



Additional Practical Tools and Materials

Of the many resources on the website (<http://smhp.psych.ucla.edu/selection.html>), the following are highlighted here because they contain tools and resources specifically relevant to mental health assistance in schools.

Screening/Assessing Students: Indicators and Tools – Provides resources relevant to screening students problems; includes a perspective for understanding the screening process and aids for initial problem identification and screening.

<http://smhp.psych.ucla.edu/pdfdocs/assessment/assessment.pdf>

School-Based Client Consultation, Referral, and Management of Care – Outlines processes related to problem identification, triage, assessment and client consultation, referral, and management of care. Provides discussion of prereferral intervention and referral as a multifaceted intervention. Examples of tools to aid in all these processes are included.

<http://smhp.psych.ucla.edu/pdfdocs/consultation/consultation2003.pdf>

Students and Psychotropic Medication: The School's Role – Contains aids related to safeguards and provides info on the effects and monitoring of various psychopharmacological drugs used to treat child and adolescent psycho-behavioral problems.

<http://smhp.psych.ucla.edu/pdfdocs/psymeds/med1.pdf>

School Interventions to Prevent Youth Suicide – Discusses and provides resources related to school interventions to prevent youth suicide.

<http://smhp.psych.ucla.edu/pdfdocs/Sampler/Suicide/suicide.pdf>

Autism Spectrum Disorders and Schools – Provides those working in schools with a brief set of resources for understanding Autism Spectrum Disorders and what is done to treat them - with a special emphasis on the role of the school. <http://smhp.psych.ucla.edu/pdfdocs/autism/autism.pdf>

School-Based Health Centers – Information on a wide range of issues dealing with school-based health centers (e.g., general references, facts, & statistics, funding, state & national documents, guides, reports, model programs across the country).

<http://smhp.psych.ucla.edu/pdfdocs/Sampler/HlthCtrs.pdf>

Resource Synthesis to Help Integrate Mental Health in Schools into the Recommendations of the President's New Freedom Commission on Mental Health – This aid provides a synthesis highlighting a set of readily accessed online, noncommercial resources relevant to integrating the various agenda for mental health in schools into the Commission recommendations. In addition, a sampling of published references are listed. General resources and references are presented in Part I. Part II is organized around the Commission's goals and recommendations and presents resources that have specific relevance to each. We have tried to find and include an appropriate set of resources; obviously, we have not been exhaustive. <http://smhp.psych.ucla.edu/pdfdocs/newfreedomcommisison/resourcesynthesis.pdf>

Gateway to a World of Resources for Enhancing MH in Schools – This is a categorized links "map" that provides quick access to relevant internet sources for resources. It is also a tool to facilitate various forms of networking and to help analyze strengths, weaknesses, and gaps/inequities in available resources. The gateway also can be a starting point for enhancing collaborative partnerships among key groups with overlapping interests related to mental health in schools. http://smhp.psych.ucla.edu/gateway/gateway_sites.htm

Evaluation and Accountability: Related to Mental Health in Schools – Provides immediate information on a variety of resources on evaluation and accountability and how to access them. It includes resources from the clearinghouse, centers/organizations, and internet resources on evaluation and accountability related to mental health in schools. Also listed is our consultation cadre, which is comprised of professionals who are willing to share their knowledge and expertise in their field. <http://smhp.psych.ucla.edu/pdfdocs/EvalAccount/evalmh.pdf>

Training Resources and Practice Notes

Assessing & Screening (Quick Training Aid) –
<http://www.smhp.psych.ucla.edu/pdfdocs/quicktraining/assessmentandscreening.pdf>

Case Management in the School Context (Quick Training Aid) –
<http://www.smhp.psych.ucla.edu/pdfdocs/quicktraining/casemanagement.pdf>

School Interventions to Prevent and Respond to Adolescent Affect and Mood Problems (Quick Training Aid) – <http://www.smhp.psych.ucla.edu/pdfdocs/quicktraining/affectandmood.pdf>

Suicide Prevention (Quick Training Aid) –
<http://www.smhp.psych.ucla.edu/pdfdocs/quicktraining/suicideprevention.pdf>

Frequently Asked Questions About Mental Health in Schools (Info Sheet) –
<http://smhp.psych.ucla.edu/pdfdocs/freqaskedmh.pdf>

Resources for Planning Mental Health in Schools (Info Sheets) –
<http://smhp.psych.ucla.edu/pdfdocs/planning.pdf>

Mental Health and School Based Health Centers (Guidebook) –
<http://smhp.psych.ucla.edu/pdfdocs/MHSBHC/wholemhsbhc.pdf>

Common Psychosocial Problems of School Aged Youth: Developmental Variations, Problems, Disorders and Perspectives for Prevention and Treatment (Guidebook) –
<http://smhp.psych.ucla.edu/pdfdocs/psysocial/entirepacket.pdf>

Countering the Over-pathologizing of Students' Feelings & Behavior: A Growing Concern Related to MH in Schools (Practice Notes) –
<http://smhp.psych.ucla.edu/pdfdocs/practicenotes/pathology.pdf>

Developing Systems at a School for Problem Identification, Triage, Referral, and Management of Care (Practice Notes) –
<http://smhp.psych.ucla.edu/pdfdocs/practicenotes/developingsystems.pdf>

Suicidal Crisis (Practice Notes) – <http://smhp.psych.ucla.edu/pdfdocs/practicenotes/suicide.pdf>

When a Student Seems Dangerous to Self or Others (Practice Notes) –
<http://smhp.psych.ucla.edu/pdfdocs/practicenotes/dangerous.pdf>

Addressing Barriers to Learning: New Directions for Mental Health in Schools (Continuing Education Modules) – <http://smhp.psych.ucla.edu/pdfdocs/contedu/contedu.pdf>

Addressing Barriers to Learning: A Comprehensive Approach to Mental Health in Schools (Continuing Education Modules) –
<http://smhp.psych.ucla.edu/pdfdocs/ceaddressing/ceforchange.pdf>

Enhancing School Staff Understanding of MH and Psychosocial Concerns (Continuing Education Modules) – <http://smhp.psych.ucla.edu/pdfdocs/Report/enhancingschoolstaff.pdf>

Mental Health in Schools: New Roles for School Nurses (Continuing Education Modules) – <http://smhp.psych.ucla.edu/pdfdocs/Nurses/unit1.pdf>

About Mental Health in Schools (Introductory Packet) – <http://smhp.psych.ucla.edu/pdfdocs/aboutmh/aboutmhinschools.pdf>

Anxiety, Fears, Phobias, and Related Problems: Intervention and Resources for School Aged Youth (Introductory Packet) – <http://smhp.psych.ucla.edu/pdfdocs/Anxiety/anxiety.pdf>

Social and Interpersonal Problems Related to School Aged Youth (Introductory Packet) – <http://smhp.psych.ucla.edu/pdfdocs/socialProblems/socialprobs.pdf>

Affect and Mood Problems related to School Aged Youth (Introductory Packet) – <http://smhp.psych.ucla.edu/pdfdocs/Affect/affect.pdf>

Conduct and Behavior Problems in School Aged Youth (Introductory Packet) – <http://smhp.psych.ucla.edu/pdfdocs/conduct/CONDUCT.pdf>

Youth Substance Use Interventions: Where Do they Fit into a School's Mission?
<http://smhp.psych.ucla.edu/pdfdocs/subintervent.pdf>

A Series of Information Resources on Youth Subcultures: Understanding Subgroups to Better Address Barriers to Learning & Improve Schools
<http://smhp.psych.ucla.edu/materials/trainingpresentation.htm#fact>

- >What is Youth Culture? A Brief Introduction
- >Glossary of Terms Related to Youth Culture Subgroups
- >Youth Subcultures: Annotated Bibliography and Related References
- >About Raves as a Youth Culture Phenomenon
- >About Youth Gangs
- >About the Goth Youth Subculture
- >About Hip Hop Youth Subculture
- >About "Loners" and "Losers"
- >About Jocks as a Youth Subculture
- >About Emo Youth Subculture
- >About Surfing and Skateboarding Youth Subcultures
- >About the Cheerleading Youth Subculture
- >About "Mean Girls" as a Youth Culture Subgroup
- >About "Nerds" and "Geeks" as an Identified Subculture
- >About "Preppies" as a Youth Culture Subgroup
- >About Sexual Minority (LGBT) Youth Subculture
- >Youth and Socially Interactive Technologies

ABOUT THE CENTER FOR MENTAL HEALTH IN SCHOOLS at UCLA

The center at UCLA is co-directed by Howard Adelman and Linda Taylor and operates under the auspices of the School Mental Health Project, Dept. of Psychology, UCLA.

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Can't find what you need? Contact us by email at smhp@ucla.edu or call 310/825-3634 (toll free – 866/846-4843) or write Center for Mental Health in Schools, Dept. of Psychology, UCLA, Box 951563, Los Angeles, CA 90095-1563. <http://smhp.psych.ucla.edu/>