. ([Http://rtckids.fmhi.usf.edu](http://rtckids.fmhi.usf.edu))

Association for Supervision and Curriculum Development Conference, March 9-11, San Antonio, TX. ([Http://www.ascd.org](http://www.ascd.org))

National Symposium on Family Resource and Youth Services Centers. March 11-15, Louisville, KY. Email: NJDAEKU@aol.com.

Building the Capacity of the School Counselor to Address Health and Mental Health Needs of LGB Youth. (Preconference March 22) American Counseling Association Conference, March 23-25, New Orleans. ([Http://www.counseling.org](http://www.counseling.org))

National Student Assistance Conference, April 11-14, Dallas TX. (1-800-352-

7733).

Community-Campus Partnerships for Health, May 4-7, Miami. FL.
([Http://futurehealth.ucsf.edu/ccph.html](http://futurehealth.ucsf.edu/ccph.html))

Building on Family Strengths Conference, May 30-June 1, Portland, OR.
([Http://www.rtc.pdx.edu](http://www.rtc.pdx.edu))

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Tillis's Organizational Principle:

If you file it, you'll know where it is but you'll never need it.
If you don't file it, you'll need it but never know where it is."
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^ ^ ^ ^ CALLS FOR GRANT PROPOSALS/PAPERS ^ ^ ^ ^

National Dropout Prevention Center Forum. February 24-27. Myrtle Beach SC.
Call for papers deadline December 14 (<http://www.dropoutprevention.org>)

American Foundation for Suicide Prevention. Deadline December 15.
([Http://www.afsp.org](http://www.afsp.org))

Desegregation of public education-equity assistance center program (CFDA#
84.004D) Deadline December
31.(<http://www.ed.gov/legislation/FedRegister/announcements/>)

Substance Abuse Policy Research Program. Robert Wood Johnson Foundation.
Letters of intent due Feb. 4. ([Http://www.saprp.org](http://www.saprp.org))

Depression Grants. Letters of Intent accepted year round. ([Http://www.ktgf.org](http://www.ktgf.org))

NOTE: IF YOU WANT TO SURF THE INTERNET FOR FUNDS, go to
<http://smhp.psych.ucla.edu>. Click on Quick Find, scroll down Center Responses
to Financing and Funding.

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Spinola's Budget Principle:

A budget is just a method of worrying
before you spend money, as well as afterward.
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~~~~~ OTHER HELPFUL RESOURCES ~~~~~

>>>>Mental Health/Substance Abuse/Health

Girl Power! Web includes two new additions: BodyFX and You're Not alone.

SAMHSA and HHS' Office on Women's Health. (<http://www.girlpower.gov>)

Latest federal alcohol, tobacco and drug use statistics available in new short format presented in fact sheet format on topics such as alcohol use trends, availability of drugs to teens. SAMHSA (<http://www.DrugAbuseStatistics.samhsa.gov>)

Proposed Program Plan of the Office of Juvenile Justice and Delinquency Prevention is online. Comments must be received by December 7. (<Http://ojjdp.ncjrs.org/grants/current.html#011023>)

>>Friendship through Education: a consortium of nongovernmental organizations and private groups committed to connecting children from different nations in a effort to bridge cultures and broaden understanding. To provide internet communications among students. (<Http://www.FriendshipThroughEducation.org>).

American-Arab Anti-Discrimination Committee (<http://www.adc.org>)

NECA/Teaching for Change (<http://www.teachingforchange.org>)

Grief and Loss, Mental Health Information (<http://www.athealth.com>)

>>>>Parents, Schools, and Community

School Safety, legislation, training, and technical assistance programs. ([Http://www.ncjrs.org/school\\_safety/school\\_safety.html/](Http://www.ncjrs.org/school_safety/school_safety.html/))

After School Online Forum, a place for evaluations, practitioners, funders, and policymakers to interact. (<Http://www.gse.harvard.edu/hfrp/projects/afterschool/symposium/intro.html>)

School Communities that Work: A national task force on the future of urban districts. Annenberg Institute for School Reform. (<Http://www.schoolcommunities.org>)

Parents' Corner added to National Center for Education Statistics. (<Http://nces.ed.gov/nceskids/corner/>)

US Dept. of Education redesigned web site. (<Http://www.ed.gov>)

^^^ TRAINING AND JOB OPPORTUNITIES ^^^  
(Including fellowships and scholarships)

<Postdoctoral Internship>

Christine Mirzayan Internship Program of the National Academies. Deadline March 1. (<Http://national-academies.org/internship.>)

<Postdoctoral Fellowship>

Childhood and Adolescent Depression. Letter due January 11.  
([Http://www.ktgf.org](http://www.ktgf.org))

<Senior Primary Care Advisor>

Pelavin Research Center of the American Institutes for Research, Training and Technical Assistance Center. Position to support the grantees Center for Mental Health Services' Comprehensive Community Mental Health Services for Children and their Families. (Resumes@air.org (<http://www.air.org>))

<Postdoctoral fellowship>

Center on Child Abuse and Neglect, Department of Pediatrics, University of Oklahoma Health Sciences Center. Deadline January 21.  
([Http://w3.ouhsc.edu/ccan](http://w3.ouhsc.edu/ccan))

<Psychologist>

Adolescent Health Center, Mount Sinai Medical Center, New York, NY. To develop and coordinate a program for urban adolescents and their families who have been affected by violence and trauma. SAMHSA funded. Send vitae to: Dr. Vincent Giannone, Mount Sinai Adolescent Health Center, 320 East 94th St. NY, NY 10128.

<Assistant/Associate Professor>

Penn State University College of Education and the Children, Youth, and Families Consortium multidisciplinary research center. Deadline December 12.  
([Http://roberts.ed.psu.edu/users/edpsy/edpsy.htm](http://roberts.ed.psu.edu/users/edpsy/edpsy.htm))

<Counseling Faculty>

Department of Counseling Psychology and Guidance Services, Ball State University, Muncie, IN. ([Http://www.bsu.edu/counselingpsych](http://www.bsu.edu/counselingpsych).)

FOR MORE INFORMATION ON EMPLOYMENT: GO TO  
<http://smhp.psych.ucla.edu>, go to Contents, scroll down to Jobs. Following the listing of current openings you will see links to HRSA, SAMHSA and other relevant job sites.

**\*\*REQUESTS/INFORMATION/COMMENTS/QUESTIONS FROM THE FIELD**

Request: Wanted - info on a validated mental health screening instrument that a community agency might use in its school-based program. This request was made to our weekly Mental Health in Schools Practitioner listserv. It already has stimulated a variety of responses, including information about instruments and a number of strong cautions about the enterprise of screening young children and the lack of well validated instruments to use. If you have anything to contribute to this, let us know.

Request: A mental health worker in a School-Based Health Center (SBHC) would appreciate some recent job descriptions or protocols outlining the current functions carried out by SBHC mental health workers. Send what you can to us and we will forward the info.

Note: The Practitioner listserv is a good place for you to make requests related to practices for MH in schools and to respond to the requests of others.

Comment from a school-based provider:

"...It is very important to understand and make the distinction between treating Mental Health disorders of school aged children and addressing barriers to learning in order to prevent mental disorders and increase the overall functioning of an entire student body...I believe that both school districts and the community need to share in the cost of employing staff capable of implementing universal preventions in schools, brief solution focused interventions and assistance with linking with community agencies for those in need of more extensive interventions. Otherwise, not much will be accomplished. Someone has to share the burden of the costs involved in reforming how schools support and education students..."

Information items submitted for inclusion in ENEWS:

>The National Council for State Legislatures has produced a promotional video for coordinated school health. It can be ordered from their website at <http://www.ncsl.org/>"

>"I work with an organization called Bullies & Victims. We conduct workshops for students, educators, parents and community leaders. See our website at <http://www.bulliesandvictims.com>

A response to the ENEWS issue: "Teacher Turnover: Dropout or Pushout?"

"...It is suspected that as teachers become more stressed and burned out that they interact with their students differently than before. Looking at this from a systems perspective, students react differently in class and toward their teacher than they did before the teacher became stressed and burned out particularly if you view burnout as emotional exhaustion, reduced personal relationships with students, and fewer feelings of personal accomplishment. It becomes cyclic spiraling both students and teachers downward..."

To contact us with a request or comment or to join the Practitioners' listserv, email [smhp@ucla.edu](mailto:smhp@ucla.edu). or use our other contact numbers.

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You know you're in trouble when you start  
counting the days til school's out...and it's still September.

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**\*\*NEWS FROM THE TWO NATIONAL CENTERS FOCUSING ON MH IN  
SCHOOLS**

^ ^ ^ Updates from our Center at UCLA <http://smhp.psych.ucla.edu>.

>>>The Quick Find feature on our website is growing into a major resource for technical assistance on specific topics. It links directly to our materials, internet documents, centers specializing in the topics. New this month:

- >Memorandum of Agreements (Interagency)
- >Staffing for Support Services

Other recent topics include:

- >Behavior and mass media
- >Case management
- >Children of alcoholics & sub. abuse
- >Chronic illness: info and coping
- >Domestic violence
- >Homeless children & youth
- >Juvenile justice and mental health
- >Post traumatic stress
- >Self-esteem
- >Tolerance

>>>Requests continue to come in for training and TA related to sustaining efforts (of initiatives, projects, grants) that are on time limited funds. In meeting these requests, we make considerable use of the steps and tools included in the Center Guidebook entitled: "Sustaining School-Community Partnerships to Enhance Outcomes for Children and Youth." The guide broadens the focus from just seeking another grant to strategies for pursuing sustainability as a system change strategy. You can download the document and related resources from our website

>>>In response to the growing interest in ensuring that children are ready for school and schools are ready for children, we have developed several resources which can be accessed on line:

- \*A brief entitled: Early Development and School Readiness from the Perspective of Addressing Barriers to Learning
- \*An introductory packet entitled: Early Development and Learning from the Perspective of Addressing Barriers.
- \*A Quick Find on Early Childhood Development.

If there are training or TA materials you need to support your efforts in improving outcomes for children, let us know. If we haven't already addressed the topic, we will undertake to do so.

Contact us at:  
SCHOOL MENTAL HEALTH PROJECT  
CENTER FOR MENTAL HEALTH IN SCHOOLS  
UCLA Department of Psychology  
Los Angeles, CA 90095-1563  
Phone (310) 825-3634 Fax (310) 206-8716

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To post messages to ENEWS, Email them to smhp@ucla.edu

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\*\*Update from our Sister Center, Center for School Mental Health Assistance (CSMHA) at the University of Maryland at Baltimore, Mark Weist, Director

In anticipation of the National Conference on Advancing School Based Mental Health Programs, September 19-21, 2002, in Philadelphia PA, you are encouraged to submit an abstract/proposal to CSMHA by January 15, 2002. The theme for the conference is Global Perspectives on the Promotion of Mental Health in Schools.

Major subthemes will include:

- >Prevention, Promotion, and Intervention: Using the Evidence Base
- >Involving Educators, Families, and Communities in School Mental Health
- >Disaster and Trauma Response: Improving Local, State, and National Approaches.

For more information contact:  
Center for School Mental Health Assistance  
University of Maryland at Baltimore  
Department of Psychiatry  
680W. Lexington St., 10th Fl.  
Baltimore, MD 21201  
Phone (888) 706-0980  
Email: csmha@umpsy.umaryland.edu  
Website: <http://csmha.umaryland.edu>.

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THIS IS THE END OF THIS ISSUE OF ENEWS  
Below is a brief description of our Center at UCLA

Who Are We?

Under the auspices of the School Mental Health Project in the Department of Psychology at UCLA we established a Center for Mental Health in Schools in 1995. The Project and Center are co-directed by Howard Adelman and Linda Taylor.

Our group at UCLA approaches mental health and psychosocial concerns from the broad perspective of addressing barriers to learning and promoting healthy development. Specific attention is given to policies and strategies that can (a) Counter fragmentation and enhance collaboration between school and community programs and (b) Counter the marginalization of mental health in schools.

We are involved in model development and implementation, training and technical assistance, and policy analysis. Our activities include gathering and disseminating information, materials development, direct assistance, and facilitating networking and exchanges of ideas.

For more information about the Center or about ENEWS, contact Center Coordinator Perry Nelson for Center Co-Directors Howard Adelman or Linda Taylor at:

UCLA School Mental Health Project/  
Center for Mental Health in Schools  
Phone (310) 825-3634 Fax (310) 206-5895  
Email: smhp@ucla.edu  
Website: <http://smhp.psych.ucla.edu>  
Write: UCLA School Mental Health Project/  
Center for Mental Health in Schools  
Box 951563  
Los Angeles, CA 90095-1563