

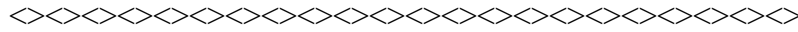
ENEWS - A Monthly Forum for Sharing and Interchange

Source: UCLA SCHOOL MENTAL HEALTH PROJECT/  
CENTER FOR MENTAL HEALTH IN SCHOOLS

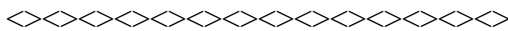
April, 2001 (Vol. 5, #7)

WHAT IS ENEWS? (For those who don't know)

This forum is another link for those concerned with enhancing Policies, programs, and practices related to addressing barriers to student learning and promoting mental health in schools. It augments the other ways our Center shares information and facilitates interchange/networking.



Feel Free to Forward This to Anyone



WHAT'S HERE THIS MONTH

\*\*Emerging Issue

What's Wrong with Kids Today?

\*\*News from around the Country

\*\*Recent Publications Relevant to

>Children's Mental & Physical Health

>Delinquency, Violence, & Substance Abuse Prevention

>Family, Community, & Schools

>Policy & Statistics

\*\*Upcoming Initiatives, Conferences, Workshops

\*\*Calls for Grant Proposals/Papers

\*\*Other Helpful Resources

\*\*Training & Job Opportunities

(Including fellowships and scholarships)

\*\*Requests/Information/Comments/Questions from the Field

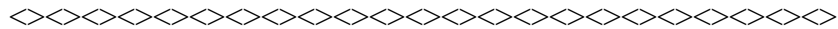
\*\*News From the Two National Centers Focusing on MH in Schools

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To post messages to ENEWS, E-mail them to: smhp@ucla.edu  
If you were sent ENEWS indirectly, you can be added to our  
list at no charge by sending an E-mail request to:  
Listserv@listserv.ucla.edu

leave the subject line blank, and in the body of the message type:  
Subscribe mentalhealth-L

To remove your name from the mailing list type:  
Unsubscribe mentalhealth-L



**\*\*EMERGING ISSUE\*\***

What's Wrong with Kids Today?

Jason Zeidenberg, a policy analyst for the Center for Juvenile Justice in DC, has noted: "The kids are being blamed for everything and credited with nothing. Kids today are a scapegoat generation."

Recent events, once again, are converging in ways that foster the notion that something basically is wrong with young people. Some who raise the matter do so with the view that there are deficiencies in current child rearing situations. These deficiencies often are described differently depending on the socio-economic status of a youngster's family. Whether or not something is basically wrong, a side-effect of all the media attention is to demonize young people and frighten teachers, principals, and the general public in ways that lead to a greater emphasis on social control strategies than on addressing psychosocial and mental health concerns. Over the coming year, a great deal of discussion will focus on how our society should respond to the potential threat of another school shooting, how to handle the bullying and other forms of harassment experienced in schools, and what to do to youth who end up in courtrooms. The policy issue is: What should the balance be between society's responsibility for socializing the young and its responsibility for helping those who need special assistance? The decisions about this are likely to shape the quality of life in the U.S.A. for some time to come.

Do you have a perspective on this? If so, let us know, so we can include it in our efforts to this issue widely discussed.

To post your response directly on our website's Net Exchange

page for others to read and respond to, go to  
<http://smhp.psych.ucla.edu>

Or you can send it to:

E-mail: [smhp@ucla.edu](mailto:smhp@ucla.edu) Phone: (310) 825-3634

Write: Center for Mental Health in Schools,  
Department of Psychology, UCLA  
Los Angeles, CA 90095-1563

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"I urge every parent and every student to listen closely to children who express concern, anger or fear concerning their school, teachers and classmates."

Rod Paige

U.S. Secretary of Education

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\*\*\*NEWS FROM AROUND THE COUNTRY\*\*\*

>>Opposition to Zero Tolerance Policies<<

The American Bar Association voted to oppose school disciplinary policies that fail to take circumstances, nature of offence or student's history into account. They encouraged strong policies, sound discretion, and alternatives to expulsion and prosecution to improve school climate. <http://www.abanet.org/media>

>>Job Shadowing Impacts Student Performance<<

The Institute on Education and the Economy reports job shadowing and school to work initiatives reduce dropout rate and increase college enrollment. Report: "School-to-Work: Making a Difference in Education." <http://www.tc.columbia.edu/iee/STWrelease.HTM>.

>>World Health Day theme is Mental Health<<

"Stop Exclusion...Dare to Care" is April 7 with a focus on child and adolescent mental health concerns. Nations encouraged to develop mental health policies, end exclusionary practices and develop treatment capacity. <http://www.who.int/world-health-day>.

>>Nine Drug-Free School Programs Designated as Exemplary<<

Safe, Disciplined and Drug-Free Schools panel chose programs based on demonstrated effectiveness and potential for replication. <http://www.ed.gov/>

>>Bullying Major Problems for Most Youth<<

Kaiser Family Foundation survey reports 86% of 12 to 15 year olds feel bullying and teasing are major problems in schools bigger problems than smoking,







deep inner need to complain."

Jane Wagner

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^^^UPCOMING INITIATIVES, CONFERENCES, WORKSHOPS^^^

Community-Campus Partnerships for Health. "Health for All in 2010: Confirming our Commitment Taking Action. May 5-8, San Antonio, TX. (<http://www.meetingmatters.com>).

"Building on Family Strengths". Research and Training Center on Family Support and Children's Mental Health. May 10-12. Portland, OR (<http://www.rtc.pdx.edu>).

"Exploring Partnerships for Peaceful Communities" Child Psychiatry Spring Forum. May 11, Richmond, VA. Phone: 804/828-4393).

"The Promise of Partnership: Communities, Family Support, and Child Protection" Family Support America. May 20-22. Jacksonville, FL. (<http://www.familysupportamerica.org>).

"From Bullying to Battering: School-based programs for preventing bullying, sexual harassment and gender violence" June 4-5, 7-8. Austin, TX. (Contact [mwisneski@austin-safeplace.org](mailto:mwisneski@austin-safeplace.org)).

Center for Social and Emotional Education educational events:

- >"Safe and Intelligent Schools: Integrating Effective Social and Emotional Education in School Life." June 26-28. Teaneck NJ.
- >"Educating Minds and Hearts: Safe Schools, Healthy Character Development, Academic Achievement and Social-emotional Education." July 9-13. New York, NY.

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"The media tend to cover stories, especially those involving children, as individual episodes, rather than framing them as part of ongoing problems and themes."

Larry Aber

National Center for Children and Poverty

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^^^CALLS FOR GRANT PROPOSALS/PAPERS

Substance Abuse and Mental Health Services Administration Snapshot

(<http://www.samhsa.gov>)

- >Community-Initiated Prevention Intervention. Due April 26.
- >Build Mentally Healthy Communities. SM 01-007, Due May 21.
- >Strengthening Communities in the Development of Comprehensive Drug and Alcohol Treatment Systems for Youth. No TI 01-004. Due May 21.
- >Dissemination of Effective Mentoring and Family Strengthening Programs for High Risk Youth. SP 01-003. Due May 21.
- >Statewide family networks for children's mental health national technical assistance center. SM-01-004. Due May 21.

Family and Youth Services Bureau, Basic Center Program and Under the Street Outreach Program, Deadline May 4. Call 800-351-2293.

Council on Linkages Between Academia and Public Health Practice Awards. Due May 4 (<http://www.phf.org>).

Health Resources and Service Administration (<http://www.hrsa.dhhs.gov>)

- >Grants for the Community Access Program. #1797, Due May 7.

American Academy of Pediatrics. "Reaching Children: Building Systems of Care." Funding for SCHIP outreach and enrollment. Contact [sgraves@aap.org](mailto:sgraves@aap.org).

Department of Housing and Urban Development Youthbuild Awards for job training. Due May 30. Call: 202/708-2035.

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"Self-confidence: When you think that your greatest fault is being too hard on yourself"

Judith Viorst

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^^^^OTHER HELPFUL RESOURCES^^^^

>>Mental Health/Substance Abuse/Health

Annie E. Casey Foundation. "The Right Start City Trends and the Right Start State Trends" <http://www.childtrend.org>

FundSource a search tool for research funding in the behavioral and social sciences. Initiated by the National Science Foundation and developed by the American Psychological Association. (<http://www.decadeofbehavior.org/fundsource/>).

Mental Health Policy Information Exchange. Online data base of reports and

articles. (<http://www.pie.org>).

"Best Clinical and Administrative Practices," Center for Health Care Strategies, bi-monthly e-mail newsletter. (<http://www.chcs.org>).

"Substance Abuse Chartbook," describes early use among young people. (<http://www.rwjf.org>).

## >>Statistics

School-Based Mental Health, statistics and state action. (<http://stateserv.hpts.org/>

Early Estimates of Public Elementary and Secondary Education Statistics: School Year 2000-2001. Enrollments pre-k through grade 12 up 1.5 million to 47.2 million. (<http://nces.ed.gov/pubsearch/pubsinfo.asp?pubid+2001331>)

National Youth Violence Prevention Resource Center. Includes statistics on violence committed by and against youth (<http://www.safeyouth.org>).

The Right Start Online -- "Conditions of Babies and the Families Across the Nation and in America's Largest Cities" (2001) at [www.aecf.org/kidscount/rightstart2/docs/rightstart.htm](http://www.aecf.org/kidscount/rightstart2/docs/rightstart.htm).

Toward Higher Levels of Analysis: Progress and Promise in Research on Social and Cultural Dimensions of Health. ([http://obssr.od.nih.gov/Conf\\_Wkshp/higherlevel/conference.html](http://obssr.od.nih.gov/Conf_Wkshp/higherlevel/conference.html))

## >>Parents, Schools, and Community

"Child Health Toolbox," Agency for Healthcare Research and Quality. Information on measurement of performance of children's programs such as Medicaid, SCHIP, Title V. (<http://www.ahrq.gov/chtoolbox/>)

"Kids 4 Peace, Pathways to Peace" teaches teens about conflict and coping, teacher lesson plans and projects. (<http://www.kids4peace.com>).

International Youth Forum U.S. is now The Forum for Youth Investment. New website is <http://www.forumforyouthinvestment.org>.

Functional Family Therapy (Family Strengthening Series Bulletin) at

<http://offdp.ncjrs.org/pubs/delinq.html#184743>.

Juvenile Justice Journal (Parenting Issues)

<http://offdp.ncjrs.org/pubs/general.html#jjjournal>.

Violence in Communities and Schools: A Stress Reduction Guide for Teachers and other School Staff. From National Education Association.

(<http://www.neahin.org/mentalhealth/stressguide.htm>)

Community Research Network, postings on social justice and public health

(<http://www.Loka.org>)

^^^^^TRAINING AND JOB OPPORTUNITIES^^^^^^

(including fellowships and scholarships)

<Maternal and Child Health Coordinator> (deadline April 6)

<Mental Health Project Coordinator> (deadline April 16)

Two positions at the National Adolescent Health Center, Konopka Institute for Best Practices in Adolescent Health, University of Minnesota.

(<http://www.konopka.umn.edu>).

<Senior Program Officer>

Center for the Advancement of Collaborative Strategies in Health, Division of Public Health, The New York Academy of Medicine. (<http://www.cacsh.org>)

<Director of the Office of Consumer and Family Affairs>

Mental Health Center of Boulder County, CO. Phone (303) 443-8500.

<Faculty positions>

School Psychology Program, University of Alabama. Phone: (205) 348-7575.

<Development Director>

City School, Boston, MA. Contact: [owen\\_stearns@milton.edu](mailto:owen_stearns@milton.edu).

<Psychologist>

Urban Initiatives Office, Public Interest Directorate, American Psychological Association. Contact [mjenakovich@apa.org](mailto:mjenakovich@apa.org).

<Program Development Specialist>

Social Decision Making/Problem Solving Program at the Behavioral Training and Research Institute of the University of Medicine and Dentistry of New Jersey. Implement character education programs. (<http://www.umdnj.edu/hrweb/>)



"...My supervisor and I have developed and implemented a social skills/primary intervention program at 2 out of 3 of our elementary campuses. We have had the program in existence for 3 yrs now. No student is included into our program w/o parental consent (written permission) and involvement we also involve the regular classroom teachers. If you would like more info please contact us..."

WANT TO RESPOND? Go to our Website (<http://smhp.psych.ucla.edu>) click on Net Exchange, or send us an email ([smhp@ucla.edu](mailto:smhp@ucla.edu)).

\*\*\*NEWS FROM THE TWO NATIONAL CENTERS  
FOCUSING ON MENTAL HEALTH IN SCHOOLS\*\*\*

Note: Both Centers are in the process of evaluating the impact of our work  
If you want to share an example of how either Center's efforts has had an impact, let us know at (310) 825-3634 or email [smhp@ucla.edu](mailto:smhp@ucla.edu)

^^^Updates from our Center at UCLA:

The Quick Finds section of our website has more new topics:

- >Immigrant students and mental health
- >Prevention of social and mental health problems
- >Medicaid and managed care for school mental health
- >Threat assessment: resources and cautions
- >Day Treatment
- >Data management systems for schools and clinics

>>>"Enhancing Classroom Approaches for Addressing Barriers to Learning: Classroom Focused Enabling" These new Continuing Education modules (in working draft format) are available on line at <http://smhp.psych.ucla.edu> or in hard copy by request. The modules come with an accompanying set of readings and tools.

We are now seeking feedback for revision of the working draft.

>>>We have mailed the quarterly hard copy newsletter. The lead article is "Mechanisms for Delivering Mental Health in Schools"

If you aren't on our mailing list, you may want to download a copy from our website.

>>>"Gateway to a World of Resources" is the continuously expanding section on our website that provides organized access to other sites. We have added a new feature indicating which centers/associations have

materials is language other than English. If you know of any resources we have missed, please let us know.

>>>Over the past few months, we have produced a number of brief Center reports. One subgroup of these is being developed in response to requests for a concise overview that can catch the attention of various stakeholders.

This series of reports are organized by the following areas of focus:

**\*OVERVIEW/VISION/RESEARCH BASE**

- >Expanding Educational Reform to Address Barriers to Learning: Restructuring Student Support Services and Enhancing School-Community Partnerships
- >Addressing Barriers to Student Learning & Promoting Healthy Development: A Usable Research-Base

**\*POLICY DIRECTION & COMMITMENT**

- >Addressing Barriers to Student Learning: Closing Gaps in School/Community Policy and Practice
- >The Policy Problem and a Resolution to Guide Organizations Working toward Policy Cohesion
- >Restructuring Boards of Education to Enhance Schools' Effectiveness in Addressing Barriers to Student Learning
- >Pioneer Initiatives to Reform Education Support Programs

**\*BUILDING AND SUSTAINING LOCAL CAPACITY**

- >Resource-Oriented Teams: Key Infrastructure Mechanisms for Enhancing Education Supports.
- >Organization Facilitators: A Change Agent for Systemic School and Community Changes
- >Financing Mental Health for Children & Adolescents: Brief and Fact Sheet
- >New Initiatives: Considerations Related to Planning, Implementing, Sustaining, and Going-to-Scale

**\*NEW PROFESSIONAL ROLES AND FUNCTIONS**

- >Framing New Directions for School Counselors, Psychologists, & Social Workers

All the above reports can be downloaded from our website. In-depth guidebooks are available that encompass many of the topics.

For those without Internet access, all resources are available

by contacting the center at  
School Mental Health Project/  
Center for Mental Health in Schools  
UCLA Department of Psychology  
Los Angeles, CA 90095-1563  
(310) 825-3634/ Fax: (310)206-8716  
Email: smhp@ucla.edu.

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To post messages to ENEWS, Email them to smhp@ucla.edu

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^^^Updates from our Sister Center in Maryland^^^  
(Mark Weist, Director)

The Center for School Mental Health Assistance is hosting partner  
for the first annual School Health Institute Program, July 23-27, in  
Towson, MD. For information contact shuntley@psych.umaryland.edu

The CSMHA 6th national conference on Advancing School-Based  
Mental Health Programs is September 20-22 in Portland, OR.  
Visit the website for information (<http://csmha.umaryland.edu>).

In conjunction with the national conference, the Center for Effective  
Collaboration and Practice will have an on-line fair and distance learning  
event September 20 through October 6th see <http://www.air-dc.org/cecp/cecp.html>

For more information, contact: Mark Weist, Director  
Center for School Mental Health Assistance  
University of Maryland at Baltimore, Dept. of Psychiatry  
680 West Lexington St., 10th fl., Baltimore, MD 21201  
Ph: 888/706-0980 Email: [csmha@umpsy.umaryland.edu](mailto:csmha@umpsy.umaryland.edu)  
<http://csmha.umaryland.edu>

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THIS IS THE END OF THIS ISSUE OF ENEWS

Below is a brief description of our Center

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WHO ARE WE?

Under the auspices of the School Mental Health Project in the Department of Psychology at UCLA, we established a Center for Mental Health in Schools in 1995. The Project and Center are co-directed by Howard Adelman and Linda Taylor. The UCLA Center is one to two national centers initially funded in October 1995 by the Office of Adolescent Health, Maternal and Child Health Bureau (Title V, Social Security Act), Health Resources and Services Administration (Project #U93 MC 00175). Both Centers were refunded in October 2000 (for a 5 year cycle) with the Substance Abuse and Mental Health Services Administration's Center for Mental Health Services joining HRSA as a co-funder.

Our group at UCLA approaches mental health and psychosocial concerns from the broad perspective of addressing barriers to learning and promoting healthy development. Specific attention is given policies and strategies that can counter fragmentation and enhance collaboration between school and community programs.

We are involved in model development and implementation, training and technical assistance, and policy analysis. Our activities include gathering and disseminating information, materials development, direct assistance, and facilitating networking and exchanges of ideas.

For more information about the Center or about ENEWS, contact Center Coordinator Perry Nelson or Center Co-Directors Howard Adelman, or Linda Taylor at UCLA School Mental Health Project/Center for Mental Health in Schools

Voice: (310) 825-3634 Fax: (310) 206-8716

E-mail: [smhp@ucla.edu](mailto:smhp@ucla.edu)

Web Site: <http://smhp.psych.ucla.edu>

Write: School Mental Health Project/

Center for Mental Health in Schools

Department of Psychology, UCLA, Box 951563

Los Angeles, CA 90095-1563.

## ENEWS - A Monthly Forum for Sharing and Interchange

Source: UCLA SCHOOL MENTAL HEALTH PROJECT/  
CENTER FOR MENTAL HEALTH IN SCHOOLS

Brief Addition and Corrections to April, 2001 (Vol. 5, #7) Issue

(1) We have had a flurry of interest in our new Continuing Education modules focusing on enhancing classroom approaches. In response to queries, we want to be clear that anyone is welcome to use the modules. Although this is a working draft which will continue to be revised, the feedback we have already received indicates that the content can be readily incorporated into inservice (and preservice) programs. The entire curriculum package and accompanying readings entitled: "Enhancing Classroom Approaches for Addressing Barriers to Learning: Classroom Focused Enabling" can be downloaded at <http://smhp.psych.ucla.edu/review.htm#specialannouncement> or a hard copy can be requested from our Center. Any and all feedback is welcome for the revision.

(2) After several months of receiving feedback on the document "Mental Health in Schools: Guidelines, Models, Resources, & Policy Considerations" stemming from the work of the Policy Leadership Cadre for Mental Health in Schools, a final draft is in the works. Any last minute feedback should be sent to Center quickly. The draft is on the Center's website <http://smhp.psych.ucla.edu/policy.htm> A limited number of hard copies of the working draft are still available from the Center.

(3) The Center has just completed a new Technical Aid Packet entitled: "After-School Programs and Addressing Barriers to Learning." The document can be downloaded at <http://smhp.psych.ucla.edu/review.htm#center> or a hard copy can be requested from our Center.

(4) We have been informed that the Center for Effective Collaboration and Practice publishes the Promising Practices series we listed .

"Systems of Care Promising Practices in Children's Mental Health" 3 new volumes (with 7 others available)

- >Cultural Strengths and Challenges in Implementing a System of Care
- >Using Evaluation Data to Manage, Improve, Market and Sustain Children's Services
- >For the Long Haul: Maintaining Systems of Care Beyond the Federal Investment.

The direct link to these is <http://www.air.org/cecp/promisingpractices/Default.htm>

ERRATA

We have been informed of a couple corrections (see below). Sorry for any inconvenience.

\*\*\*We mistakenly listed as a job opportunity, the request from the Urban Initiatives Office, Public Interest Directorate, American Psychological Association. What they are requesting is help from urban psychologists to build a resource bank of expertise related to the multiple ways psychology can contribute to the improvement of life for people living in urban communities. Contact [mjenakovich@apa.org](mailto:mjenakovich@apa.org)

\*\*\*Re. The two positions at the National Adolescent Health Center, Konopka Institute for Best Practices in Adolescent Health, University of Minnesota

>>Maternal and Child Health Coordinator> (deadline April 6)

>>Mental Health Project Coordinator> (deadline April 16)

The correct contact is not their website (as we listed). Rather write to their email address: [Konopka@tc.umn.edu](mailto:Konopka@tc.umn.edu)

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For more information about the Center or about ENEWS,  
contact Center Coordinator Perry Nelson or Center Co-Directors  
Howard Adelman, or Linda Taylor at UCLA School Mental Health  
Project/Center for Mental Health in Schools  
Voice: (310) 825-3634 Fax: (310) 206-8716  
E-mail: [smhp@ucla.edu](mailto:smhp@ucla.edu)