

---

## Broadening Thinking About Mental Health in Schools

As we have stressed previously:

"...Student surveys consistently indicate that alienation, bullying, harassment, academic failure, and more are widespread problems at schools. While these raise mental health concerns, the solution to addressing so many problems isn't just to increase mental health services. Indeed, a greater focus on prevention and responding with a range of supports when problems first appear would significantly reduce the need for clinical services...."

To address all this, advocates for mental health in schools need to broaden thinking beyond the current emphasis that just pushes for more mental health *services* and more staff.

**If you agree**, please take a few minutes to share your ideas about how districts and schools can reduce the need for mental health services by *revamping* student/learning supports to include innovative (1) prevention efforts and (2) interventions that address problems quickly after their onset.

*Send your responses to* Ltaylor@ucla.edu

Our hope is to share some new directions with the over 130,000 concerned stakeholders on our Center's listserv

*Thanks for helping make things better for students, families, and those who work in and with schools.*

Howard & Linda

Howard Adelman, Ph.D.  
Professor of Psychology & Center Co director

Linda Taylor, Ph.D.  
Center Co director

Dept. of Psychology, UCLA  
Website: <https://smhp.psych.ucla.edu/>