

Are Teachers Already Feeling the Pain?

Many teachers are starting out this school year feeling even more ill-prepared than usual, especially with respect to addressing behavioral and mental health concerns.

This makes it essential that schools face up to the reality that teachers can't and should not be expected to work alone in the classroom. (See <http://smhp.psych.ucla.edu/pdfdocs/classroomredes.pdf>)

AND schools must improve student and learning supports that assist teachers as they encounter the increased number of students experiencing learning, behavior, and emotional problems. (See <https://smhp.psych.ucla.edu/pdfdocs/briefguide.pdf>)

With specific respect to on-the-job personnel development, the Center's free online resources can help. (See the Center's Quick Find menu <http://smhp.psych.ucla.edu/quicksearch.htm> and encourage sign-ups to receive the weekly community of practice Practitioner. See <http://smhp.psych.ucla.edu/practitioner.htm>)

And here are three free resources we have developed to provide more in-depth details about a schoolwide system of student/learning supports:

- > *Embedding Mental Health as Schools Change*
- > *Improving School Improvement*
- > *Addressing Barriers to Learning: In the Classroom and Schoolwide*

all three can be accessed at http://smhp.psych.ucla.edu/improving_school_improvement.html

If you have any questions or want to share something you think others might find relevant, send them to Ltaylor@ucla.edu

Please share this information with those who may find it helpful.